

Outagamie County Home and Community Education

HCE® NEWS & VIEWS



Presidents Letter

By Lois Dalke

Greetings to All,

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We are doubly gifted by starting a new year and a new era too.

If you are like me, tired of constant changing of the winter weather, wishing for spring and looking at seed catalogs and new garden ideas, then take my solution: I'm thinking of a different garden, join me in my "Thyme Garden."

It's Thyme to - listen to music so beautiful it makes you cry

It's Thyme to - drop a bag of donations at Black Creek
Salvation Army

It's Thyme to - get new HCE members

It's Thyme to - go to a dinner party that you aren't hosting

It's Thyme to - put a shine on old things

It's Thyme to - do a stack of mending

It's Thyme to - thank people who do "good things" we take for granted

It's Thyme to - thank our "Creator" for our many blessings

It's Thyme to - end with "Happy New Year to you"

Extension UNIVERSITY OF WISCONSIN-MADISON OUTAGAMIE COUNTY

Extension Note

By Karen Dickrell Human Development and Relationships

Dear HCE Members,

Recently I was reminded of how valuable it is to know how to deal with some difficult conversations and situations. I was reminded of a book I read a couple of years ago by Bill Eddy. I was introduced to the BIFF method of thinking! I think in life we sometimes need some reminders of how to look at ways to deal with times that are not too comfortable. Here are the BIFF suggestions of how to deal with difficult conversations, emails or texts:

Brief

Informative

Friendly

Firm

I have seen this in practice with some of the current programs like Co-Parenting, "It's All Relative" and Farm Family Stress. Life does not end at a certain age or milestone in life. We continually are learning and finding/discovering new ways to deal with our opportunities in life.

Be strong and focused on the positive assets in your life!

"The willingness to keep learning is, I think, the most important thing about trying to be good at anything. You never want to stop learning."

Emile Hirsch

NEWS AND VIEWS PAGE 2

Calendar of Events

March

23 Registration due for "Getting to Know Our Neighbors: A Study of Vietnam"

April

- Spring Association HCE Meeting | Extension Office | 11:00 am 1:00 pm Host: Woodland Association Meeting followed by Getting To Know Our Neighbors: Iceland, then a potluck lunch
- 4-11 Money Smart Week Events! (See page 11 for more details)
- 5 Financial Literacy Free Day at the Building for Kids 12:00 -5:00 p.m.

 Free day at the museum children, parents, grandparents welcome!
- Pack and Save Game | Outagamie County Government Center | 12:00 12:30 pm
 Presented by Cindi Witt, Unison Credit Union. RSVP required to
 karen.dickrell@wisc.edu
- 6 Financial Wellness Workshop | Appleton Public Library | 6:30 pm Todd Wenzel, Winnebago County Educator
- 7 Identity Theft: Protect and Prevent | Elisha D. Smith Library, Menasha | 6:00 pm Jeff Kersten, Bureau of Consumer Protection in WI
- Passing it On or Passing the Buck? | Hilton Garden Inn, Kimberly | 6:00 pm

 Attorney Tracy Gibson, JD, MBA and Attorney Kevin Davidson, J.D., Estate

 Planning Group, LLC
- 21 Northeast District Meeting | Cobblestone Creek Dining and Banquet, Brillion
- 22 Caregiver Chat | Home Instead Senior Care
 3020 E. College Ave. Appleton
 RSVP requested: 920-997-0118

Calendar of Events

23 Caregiver Chat | Hoffman Memory Care Resource Center (St. Paul Elder Services),

221 East 13th St, Kaukauna

RSVP requested: 920-372-8546

27 Registration due for HCE Banquet

May

4 HCE Banquet, "Hats off to HCE" | Jackson Point Grill and Banquet,

N8055 French Rd. Suite A, Seymour

4:30 Silent Auction

5:20 Dinner

Special Speaker Celia Murphy

Cost \$15

Wear a hat if you'd like!

