



HCE CONNECTION

Wood

August 2021



Message From The Presidents



Hello,

Welcome to the August edition of the Connection. Summer is almost gone, many of us has had our COVID shots, and life is almost back to normal. Fall is around the corner, with school starting, harvesting all of the vegetables that we planted in the spring time. There is nothing quite like fresh tomatoes and cucumbers (see the recipe from Jackie). The WAHCE State Conference is getting closer. Fall Kick-Off is on September 7th. Since our last letter we have had our Cultural Arts Day. Thank you to everyone that participated and attended. With the arrival of fall, clubs will be starting to meet again. Members will be able to get together and chat about what they did during the summer.

COVID-19 is still with us, forcing HCE to take a new look at new ways of doing things. (the new norm!)

2022 Membership Form: We have a new look to our HCE 2022 membership form. Please fill it all out and return it with your membership payment (\$17.00 for non-club members, \$14.00 for club members) to Connie Eisch as soon as possible. All the questions are important to have a smooth transition to the new COVID year.

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Flyers enclosed:

- West District Fall Meeting Flyer
- Fall Kick-Off Registration Flyer
- HCE Membership Registration Form

Cultural Arts Corner by Marilyn Cournoyer

The HCE Cultural & Textile Art Show took place on Thursday July 8th, 2021. It may have been a smaller version of the show we are all used to, but “WOW” the entries were fabulous. We were blessed to send 12 entries on to the show at State Convention in September. Congratulations to Jim Nickel on his “Best of Show” entry. Thanks to Judy Steinert for being the ever helpful runner for the morning. One of these years she will show off her arts and crafts talents, along with her “canoe”.

A BIG thanks’ to Hittner’s Rapids Natural Health Foods store for allowing us to use their 2 stall garage to house the show this year. It was the perfect spot to hold the show. Thanks also to Diane and Jim for bringing extra tables and helping with set up and take down afterwards. And last, but not least, a BIG thank you to our judge Barb Lassa for taking the time out of her busy schedule to judge all of our entries. She is such a talented lady in so many areas.

The following 13 crafts were judged in our show this year:

| <u>Name</u> | <u>Craft</u> | <u>Ribbon</u> | <u>State Qualified</u> |
|--------------------|----------------------------------|---------------|-------------------------|
| Connie Eisch | Photo/Waterscape | Red | |
| Jim Nickel | Photo/Badlands Revisited | Blue | √ |
| Diane Nickel | Photo/Relaxation | Blue | √ |
| Marilyn Cournoyer | Chenille Pot Holders | Blue | √ |
| Jim Nickel | Cryptex in a box | Blue | √ (Best of Show) |
| Jim Nickel | Tatting-Serving Bowl/Fluted Vase | Blue | √ |
| Diane Nickel | Quilt-quilted by you/pieced | Red | √ |
| Marilyn Cournoyer | Quilt-quilted by prof. /pieced | Blue | √ |
| Diane Nickel | Lap quilt-quilted by you/pieced | Blue | √ |
| Jim Nickel | Quilted Wall Hanging | Blue | √ |
| Diane Nickel | Necklace | Blue | √ |
| Darlene Schumacher | Diamond Painting | Blue | √ |
| Jim Nickel | Poem-Girl of my Dreams | Blue | √ |

We are all looking forward to the 2022 County Day and Cultural Textiles & Arts Show. Let your Talents flow in the coming year. Hopefully we will be able to all gather together for an even bigger show next May!!

Marilyn Cournoyer, Cultural Arts



{BOOK REVIEW}

Name _____
Book Title _____

SUMMARY

CRITIQUE & RECOMMENDATION

Book Title: Half Broke Horses by Jeanette Walls

A true life novel about her spectacular compelling grandmother Lily Casey Smith (1930's Arizona and Texas ranches). Lily has also been described as no-nonsense and resourceful. At age 6 Lily was helping her father break horses. Lily then left home at age 15 to teach in a frontier town. To get to her post she rode 500 miles alone on her pony. She learned to drive a car, fly a plane, and with her husband managed a vast ranch in Arizona. Lily survived tornadoes, droughts, floods and personal tragedy. She did not tolerate prejudice of all kinds against women, Native Americans or anyone else. Half Broke Horses is described as riveting and dramatic.

If interested in joining a book club, call 715-424-1819.

Respectfully Submitted: Sandra Deering, Historian

WAHCE Web Page

You can access the state web site page at <https://wahceinc.org>

Are you looking for information regarding the WAHCE State Conference being held in Stevens Point? A great place to look is at:

www.wahceinc.org and then click on 2021 WAHCE Sate Conference Info

Contact ▾ Education Programs ▾ HCE Forms & Documents ▾ Wisconsin Bookworms ▾ Other ▾ 2021 WAHCE Conference Info ▾ Early Readers Survey



There you will find:

- Conference Information
- Meal Plan
- Registration Form
- Tours
- Workshop Descriptions

Email Scams

When receiving an email that seems strange or out of context, make sure that the email address is one that you recognize. Do not just look at the name that it was from. When in doubt, call the person to verify that it really is from them.



