



The Grapevine

February 2020

President's Message

The winter so far hasn't been too bad. I have liked the fact that it hasn't been below zero the whole month of January. Will have to wait and see what the rest brings.

HCE day has been set for April 18 in Greenwood at Our Saviors Lutheran Church. See pages 3 - 4 for information. Hopefully you have been working on your cultural arts items. Please read over the guidelines carefully. Good Luck!

Fill out the Healthy Life style survey and Impact of HCE Members contribution report and send back to Joanne Trunkel by June 10.

The presidents of the clubs will be receiving an Update magazine (it is information from the state HCE) sometime in February. It is informative and published four times a year. Look it over and share it with your members.

If you have something interesting going on in your club or do an activity that could be of interest to other clubs, send that to the Extension Office or me and we can get it in the next newsletter.

You no longer have to send your secretary minutes to the office every month.

*Lois Becker
Clark County HCE President*

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Growing Stronger, Reaching Wider, Caring To Make A Difference

HCE Offers Opportunities For:

- *Learning in a social setting.*
- *Sharing what we learn.*
- *Caring to make a difference in our homes, communities, and the world.*

2020 HCE Day

"Seeing HCE Through New Eyes"



AGENDA

8:30 a.m. Registration

9:00 a.m. Welcome

9:30 a.m. Bailey Harder, Guest Speaker
 "Speech Therapy - It's More Than Communication"

Bailey has had experience working with children with a wide range of speech and language disorders, as well as individuals with aphasia. She will be accompanied by her therapy dog

10:45 a.m. Mini Sessions

Mary Sladich (Caring for the Caregiver)

Discussion will be held on caregiver challenges. Suggestions and resources will be available. Mary will also discuss services provided by the Clark County Aging and Disability Resource Center and will hand out the updated Clark County Resource Directory. She will also provide information about the new support group for caregivers. Mary has a long history and vast knowledge about providing services to the elderly and disabled residents of Clark County and their families

Barb Petkovsek (Artisan Bread)

This will be a demonstration of Artisan Bread and you will be able to taste test. This is a yeast bread that is no knead and made with a mixer. The original recipe is made with honey and sunflower seeds. There will also be a variation with maple syrup and raisins. Plain and flavored butters will be provided for your taste buds

Debbie Gries (Using Shutterfly - an example of electronic card making)

Have you seen cute photo cards and wished you could do them? Shutterfly is an example of several electronic card websites which allows you to create unique cards family members and friends will thoroughly enjoy & keep! This demonstration will prove it is easier than you think.

12:00 p.m. Cultural Arts Viewing
 Pot Luck Dinner

1:00 p.m. Cultural Arts Winners Announced
 Door Prizes
 Prayer



Saturday, April 18
8:30 a.m. - 1:30 p.m.

Our Savior's Lutheran Church
110 W Begley Street, Greenwood

*Please bring a plate, cup and silverware
 for lunch along with your dish to pass.*

To register fill out the information below and send to Joanne Trunkel, N9569 River Ave, Greenwood, WI 54437
 For more information please contact Lois Becker (715-255-8307) or the Extension Office (715-743-5121).

Name: _____ Phone Number: _____

Address: _____

City / Zip: _____

Cost for the day is \$2.00 and a dish to pass

I am a: _____ Current HCE Member (list club _____)
 _____ Non HCE Member
 _____ HCE Member From Neighboring County (list county _____)

I would like to attend the following Mini Session (please rate them 1st choice, 2nd choice, and 3rd choice)

_____ Caring for the Caregiver
 _____ Artisan Bread
 _____ Shutterfly

REGISTRATIONS ARE DUE BY APRIL 8 to Joanne

Ronald McDonald House Wish List

Pantry Items

- ⇒ K-cup coffee pods or hot chocolate
- ⇒ Breakfast bars / granola bars
- ⇒ Snack size fruit cups / cereal / soup / chips
- ⇒ Ground coffee
- ⇒ Ketchup, mustard, peanut butter, jelly, honey, salad dressings
- ⇒ Bottles of water (individual size)
- ⇒ Juice boxes

Around the House

- ⇒ Liquid laundry detergent and dryer sheets
- ⇒ Swiffer WetJet cleaning solution and pads
- ⇒ Swiffer dry pad
- ⇒ Ziploc bags
- ⇒ 4 / 8 / 13 / 30 gallon garbage bags
- ⇒ Lysol disinfectant wipes
- ⇒ Dusting spray
- ⇒ Air freshener spray
- ⇒ Standard size pillows
- ⇒ Forever stamps
- ⇒ White copy paper

