Improving Your Health through Self-Advocacy

Pre-Workshop Survey

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| 1. I ask questions at my medical appointments. | True | False |
| 2. I write down a list of questions I have before my medical appointments. | True | False |
| 3. I bring a trusted friend or family member to my medical appointments. | True | False |
| 4. I take notes during my medical appointments. | True | False |
| 5. I am happy with my relationship with my medical provider. | True | False |
| 6. It is rude to ask questions of your medical provider. | True | False |
| 7. My doctor doesn’t know how to answer my questions.  | True | False |