

Be Food Wise to Reduce Food Waste
2017 HCE Educational Program
WAHCE Conference

Handout #1 – Food Waste Survey
(adapted from www.foodwastemovie.com/quiz)

Answer each of the following questions –

1. Did you eat leftovers in the last two weeks?
Yes No
2. Would you buy a banana with brown spots?
Yes Maybe/it depends No
3. You can't finish a meal at a restaurant. What do you do?
Leave the leftovers
Ask someone else at your table to finish your meal
Ask for a box/container to take the rest home
4. You find a can of soup in the cupboard that is two months past the "best by" date. What do you do?
Toss it Eat it Feed it to the dog Compost it
5. Do you compost your food scraps?
Yes No
6. What temperature is your refrigerator?
0 Degrees 20 Degrees 40 Degrees
7. How do you serve dinner – Family Style where everyone serves their own plates from central pots/dishes OR Plated where the host puts the food on each plate?
Family Style Plated
8. Do you know somewhere in your neighborhood where you can buy food that has been marked down (e.g. a shelf with discounted ripe produce or damaged packages)?
9. Does the grocery store you shop most at have a food recovery program (where they donate excess food)?