Message From Jackie Carattini: Summer Greetings!

I hope the summer has been warm enough for you and you have been able to get outside and enjoy our beautiful state. It was great to see some of you at the cultural arts day! A huge thank you to all involved!

I will again be offering the Aging Mastery series this fall. I highly encourage you to participate. It is a great series focused on the key elements of aging well so that you can live your best life as you live longer! This series is FREE and you will receive a bag of printed materials in the mail!

Aging Mastery Virtual Classes will be held September 7th - October 7th 10:00am-11:00am, every Tuesday and Thursday

You Will Learn About: • Navigating Longer Lives • Exercise and You • Sleep • Healthy Eating and Hydration • Financial Fitness • Medication Management • Advance Planning • Healthy Relationships • Falls Prevention • Community Engagement

If you are like much of the country, you may have noticed a shortage in canning lids. With reports coming in that the "off brand" lids are causing some issues with not sealing, I caution you when purchasing lids and encourage you to get the Ball/Kerr lids. It is very disappointing when you go through all the effort to preserve something only for it to not seal or mold.

If you have been one of those unlucky individuals who have not been able to locate lids, I wanted to share this great recipe for "Freezer Pickles"! Cucumber and other vegetable slices packed in vinegar and sugar will remain crisp when stored in the freezer. Pack freezer pickles in rigid plastic containers, freezer bags or wide mouth canning jars. Label, date, and store in the freezer at 0° F or colder for up to 6 months. Freezer pickles taste best chilled, so serve them right from the refrigerator once thawed. Keep thawed pickles refrigerated and use within 2 weeks.

Cucumber Dill Slices (Freezer Pickle Recipe)
(Source: Homemade Pickles and Relishes, Wisconsin Safe Food Preservation Series, B2267)

8 cups pickling cucumbers, thinly sliced (2 1/2 lbs.)
1 cup sweet red pepper, seeded, cored, and chopped.

(Continued in next column)

(Continued from previous column)

Pickling solution:

- 3 tbsp. canning and pickling salt
- 4 garlic cloves, peeled and minced
- 1/3 cup fresh dill weed, minced
- 1 tsp. dill seed
- 1 1/2 cups sugar
- 1 1/2 cups cider vinegar (5% acetic acid)

1. Gently wash cucumbers. Trim 1/16 inch from the blossom end and discard. Thinly slice cucumbers and measure out 8 cups. In a large bowl, toss the cucumbers with the salt. Let the cucumbers stand 2 hours, and then drain.
 2. In another bowl, stir together the remaining ingredients. Pour the mixture over the drained cucumbers and stir well. Refrigerate the mixture for 8 to 10 hours.
 3. Pack the cucumber slices and pickling solution in freezer bags or rigid containers, leaving 1-inch headspace. Label and date packages and freeze at 0° F or colder for up to 6 months.
 4. Thaw pickles for about 8 hours in the refrigerator and serve chilled. Thawed pickles must be kept refrigerated; use within 2 weeks.
- Yield: 4 pints

Note: g. = gram lb. = pound oz. = ounce
tbsp. = tablespoon tsp. = teaspoon
1 quart = 2 pints = 4 cups

Be Well! Jackie



Program Chair's Update Activities With Grandchildren

A member requested the August Program be about, "What fun activities to do with the grandchildren?"

I find that the grandchildren will be happy doing most anything you come up with, as long as you focus all your attention on the child. All the child really wants is your love and attention.

If a phone call comes to you while you are with your grandchild, just tell the person on the phone that you are with a very special friend and you will have to call them back, and wink, and smile at the child. This makes the grandchild feel so special, and the child will have a smile from ear to ear.

Some things we need to remember while entertaining the grandchildren:

- All things are washable.
- Do not use permanent markers, or oil paint.
- A smile goes a long way!
- Always make them feel important.
- Listen to their comments, concerns, and achievements.

Some ideas for activities:

- Cut a potato in half (child uses a plastic knife), carve a design in the cut end, using a stamp pad or washable magic marker, stamp a paper bag. You could use crayons, to draw pictures, or stickers. Use the paper bag to send home items you will make during their stay.
- Use the paper bag as a gift bag for Mom or Dad.
- Cut eye and nose and mouth holes and use it as a mask.
- Bake cookies or a cake, have the grandchild add ingredients to the mixing bowl. Hand stir it with a big spoon. (Remember, the child is making the cookies, you are not!)
- Have a tea party with the fresh baked cookies.
- Have the grandchild pick out a book and you read it to the child or have the child read it to you.
- Help the child write a story and have the child illustrate it.
- Sing songs (The sillier the better, or action songs) eensy weensy spider, Duke of York,
- Board games. Or have child make their own board game.