- 21 Country Apples Trip
- 26 Extension Education Committee Presentation | Outagamie County Highway

Department | 9:00 am

Presenters: HCE Executive Board (enter front door of the Highway Dept.

building)

29 Newsletter deadline

June

- 4 Newsletter Committee Meeting | Extension Office | 9:00 am
- 4 County Fair Booth Committee meeting | Extension Office | 10:00 am
- 14 Breakfast on the Farm | Mike and Mary VanRossum Farm, Kaukauna, WI | 8:00 am Noon

Upcoming Events

Country Apples Trip

May 21 | Fireside Theatre, Fort Atkinson and Jones Dairy Farm

At The Fireside Theater we enjoy a delicious luncheon and have reserved main floor seats in the theater-in-the-round for the show. (All taxes and gratuities at the Fireside are included in your tour cost.) We will make a stop at Jones Dairy Farm Market prior to arriving at the Fireside.

A Mighty Fortress Is Our Basement

In this installment of The Church Basement Ladies series, the year is 1960 and a reformation is underway. Against the changing tide, The Church Basement Ladies, bulwarks never failing, stand strong in their faith and in the friendships with more crazy antics, more great songs, and more lessons reluctantly learned.

Cost \$112 due April 3 (make checks to Nationwide Travelers). Send money to Judy Shafel, W7589 Park Ave, Shiocton, WI 54170.

Questions? Call 920-986-3810 or 920-740-6059

Committee Reports

Charity Workshop

We are working on pillows, coasters and labyrinth puzzles for Camp American Legion. We are also working on placemats for a lady with a chickens theme.



CAREGIVER CHATS



CAREGIVER CHATS are designed to provide a place to openly share and discuss what's happening in your life as a caregiver.

Join us each month for insightful conversations around caregiving challenges, discover helpful resources, and gain encouragement from professionals and your peers.

Light meal and refreshments served! Please RSVP to each event:

4TH WEDNESDAY OF THE MONTH 4:30-6:00PM

Home Instead Senior Care®

3020 E. College Ave., Appleton 920.997.0118



4TH THURSDAY OF THE MONTH 4:30-6:00PM

> Hoffman Memory Care Resource Center

221 East 13th St., Kaukauna 920.372.8546





Executive Board

Membership 2020

Our website: www.wahceinc.org is a wealth of information where all members can access to use in sharing our organization with potential members if your county has a membership pamphlet or is creating one, it is an excellent reference.

The survey at our 2019 conference pointed out that most new members were gained by sharing with friends we already have or were past members who now had more time in retirement. This is a fact that can change to include others. What is your experience?

The goal of our membership year is to gain two new members per county. The September survey indicated that sponsored events that include the entire family worked well. One of those activities mentioned was a mending events where techniques of mending or actual mending was done. It was a simple, useful topic and included sewing a button.

New clubs that share a common interest, are encouraged.

Membership recognition awards will be given out at the State Conference.

Ways to market WAHCE best, is to be in the moment. For instance, at your bake sale, be talkative and involved. Moving those baked items around and standing up is very successful. Once engaged in your venue, share why you are fundraising and what else we support at local and world levels.

Develop a county business card with our logo and contact information including our website to pass out. Each member should have several to share.

Have some fun at your meetings, and at the events you sponsor. Play a game, share a question, make something simple.

Executive Board

Membership 2020

Wear your jacket, shirt, jewelry and other items with our logo. Then talk about it. Each county should have a membership chairman on the organizational sheets.

There will be a workshop at State Conference in Hudson in September 2020. I look forward to meeting some of you there. Meanwhile, feel free to write, call, or email me.

Your Membership Chair, Charlene Shouthworth PO 183, North Prairie WI 53153 262-392-2784 | charart46@gmail.com

Thank You



2020 Census FAQ

What is the census?

The census is a count of every person who lives in the United States and its territories. It happens every 10 years. In early 2020, you will be asked to count everyone who lives in your home as of April 1. Responding to the 2020 Census is a chance to shape your future.

What's in it for me?



Your responses inform where over \$675 billion is distributed each year to communities nationwide for clinics, schools, roads, and more.



Census data gives community leaders vital information to make decisions about building community centers, opening businesses, and planning for the future.



Responding also fulfills your civic duty because it's mandated by the U.S. Constitution. The United States has counted its population every 10 years since 1790.



Your responses are used to redraw legislative districts and determine the number of seats your state has in the U.S. House of Representatives.

Is my information safe?

Your responses to the 2020 Census are safe, secure, and protected by federal law. Your answers can only be used to produce statistics. They cannot be used against you by any government agency or court in any way—not by the FBI, not by the CIA, not by the DHS, and not by ICE.