For Kids

- ⇒ Crayola markers and crayons
- ⇒ Coloring or activity books
- ⇒ New release DVD's

Gift Cards

- ⇒ Grocery stores (Festival, Pick'n Save)
- ⇒ Target
- ⇒ Walmart
- ⇒ MACCI
- ⇒ Gas cards (Kwik Trip, Baltus Bread & Butter, Weilers)

No Time To Pack Travel Size

- ⇒ Individually wrapped combs and brushes
- ⇒ Deodorant (men's and women's)
- ⇒ Makeup remover wipes
- ⇒ Hairspray
- ⇒ Chapstick
- ⇒ Floss
- ⇒ Slippers and fuzzy socks

Please note - we DO NOT need shampoo, conditioner or bar soap at this time

HCE Day Collections

We will be collecting money for:

Heifer International
Ronald McDonald House items
(see list to left)

Thank you!

June Noeldner
International/Citizenship Chairperson

Rural Safety Day Collections

Clark County Rural Safety Day will be held on Wednesday, May 6 at the Clark County Fairgrounds.

HCE clubs / members have generously donated cookies for the youth in the past years and they are asking for our help with this again.

There will be approximately 350 youth attending. If you club would like to donate cookies you can bring them to HCE Day.

Due to possible peanut allergies - please DO NOT purchase cookies with peanuts / peanut butter products.

Executive Board Meeting Minutes

February 4, 2020

The meeting was called to order at 6:00 pm by President Lois Becker. The Flag Pledge and Creed were recited.

Members present were: Lois Becker-President, Joanne Trunkel-VP for Program & Community Outreach, Roberta Hansen-Secretary, Mary Kipp-Marketing/Membership Coordinator, Diana Schuette-Wisconsin Bookworms, Donna Koski-Scholarship Chairperson; present by telephone: Debra Gries-Treasurer.

The Secretary's report was read and placed on file. The Treasurer's report was read and placed on file.

Thank you cards were received from Loyal Library and Loyal Historical Society for donations made in memory of Joan Knack. Marshfield Area Community Foundation donated \$1,000.00 to Wisconsin Bookworms.

Director Reports:

- ◆ **Wisconsin Bookworms:** Diana Schuette reported the we need approximate \$500.00 to meet our donation goal for this year's Wisconsin Bookworms.
- ◆ **HCE Day:** April 18, 2020 – Our Savior's Lutheran Church in Greenwood. Live & Learn and Town & County will be hosting HCE Day. Selected Bailey Harder, presenting "It's More Than Communication" as main speaker. Selected Artisan Bread demonstration, Shutterfly how-to and Aging Presentation-Topic to be determined as our break-out mini session topics for this year's program. Ronald McDonald House – list of items needed was obtained.
- ◆ **Historian:** Lois Becker informed that Betty Loos revised her initial report regarding members that have reached the 50-year membership milestone in HCE to 1 member.
- ◆ **Membership/Marketing:** Discussed options to increase participation at HCE Day. Deadline for HCE Registration will be Wednesday, April 8th.

Committee Reports:

- ◆ **Cultural Arts:** Donna Odeen and Julie Poehnelt have been selected as Judges for HCE Day in April.
- ◆ **International/Citizenship:** The Clark County HCE has decided to do two project donation collections: 1) Heifer International; 2) Ronald McDonald House – list of needed items attached.
- ◆ **Scholarship:** Presented changes to the scholarship process. Discussed proposed changes. Motion by Joanne Trunkel to approve changes as presented, Mary Kip seconded, motion carried. Discussed increasing number of scholarships to sponsor. Motion by Donna Koski to sponsor 4 scholarships in the amount of \$500.00 each, Diane Schuette seconded, motion carried.

Continued Business/New Business:

- ◆ Update will be going to each Club President to be share with their Club members.
- ◆ Discussed request for a bookmark to be placed in each set of books to notify recipient that a donation was made to Wisconsin Bookworms. Will look into this and revisit at next meeting.
- ◆ Impact of HCE Member Contribution Report will be placed in next newsletter for Clubs/members to complete and return.

Homemakers Prayer.

The meeting was adjourned at 7:30 p.m.

Respectfully submitted,
Roberta Hansen, Secretary

HCE Healthy Lifestyle Survey

Get moving and eat healthy with HCE members across Wisconsin. Please reply to this four question survey about maintaining your healthy lifestyle for thirteen weeks between February 16 and May 9, 2020.