Card games:

Slap, deal the cards, take turns laying a card on the pile, when a card is put on the pile that matches the card on the pile, you slap the pile, who ever slaps first gets the pile. Game is done when someone has all the cards.

Old Maid

Kings Corners

Go Fish

Any game you remember playing as a kid.

Your grandchild will remember time spent with you for the rest of their lives. Make it a special MEMORY.

Article submitted by Diane Nickel, Wood County Home and Community Education President

Linda O'Donnell
Program Chairperson
Phone: 715-886-3351



Wisconsin Bookworms

Becoming a reader doesn't just happen. Adults (teachers) thoughtfully and purposefully interact with children and plan experiences that support emergent literacy. Research shows that experiences in reading is a key concept in learning to read for preschool children.



Wood County, Wisconsin Bookworms, is a proud promoter of early childhood readers. The volunteer readers and free books we donate to these children are sure to make a difference in their futures.

Anyone interested in reading to the Head Start children next fall, please add your name to the call list, for when we resume reading in the classrooms again.

The WAHCE would like to recognize Bookworm volunteer readers for 10—15—20 year volunteer services of reading to our young children. If you are a reader and know what year you started reading, I need this information to forward to the WAHCE Bookworms chairperson. Julie Carlson did give me some information, but she wasn't in charge from the beginning of the program. If you could help us out with this task, I would greatly appreciate it. It is a wonderful program that Wood County HCE can be proud of. Keep reading!

Christine Goodness
(715)886-5294



WISCONSIN/NICARAGUA History of the partnership between WAHCE and **PARTNERS of the AMERICAS** Wisconsin/Nicaragua Partners

Sewing for Progress Learning Center of Nueva Guinea. We started sewing and technology classes mid-February and we stopped classes on March 20 due to the pandemic. We had 10 students. Then we continue for two weeks via online sharing patterns until we finish our first piece. This learning center is trying to resume classes this coming Monday but now we only have 4 participants making it difficult to give financial aid to the sewing teacher.

The center has started the construction of a class room so space doesn't become an issue. Any help fundraising would be greatly appreciated.

The Community English Center (CEC), has been changing lives by providing a stable education to families and young children within the community for four years! By encouraging children to write their own stories we are confident that they will be able to break the cycle of poverty. Our belief is that education is the key to enabling individuals make positive changes in their lives.

CEC has over 500+ students enrolled in 5 years in different levels and in different courses. The CEC continues to teach students English, entrepreneurship, Art, sewing course with marketing digital, Technology (Robotic), Compassionate Communication, Electronic Course for children, environmental impact and foster positive interactions with foreigners through cultural exchanges with other English students from all across the country and even some international students.

<https://www.facebook.com/CommunityEnglishCenterNuevaGuinea/>

We want all of you to feel proud of the work that we do with the kids from this rural area of Nicaragua, and this is a chance for all of us to share in this great adventure.

<https://youtu.be/YoGMgrlDPn8>

Wisconsin Bookworms Donation Request

Fundraising efforts for Wisconsin Bookworms is under way for the current school year. Once again, Wood County HCE members who are able, are asked to support this worthy cause by purchasing a set of books for the 2021—2022 school year. Each set contains eight books at a cost of \$25.00.

Wiggly is my name! Reading is my game! Let me tell you what I'm all about.

W is for **Wisconsin Bookworms**

I is for **Interest**. I'm interested in all kinds of books.

G is for **Good**. Be a good listener when someone reads to you.

G is for **Great**. Books can be great friends.

L is for **Love**. I love to read.

Y is for **You**. I love all of you!

Submitted by: Faith Kettner Wausau, Wisconsin

To make a donation, make check payable to **Wood County HCE** and mail to:

Wood County HCE
c/o Christine Goodness
1194 Kimball Avenue
Nekoosa WI 54457-1556

You can purchase a set of books in honor of someone. We will send them a notice of your donation. Include your name and the name and address of the person you are honoring.

A notice of your donation will be sent to them.



YES! I would love to support the Wisconsin Bookworms project by purchasing a set of books for the 2021—2022 school year. I have enclosed payment of \$25.00.

Name: _____

In Honor of: _____

Address: _____

Phone Number: _____

Leg Exercises for Avoiding Tripping


Carl's Corner




Do these strength exercises for **two sets of 10-15 reps 3x a week.**

All these exercises are meant to keep up good foot clearance to avoid tripping and more importantly, avoid stepping on a Lego.

Standing Toe Raises - Just like it says. Stand up and raise your toes off the ground. Hang on for balance! Also builds up those shin muscles for playing Olympic soccer.




Standing Heel Raises- Stand up and do the opposite of the toe raises and pick the heels up instead. Hang on for balance. As a bonus, it keeps the toe pointing ability for your ballet pirouettes.