When can I respond to the census?

In early 2020, every household in America will receive a notice to complete the census online, by phone, or by mail. In May, the U.S. Census Bureau will begin following up in person with households that have yet to respond.

What will I be asked?

You will be asked a few simple questions, like age, sex, and the number of people who live in your home, including children.

What won't be asked?

The census will never ask for Social Security numbers, bank or credit card numbers, money or donations, or anything related to political parties.

For more information, visit:

2020CENSUS.GOV

Shape your future START HERE >



Looking Good

Ladies, do you remember the girdle? Webster's Dictionary defines the girdle as something that encircles or confines. An article of clothing that encircles the body usually at the waist. A woman's close fitting undergarment, usually elasticized that extends from the waist to below the hips- often had garters attached for your nylons.

My first girdle was a size small but you needed that to make your body smooth and attractive. My husband's first comment was, "that is going to fit you?" He also volunteered to hold it at the bottom of the steps so I could jump into it. We wore it when we dressed up. Sometimes a little powder helped make it easier to get into. I'm not sure who came up with the idea that we wear them, but I was glad the era of the corset was behind me. Oh, that was another reason we wore them, for our behind.

The definition of the corset is a close fitting boned supporting undergarment often hooked and laced that extends from above or beneath the bust or from the waist to below the hips and has garters attached. Evidence of the corset is now seen on the old cowboy movies on television. Can you imagine being able to breathe with those tiny waists.

Our club was at an HCE conference when one of the ladies excused herself. She went into the restroom, pulled off the girdle and nylons all in one and came back to the table. No one knew what she did, until our next club meeting when she confessed.

Then came the pantyhose which were supposed to do the same thing, hold stuff in... confine. One of our friends was getting dressed for a wedding and you guessed it, the pantyhose developed a run right in the front. She sent her husband to the department store for a new pair. He called home and said he needed to know what weight load she needed. Doesn't that sound just like a farmer.

It is amazing what torture women have had to endure just to look good.

MONEYSMART WEEK® WISCONSIN APRIL 4-11, 2020



FOX CITIES EVENT LISTING

Sunday, April 5

12:00-5:00 pm

Building for Kids Children's Museum

Monday, April 6

12:00-12:30 pmOutagamie County Government Center

Monday, April 6

6:30 pm

Appleton Public Library

Tuesday, April 7

6:00 pm

Elisha D. Smith Public Library in Menasha

Wednesday, April 8

1:00 pm

Neenah Public Library

6:00 pm

Hilton Garden Inn, Kimberly

Financial Literacy Free Day

who attends will receive a copy of the book The Berenstain Bears' Trouble With Money by Stan Berenstain.* Admission to the museum and all activities are free. This fun event for kids is designed to teach children the basics of Financial Literacy through interactive play. Story times at 1 pm, 2:30 pm and 4:15 pm. Each child *While Supplies Last

Pack & Save Game - RSVP requested

This fun game will give you some great ideas for a healthy lunch without busting your budget. RSVP by April 2: email karen.dickrell@wisc.edu or call 920-832-5126. Speaker: Cindi Witt, Unison Credit Union

Financial Wellness Workshop

Learn about the keys to securing your financial future, how to check your credit report, and the benefits of saving for college. Speaker: Todd Wenzel, UW-Madison Extension, Winnebago County.

dentity Theft: Protect and Prevent

Find out how to recognize and prevent identity theft, fraud and scams and learn about ways to safeguard your personal information. Speaker: Jeff Kersten, Bureau of Consumer Protection in Wisconsin.

Passing it On, or Passing the Buck?

This presentation will focus on what you should consider in your estate planning, avoiding the most common mistakes, and how you can best protect yourself and your family. Sign up at TheEstatePlanningGroup.com Kimberly or call 920-558-9300. Speakers: Attorney Tracy Gibson, J.D., MBA and Attorney Kevin Davidson, J.D., both with The Estate Planning Group, LLC

Learn more about Money Smart Week Fox Cities and follow us all year!

https://mswfoxcities.weebly.com

Facebook: @moneysmartweekfoxcities

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Building for Kids Children's Museum, Capital Credit Union, Catholic Charities, Community Foundation – Bright Idea Fund, COUNTRY Financial, Edvest Wisconsin's College





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