Name (optional) _____

County _____, Wisconsin

1. Which **activities** do you usually participate in weekly? Check all that apply.

- walking hiking running dancing bowling
 biking spinning yogo swimming Tai Chi
 exercise DVD Strong Bones or other exercise class
 Other (please list) _____

2. How many times a week are you usually active for ½ hour or more?

- 5 or more 3 or 4 1 or 2 zero

3. How many ½ cup servings of fruits or vegetables do you usually eat daily?

- 8 or more 5 - 7 1 - 4 zero

4. How much of your diet is raised, grown or made within 100 miles of you?

- Most About half Some Very little Unsure

Return your completed forms to: Joanne Trunkel
N9569 River Ave
Greenwood, WI 54437

Forms must be mailed to Joanne by **JUNE 10, 2020** so she can submit as a group to Veronica.

Impact of HCE Report

This is for all HCE members, including officers at all levels:

Please use the Member Contribution Report table (next page) to keep track of your HCE contributions to your community. Just record your hours at HCE events, fundraising for HCE, community outreach/volunteering, and the value of donations to HCE each month of the year, June 2019 through May 2020.

Then total each month and the entire year within the four categories.

Return your completed forms by **JUNE 1** to: Joanne Trunkel
N9569 River Ave
Greenwood, WI 54437

Joanne will add up the total hours and dollars for the year and submit it for the entire County:

HCE Member Contribution Report for June 2019 - May 2020

Club Member's Name:	County:												Club:		
	June	July	August	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	March	April	May	Total Hours		
Event: Time spent in hours															
County HCE Executive Board Meetings															
County HCE Spring Event															
County HCE Fall Event															
County HCE Educational Sessions															
HCE Club Meetings															
HCE District Meetings															
HCE State Meetings															
Event: Total Hours															
Fundraising Activities: Time spent	June	July	August	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	March	April	May	Total Hours		
Fundraising Activities Total Hours															
Community Outreach: Time Spent	June	July	August	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	March	April	May	Total Hours		
Wisconsin Bookworms Reading Program															
Community Outreach Total Hours															
Donations: Estimated \$ value	June	July	August	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	March	April	May	Total Value		
Donations: Total Estimated \$ Value															

Cultural & Textile Arts Show
2020 Guidelines for County Chairs



ALL items, including Bonus Category, must be pre-registered. Registration is due August 1, 2020. Any items NOT pre-registered will NOT be judged or displayed. Only one entry on each registration form. Send all forms together immediately after county show including written entries. A County may enter a total of 12 entries plus one Bonus Category 20. A county cannot have duplicate entries in any lettered sub-category. The County Cultural Arts Chair must include a self-addressed postcard or email address to verify receipt of registration forms. If you do not receive verification within three weeks, please call or email the WAHCE Cultural Arts Chair.

IMPORTANT: All entrants MUST sign the Registration form. Please read and sign below; entries will NOT be accepted if unsigned. Entrants will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrants give permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

All work must be done by entrant and completed after last year's county show. It must receive a first place at this year's county show or fair. All items must be clean or laundered or will be disqualified by the judge. Kits and patterns may be used as long as entrant does all the work. All easels must have securely taped label with name, county and district.

Color Coding of Registration Forms by Districts:

Central - White
Southeast - Green

Northeast - Yellow
Southwest - Orange

Northwest - Light Blue
West - Pink

Entry Day: Deliver items Sunday (9/20/20) from 7-9pm or Monday (9/21/20) 9-11:30 am. Judging will begin at 12:30PM. Members may view the show after the Monday evening activity until 10:30pm and during the day Tuesday, September 22, 2020. Hours on Tuesday for viewing will be announced or posted. Pickup times will be posted.

Send registration and written entries to: Phoebe Shourds, Cultural Arts Chairperson
401 State Hwy 65
River Falls, WI 54022
Email: pnpaulson@yahoo.com 715-821-1606 (c)

Contact Phoebe with any cultural arts questions.

Cut on the dotted line and send in the SIGNED completed Registration Form and Claim Check with both parts filled out. You will receive your Claim Check when you bring in the items.

2020 Registration Form

Category/Class (example 2D)
County
District
Name (print)
Address
City/Zip
Email
Phone #
Title or Description
Are you bringing an easel? Yes or No

2020 Claim Check

Category/Class (example 2D)
County
District
Name (print)
Address
City/Zip
Email
Phone #
Title or Description
Are you bringing an easel? Yes or No

People's Choice's # (official use only)

Please read and sign: Entries will NOT be accepted if unsigned. Entrant will not hold WAHCE responsible for any loss or damage to any item submitted for use in the WAHCE Cultural Arts Show. Entrant gives permission for their photo, photos of their entry, and/or print copies of their written entry to be used by WAHCE as seen fit.