Standing March - Hanging on for balance, pick one knee up at a time as high as possible. Excellent too for just in case you go back to school and join the marching band.



Standing Hip Extension - Hang on for balance and kick a leg straight backwards. Do enough of these and people may start to call you Jennifer Lopez.



Carl is a physical therapist from Roberts Physical Therapy in Wisconsin Rapids. He is also a high school wrestling coach, competitive obstacle course runner, and dad of a fluffy Pomeranian.



Board of Directors

May 18, 2021

Opening: President Jim Nickel opened with Pledge of Allegiance. Jim Nickel led the Homemakers Creed.

Present: Jackie Carattini, Diane Nickel, Jim Nickel, Darlene Schumacher, Christine Goodness, Judy Steinert, Linda O'Donnell, Wendy Young, Pat Klein, Connie Eisch and Marilyn Cournoyer.

Minutes: Secretary's minutes from the Board Meeting of March 16, 2021 were not read. Motion made by Darlene Schumacher to accept the minutes as written and seconded by Judy Steinert. All in favor. None opposed. Motion carried.

Treasurer's Report: Connie Eisch gave the treasurer's report. Report will be filed. Connie mentioned that a check was written to the West District on January 11, 2021 for dues and it has not been cashed yet. Darlene Schumacher will follow up with Joan Staffon. The check that was written for the insurance coverage was returned because they are no longer doing insurance. Wendy did our 990 form for us. The question came up what the insurance covered. It only covered visitors to an event. It was decided to look into insurance coverage for an event rather than the whole year. Jackie will look into what insurance carrier the 4-H uses. It was decided that the July 8, 2021 event would not need to have insurance because there are no visitors.

Julie Carlson Basket Update: Connie Eisch reported that she purchased a basket from Ruby Reds and took it over to Julie's home. She was very appreciative. Jackie Carattini mentioned that she received a thank you card from the family and that the contents of the card will be published in the next issue of The Connection.

Hardship Dues: Judy Steinert made a motion that dues for members over 80 or due to a hardship are optional. The county would pay the dues for the member. Seconded by Pat Klein. All in favor. None opposed. Motion carried. We will take a second look at this at the August meeting when we go over the by-laws.

Connection Update: The Connection has had a great response from the members and have contributed many articles for it. Keep up the good work.

Programs: Linda inquired if there was a resource for lesson material that would be available. She is looking for a list and then post what the possible lessons are and then if anyone is interested in a particular subject. This information would be put in The Connection. Linda's first program (tomato blight) will be published in the next issue of The Connection that was requested by another member.

Family Outreach Program Update: Nothing to report at this time.

Word From Jackie: The United Way has a need for readers for Head Start. This is separate from the Bookworms Program. If anyone is interested, contact the United Way.

Marketing Update: Carol Grorich has requested that we purchase items from HCE directly from Laurie. The order form is published in The Connection.

Bookworms Update: Christine Goodness reported that she received several donations from friends and family members of Julie Carlson. She had to order books and will get the final head count in the fall. Christine was given some miscellaneous books. She contacted the area schools and divided them up between the schools that responded to be used at the teacher's discretion. The check book has been found. It was at the extension office. The program is moving along nicely. Christine is looking for help in determining members that would be eligible for the readers award that is presented at the WAHCE State Conference. She has no records to go on. Darlene Schumacher will check with Marianne Geiger to see if the state has any records. Christine gave a financial report for Bookworms and it will be filed. Christine has ordered to 75 sets of books for next year. Distribution in the fall will be adjusted depending upon the head count. Christine has written a letter to be sent to companies asking for donations. She has contacted Worzella Publishing Company. Thrivent is another possibility. Alliant Energy used to give a donation, this might be online. Christine will use her discretion as to when to send out letters to companies for donations. Christine Goodness and Marilyn Cournoyer will collaborate to try and get a grant through Thrivent.

Cultural arts Update: The event is July 8, 2021 and the registration forms are due June 7, 2021. Bring the items on July 8th from 9:00 to 9:30am with pickup of items after 11:30am. Mail registration forms to Marilyn

Cournoyer. The event is at the Annex building for Family Natural Foods. It is a tan garage on the street opposite of the store.

Historian Update: Sandra Deering submitted a nice article for The June Connection. She is looking for more articles for the future. She is looking to start a HCE Book Club.

Membership Update: Denise Mancl is writing articles for the River Times and she has made membership business cards and membership flyers. IF you need any, please contact Denise Mancl.

WAHCE State Conference Update: We are at 71 registrations to date and 37 for the boat tour. The conference committee will be meeting at the hotel in the middle of June and they will then find out if they are good to go for September. Darlene is encouraging the Wood County HCE members to come to the conference or at least make it for the Cultural Arts portion which is on Tuesday. Christine Goodness had a question about scholarships for the convention. There was a small discussion on it and it was mentioned that we would be covering the scholarships later in the meeting. The scholarship for the convention is closed.

