

Choosing Friends

What kind of influence are we in others' lives?

Who do you find yourself spending the most time with?

Think carefully about the friends you are closest to and with whom you spend the most time in your social life, at work, and within your family. Identify them in your mind. Do you respect and admire each of these people? Do you want to be more like them? If not, it's time to stop giving up parts of yourself to their influence.

What kind of person do you want to be? Who do you know who possesses the qualities you want to nurture?

Motivational speaker Jim Rohn said, "You are the average of the five people you spend the most time with."

Think about the five people closest to you. Think about their strengths and weaknesses, their positive and negative points, good and bad personality traits. Are they five people you would be happy to be the average of?

Questions from: Your Friends Are A Statement Of Who You Are Choosing To Become By Deborah Shelby, October 30th 2014

<https://thoughtcatalog.com/deborah-shelby/2014/10/your-friends-are-a-statement-of-who-you-are-choosing-to-become/>