Signature: County: Date:

Wisconsin Association for Home & Community Education, Inc. Cultural Arts Show & Contest—2020 Categories



1. Painting/Drawing

*Framed or Wrapped.
Easels must have securely
taped label with name, county,
and district.*

- A. Oil
- B. Acrylic
- C. Watercolor
- D. Alcohol Ink
- E. Other

2. Photography

*Photograph must be 8" x 10",
unmated only, in 8½" x 11"
plastic. Framed photographs
be disqualified.*

- A. Color—Landscape
- B. Color— Waterscape
- C. Color – Plants
- D. Color – Animals/ Creatures
- E. Color – People
- F. Color – Skyscape
- G. Black & white/sepia
- H. Other

3. Sewing

- A. Children's Wear
- B. Adult Wear
- C. Original Design
- D. Wearable Art
- E. Useful Item
- F. Purse or Tote
- G. Pillow
- H. Item made from recycled
materials
- I. Wearable Accessory
(apron, scarf, hat, etc.)
- J. Other

4. Knitting

- A. Wearable Item
- B. Accessory
(i.e., hat, scarf, mittens)
- C. Afghan
- D. Other

5. Crocheting

- A. Wearable Item
- B. Accessory
(i.e., hat, scarf, mittens)
- B. Doily/Dresser Scarf
- C. Afghan
- D. Other

6. Hand Stitching

- A. Plastic Canvas
- B. Embroidery
- C. Cross Stitch
- D. Other

7. Craft

*Six (6) Cards without
envelopes MUST be mounted
as a group on a flat sturdy
display board no larger than
14" x 22".*

- A. Cards—paper only-6
- B. Cards—mixed media-6
- C. Scrapbooking
- D. Craft made from recycled
materials
- E. Handcrafted doll/toy
- F. Glass craft
- G. Other

8. Heritage Skill

- A. Hardanger
- B. Tattng
- C. Woodworking
- D. Basketry
- E. Spinning/Weaving
- F. Felting
- G. Swedish Weaving
- H. Rug Making
- I. Macramé
- J. Quilling
- K. Other

9. Bed Quilt

*Larger than 60" x 80" or
4,800 sq inches*

- A. Tied
- B. Hand quilted

Machine Quilted by You:

- C. Pieced
- D. Appliqued
- E. Embroidered

*Machine Quilted
Professionally:*

- F. Pieced
- G. Appliquéd
- H. Embroidered
- I. Any other Bed Quilt

10. Lap/Baby Quilt

*Smaller than 60" x 80" or
4,800 sq. inches*

- A. Tied
- B. Hand-quilted

Machine Quilted By You

- C. Pieced
- D. Appliquéd
- E. Embroidered

Machine Quilted Professionally

- F. Pieced
- G. Appliquéd
- H. Embroidered
- I. Any other lap quilt

11. Quilted Wall Hanging

*(with hanging sleeve,
NO frame) -- One (1) item
only; no longer than 50 inches*

- A. Hand Quilted, fabric
- B. Machine Quilted, fabric
- C. Other
i.e., collage of assembled
materials or mixed media

12. Quilted Table Topper / Runner

- A. Hand Quilted
- B. Machine Quilted
- C. Other

13. Jewelry

- A. Bracelet
- B. Necklace
- C. Set
- D. Other

14. Constructed Original Item

- A. Clay/Pottery
- B. Wood
- C. Fabric/Felt
- D. Other

15. Painted Object

- A. China
- B. Glass
- C. Fabric
- D. Wood
- E. Ceramic/Kiln Fired
- F. Other

Poem, Non-Fiction, Fiction

*Two copies typed on plain
paper with 12 point font, must
accompany the registration
forms. Entries must not be
framed or in book form. Staple
a cover sheet with the
category/title which is to be
centered on the entry. Name
and county should appear on
the back side. Do not count
"a", "an", and "the" for either
essays or short stories.*

16. Poem

17. Non-Fiction

*Original, 1 topic
250-500 words*

18. Fiction

*Original with beginning,
middle and end
3,000 words or less*

19. Original Published Book

*One copy must accompany
entry.*

20. Bonus Category

"Seeing HCE Through New Eyes"

*the Fun Category. Limit of
one entry per county.
Decorate a pair of glasses.
You may use any media to
construct your entry.*

*Size restriction - base no
larger than 10"x10" with
maximum height of 20".
Judging - those attending will
vote for their favorite "Seeing
HCE Through New Eyes"
entry. **Have fun!***

**STATE REGISTRATIONS
DUE BY:
AUGUST 1, 2020**