The Update Update: Wood County HCE will be writing an article for the July issue of The Update. This is an article promoting Wood County HCE. Diane and Jim will write the article.

The Connection On The State Web Site: There was a discussion whether or not we should put The Connection on the WAHCE State web site. It was agreed to have them published on the web site but any telephone numbers will have to be removed before they are posted. All articles in The Connection are written by members. Flyers that are in The Connection will not be posted on the web site.

2022 Awards Update: Diane has the awards information. There is a brief synopsis of what the awards are and who is eligible. Anyone wanting to apply for any of the awards, please contact Diane for more information on where and how to apply. Diane will help you with any documentation you may need.

Fall Kick-Off Update: Fall Kick-Off is scheduled for September 7, 2021. It starts at 9:00am with the location to be determined at a later date. If we have it at a shelter house, it is a first come first serve basis. Nepco Lake is \$600.00. Carol Grorich has table favors already for us. The Nekoosa Library is starting up and that is free. Diane will check with McMillan Library to see if they are opening up. Diane and Jim will check to see what is available. Carol Grorich is looking for yarn for things is making for donation for Wood County HCE. Diane has reserved a four foot table at the WAHCE State Conference. We are looking for pictures of things that have been done and any articles also. Try to get them to Diane and Jim. Christine will put together something for the Bookworms. There could also be something about Rita Janz. Nicki Jarowski will be asked if she would do that. Carol Grorich made coverlets and we might be able to display one of them. Michelle Hamel was making premie hats and that may be another thing to get on the board. Marilyn Cournoyer will supply an Ouch Pouch. Keep thinking about ideas.

By-Laws Update: Our next Board Meeting is in August at Darlene Schumacher's home and this is when we discuss the By-Laws.

Club Update: A couple of the clubs would like to disband but not all of the members want to disband. What about the possibility of starting a new club that could meet at McMillan Library. There appears a good reception from some of the members from the clubs that want to disband. They have the option to be members at large but this would give them the option of still belonging to a club. The Board will form a committee for each of the events that held throughout the year. Diane and Jim will chair a Fall Kick-Off committee.

Closing: Jim led the Homemaker's Prayer.

Board Meeting: Next Board Meeting is August 17, 2021 at 9:30am at Darlene Schumacher's home. This is a pot-luck meeting.

Adjourned: Motion to adjourn made by Christine Goodness and seconded by Judy Steinert. All in favor. Motion carried.



**Wood County
Association For Home & Community Education
Officers & Coordinators**

| Name | E-Mail | Position | Telephone |
|---|--|---|---|
| Carol Grorich | grorichf@tds.net | Marketing Scholarship Babcock President | (715)884-6598 (715)884-6598 (715)884-6598 |
| Connie Eisch | ceisch@boku.net | Treasurer | (715)325-3255 |
| Darlene Schumacher | darleneschumacher41@gmail.com | WAHCE State Conference Registrar | (715)424-2851 |
| Pat Klein | kleinnailcare@gmail.com | Club 51 President | (715)886-3665 |
| Agnes Langeberg | langberg@wctc.net | Rudolph Pines President | (715)424-1517 |
| Marilyn Cournoyer | hikville@wctc.net | Cultural Arts | (715)435-3662 |
| Jackie Carattini | jackie.carattini@wisc.edu | Family Living Educator | (715)421-8437 |
| Sandra Oleson | roleson@wctc.net | Family & Community Outreach | (715)886-3219 |
| Christine Goodness | acgoodness@yahoo.com | Wisconsin Bookworms | (715)886-5294 |
| Denise Mancl | deedeemancl@gmail.com | Membership | (715)886-5727 |
| Carol Dorn | gld@tznet.com | Scholarship | (715)886-4448 |
| Diane & Jim Nickel | denickel@solarus.biz | Wood County President | (715)886-4230 |
| No E-mail: | | | |
| Judy Steinert 402 North Section Street Nekoosa WI 54457-1556 | | Family & Community Outreach | (715)886-4165 |
| Mary Weber 8136 Hollywood Road Nekoosa WI 54457 | | Scholarship | (715)886-4505 |
| Nicki Jarosinski 5580 County Road F Wisconsin Rapids WI 54494 | | Secretary | (715)424-1572 |
| Linda O'Donnell 5096 Creamery Road Nekoosa WI 54457-1556 | | Program | (715)886-3351 |
| Sandra Deering 610 South Biron Drive Wisconsin Rapids WI 54494 | | Historian | (715)424-1819 |
| Lorraine Hoffman 1430 23rd Street North Wisconsin Rapids WI 54494 | | Historian | (715)421-0112 |

Membership

What HCE Members Do For Others

HCE Focus On Community

In my previous articles I focused on what Home and Community Education can do for you. Today I am going to tell you what HCE members do for others. Each club has its favorite organizations that it contributes to. I know “Club 51”, that I belong to is very fond of the “Backpacks for Kids” program which ensures that no child in the Nekoosa School District goes hungry over the weekend. However, the larger organization of Wood County Association and Community Education has another way of helping children learn to love books. Through donations to the Wisconsin Bookworms non-profit organization they help provide books to children who attend Head Start. Our members go and read books to the children. The children then receive the book that was read to them. This past year it has all been virtual but hopefully we will get back to reading in person soon. Our Bookworms coordinator is Christine Goodness. This is a relatively new position for her but she had a great mentor, Julie Carlson. Julie passed away recently but prepared Christine for the job and it is evident that Bookworms was very special to her. The following is a thank you letter to all of the people who made donations in Julie’s honor after she passed away.

Thank You Letter

The Wisconsin Association for Home and Community Education of which Julie Carlson was a member, is a non-profit educational organization that promotes the Wisconsin Bookworm program. Julie was the coordinator for Wood County for many years. She just recently passed away. I would like to thank HCE members, friends and the Carlson family, who made “Bookworm Donations”. It all helps in purchasing books for Early childhood children in Wood County. I know Julie was very passionate about the program and would be grateful that her legacy and promoting childhood literacy will be carried on.

Keep reading!

Christine Goodness

Wood County “Bookworm” coordinator.

To join our group, call me, Denise Mancl, membership chairperson or email me.

Respectfully submitted:

Membership Chairperson

Wisconsin Association for Home and Community Education.

Phone: 715-886-5727

Email: deedemanc1@gmail.com

Club News

Town & Country

Town and Country members met on June 8, 2021 at the Olympic restaurant for a luncheon get-together for Irene Pavelec (guest of honor) who has recovered from surgery and is now living at Arborwood and home on weekends. There were nine of us who enjoyed a great time of memories and what the future might hold for HCE. Thank you to Helen and Mickey for planning the luncheon. So very much appreciated. We all agreed it was good to meet again after all the time that had passed.

Message From the Presidents (Continued)

Fall Kick-off is almost here. This year we will be gathering at the Nekoosa Charles & Jo Ann Lester Library in Nekoosa. A lunch will be catered by Piggly Wiggly of Nekoosa. They will also be providing a breakfast snacks of coffee cake, coffee and juice. Lunch will consist of chicken, mashed potatoes, gravy, butter, corn, brownies, coffee. Cost will be \$12.00 per person. Registration deadline is August 30, 2021. Make checks payable to WAHCE. The registration form is enclosed as a flyer in this Connection.

Possibility of forming a new HCE Club in Wisconsin Rapids at McMillan Library. I have been asked to look into this new idea.

Pros:

- It has handicap accessibility.
- It has handicap bathrooms.
- It has new large rooms for meeting areas on the main floor.
- In case of emergency, someone is always at the main desk for assistance.
- It is centrally located in Wood County.
- It is always plowed and salted in winter.

It is air conditioned in summer.

Election of officers is coming up soon. Now is the time to start thinking about which position you would like to run for. You can send nominations to Diane Nickel @ denickel@solarus.biz or mail them to Diane Nickel, 365 Peckham Road, Nekoosa WI 54457-1556.

Presidents Diane & Jim Nickel
365 Peckham Road
Nekoosa WI 544457-1556

E-mail: denickel@solarus.biz
Telephone: (715)886-4230

Fall Calendar

August

- 13 WAHCE State Conference registrations due Late fee after the 15th is \$50.00
- 17 Wood County Board of Directors Meeting. Pot-Luck at Darlene Schumacher's house - 9:30am
- 20 Educational Program and Project Display Registrations due
- 24-29 Central Wisconsin State Fair. Marshfield

September

- 6 Labor Day (Extension Wood County office closed)
- 7 Fall Kickoff. Nekoosa Charles & Jo Ann Lester Library - 9:00am
- 20-22 WAHCE State Convention Holiday Inn Stevens Point
- 28 Wood County Board of Director meeting - 9:30am

October

- 1 Articles for HCE Connection newsletter (including Christmas Party flyer) due to Diane & Jim Nickel at:
e-mail: denickel@solarus.biz or mail to: Diane & Jim Nickel, 365 Peckham Road, Nekoosa WI 54457-1556
- 1 Annual dues, Pennies for Friendship due to County Treasurer
- 1 UPDATE articles due to Editor for November issue
- 4 West District Fall Meeting - "Sparrows Nest at the Abbey".
The address is 17304 Havenwood Road, Sparta. When you head east from Sparta on Highway 16 it is just a few miles out of Sparta. A right turn on Havenwood and then a left turn up the hill to the abbey.

Membership Information For All HCE Members

As your membership chairperson, I'm working on some ideas to invite new members. I'm hoping I can count on you to help me. First of all, I'm inviting you to carry business cards with information about HCE. When you are talking with a person who shows interest in our association you can give them one! The card has my email address and phone number on the back so that they have something tangible to take with them. I can send them an informational pamphlet or help them decide which club they would like to join depending on where they live.

The other option applies to those of you who are employed for a business willing to display an 8x10 paper stating that an HCE member works there. When someone shows interest, you can hand them a pamphlet that has great information about us. This pamphlet also has my contact information on it. Jim and Diane Nickel have been a great help to me in providing us with these handy tools. I will gladly send some of these to you if you request them. Please call or email me if you can help. Thank you all. I appreciate your help.

Denise Mancl

Membership Chairperson

Email: deedemancl@gmail.com

Phone: 715-886-5727

Program Chair's Update

Wood County Program Chairperson, Linda O'Donnell has been given permission to again, create programs for Wood County. Year's ago, we would have a new program presented once a month, to take back to our meetings pertaining to Wood County. She is going to bring back this concept for us to enjoy. These programs will be on topics our members request. With this in mind, if you have a topic you would like to learn about, please contact her at 715-886-3351. During the COVID-19 lock down time period, she will have a page in the Connection for her Wood County Program Lesson. When we are able to meet again, we will explain how this will work.

Linda O'Donnell
Program Chairperson
Phone: 715-886-3351



2021 WAHCE Conference Registration Information

September 20 – 22, 2021

Holiday Inn Hotel and Conference Center

1001 Amber Ave. Stevens Point, Wisconsin

Make check payable to: WAHCE, Inc.

Mail with registration form to:

Darlene Schumacher, Conference Registrar

2531 Golf Course Road, Wisconsin Rapids, WI 54494

Phone: 715-424-2851 Email: darlenschumacher41@gmail.com

- Registration, tour and meal fees are transferable, but non-refundable.
- WAHCE reserves the right to alter or cancel a class as necessary.
- Any Covid restrictions at meals, tours, conference will be followed.
- There is a \$50 late fee after August 13.
- Extension Educators/Advisors and County HCE Presidents are not required to pay the registration fee.

Registration Deadline: August 13, 2021

Registration Hours: Sunday, September 19 2:00 pm – 6:00 pm

Monday, September 20 8:30 am – 5:00 pm

Tuesday or Wednesday, September 21 or 22 7:00 am – 8:30 am

Tours: Three bus tours are scheduled as well as two on-site workshops. Please indicate your first (1), second (2) or third (3) choice. It is important that you indicate your tour preference choices. The minimum required for Bus Tour 1 is 40; Bus Tour 2 or 3 minimum is 25. If your first choice is cancelled, you will automatically be given your second choice. Include the tour fee for your first choice with your registration. If you need special bus accommodations, please indicate that on your registration form.

Cultural Arts: Items may be brought in Sunday (9/19) from 6:30 – 8:00 pm or Monday (9/20) from 8:00 am – 11:00 am. Judging will begin at 1:00 pm on Monday.

Business Meeting: President Donna Zarovy will preside at the WAHCE, Inc., Annual Business Meeting which is open to all conference attendees. Voting delegates (County Presidents and WAHCE Board members) are required to attend. All voting delegates will sit in assigned seating. This meeting begins at 8:00 am, (9/21).

Workshops: Indicate your first (1), second (2), third (3), fourth (4), and fifth (5) choice in each time period. Second, third, fourth and fifth choices are needed in case your first choice is filled. Omitting the second, third, fourth and fifth choice will not insure placement in your first choice.

Education Program Workshops: **Program #1** – “*Making Physical Activity Fun!*” (September 21, 3:30 – 4:45 pm) and **Program #2** “*Healthy Aging – Improving Health Through Self-Advocacy*” (September 22, 10:30 – 11:45 am). Every county should have their Vice President of Program or Vice President of Family and Community Life (or another county representative) attend these sessions. All are welcome.

Meals: The cost of the meal package is \$125.00 (includes gratuity) and includes Monday night dinner, Tuesday breakfast, lunch and dinner, and Wednesday breakfast and lunch. Due to health restrictions, all meals will be served. Please indicate any special meal requirements on the registration form.

Room Reservations: Call the conference hotel: Holiday Inn, Stevens Point at (715) 344-0200, press #3 for Room Reservations. The Room Block is “WI ASSN FOR HOME AND COMMUNITY EDUCATION”. The Group Code is **WHC**. The room rate is \$99.00 for a standard room (2 queen beds or 1 king bed plus pullout sleeper sofa). You will be asked for a credit card to hold your reservation. Our room block will be released on August 20. Check in time is 3 pm – check out time is noon.

Wisconsin Sales Tax Exemption: Unless you are being reimbursed by your county HCE organization, you will be charged sales tax. Please ask your County President for the letter required by the hotel.

Conference Chair: Betty Kastenschmidt

E-mail: bettykas@yahoo.com

Co-Chair: Marilyn Herman

E-mail: mjherman661@gmail.com



2021 WAHCE Conference Registration

“REACH FOR THE STARS WITH WAHCE” -- September 20-22, 2021

Holiday Inn, 1001 Amber Avenue, Stevens Point, WI 54481



Name: _____ Attach Mailing Label here

County: _____ District: _____

Address: _____ City: _____ State: _____ Zip: _____

Telephone (including area code): _____ E-mail address: _____

Officer or Committee Chair (circle one) State District County Specific Office held: _____

First Time Attendee? Yes No Special Dietary Needs: _____

Emergency Contact: Name _____ Phone #: _____

Make check payable to **WAHCE, Inc.** and mail with registration form to Conference Registrar:

Workshops & Tours: Please number each section in order of preference 1, 2, 3, 4, 5, 6

September 20th, Monday Tours Noon to 5 PM

- #1 Chain O Lakes Boat Cruise \$45.00
- #2 King Veteran's Home \$40.00
- #3 UWSP Planetarium, Wisconsin/Nicaragua
Headquarters and Warehouse Tour \$30.00
- #4 On-Site Make a Mosaic Stained Glass Tile \$25.00
- #5 On-Site Moravian Paper Stars \$15.00
- Need handicap access on bus**

September 21st, Tuesday

Workshops Session #1: 8:30 – 9:45 AM

- 101 WAHCE Annual Business Meeting (**Note: 8:00 Start**)
- 102 The Power of Wisconsin Potatoes
- 103 Putting the Wonder Back in Wonderful: The Value of the Arts in a Well-Lived Life
- 104 From Sheep to Shawl
- 105 Needle Felting: Pumpkin
- 106 Aldo Leopold Sand Country Almanac in a Quilt

Workshop Session #2: 10:15 – 11:30 AM

- 201 Beaded Necklace (\$10 – paid to instructor)
- 202 Where in the World is Dorothy?
- 203 Wisconsin Bookworms
- 204 Shine a Light on that Mountain of Clutter
- 205 Heroic Women Homesteaders
- 206 The Life and Times of Louisa May Alcott

“Mingle” time from lunch ‘til 3:30 pm

Workshop Session #3: 3:30 – 4:45 PM

- 301 Educational Program #1 – Making Physical Activity Fun!
- 302 Fashions Through the Decades
- 303 Danish Hygge – Creating Comfort and Coziness
- 304 “P is for Pterodactyl!” a Humorous Look at Spelling
- 305 Folk Music and the Search for a Better World
- 306 Glacier History of Wisconsin

September 22nd, Wednesday

Workshop Session #4: 8:30 – 9:45 AM

- 401 Eat, Sleep, Move: The 50+ Immune System
- 402 International Workshop “Protect Our Pollinators”
- 403 Treasurer’s Workshop
- 404 Let’s Dance on Broadway!
- 405 Birding By Ear
- 406 Gardening In A Bottle

Workshop Session #5: 10:30 – 11:45 AM

- 501 Educational Program #2 – Healthy Aging – Improving Health Through Self-Advocacy
- 502 Wisconsin/Nicaragua – Partners Make a Difference
- 503 Cultural Arts Discussion – Issues/Improvements/Ideas
- 504 From Earth to the Universe - Birthplace of the Stars
- 505 Let’s Talk Bees and REAL Honey
- 506 History Comes Alive: Stories of King Veterans Home

Full Registration Fees:

| | | |
|--|----------------|----------------|
| WAHCE Member or spouse | \$50.00 | \$ _____ |
| Non-member | \$60.00 | \$ _____ |
| Extension or County HCE President | No cost | \$ <u>FREE</u> |
| Late Fee (sent after August 13) | \$50.00 | \$ _____ |

Or One Day Fees:

| | | |
|------------------------|---------|----------|
| Tuesday Registration | \$35.00 | \$ _____ |
| Wednesday Registration | \$25.00 | \$ _____ |

Meal Fees:

| | | |
|------------------------------|----------|----------|
| Total Meal Package (6 meals) | \$125.00 | \$ _____ |
| Monday Evening Banquet | \$30.00 | \$ _____ |
| Tuesday Breakfast | \$15.00 | \$ _____ |
| Tuesday Lunch | \$25.00 | \$ _____ |
| Tuesday Banquet | \$35.00 | \$ _____ |
| Wednesday Breakfast | \$15.00 | \$ _____ |
| Wednesday Lunch | \$25.00 | \$ _____ |

Tour Fee

| | |
|----------|----------|
| Tour Fee | \$ _____ |
|----------|----------|

Total Enclosed:

| | |
|-----------------|----------|
| Total Enclosed: | \$ _____ |
|-----------------|----------|