

HCE CONNECTION

Wood County

Home and Community Education

October 2021



Message From The Presidents




Hello,
 Welcome to the October edition of the Connection. Summer is almost gone. Looking at the trees though, we know that fall is really here. The days are shorter and it gets dark pretty early now. Time in the gardens is almost over except for the cleaning up. Most of us probably have our produce either frozen or canned by now. We just got through canning 9 quarts of grape juice using a stove steam juicer. Works really great. Traveling around the state, we used to see yellow waves of corn tassels waving in the wind. Now, it is the rustling of brown corn leaves.

The WAHCE State Conference is history. A special congratulations to Marilyn Cournoyer and Jim Nickel on winning a medal. There were a lot of great speakers and classes to attend. There was even a sing-along after the dinner on the second night. The main speaker brought his guitar and played songs that everyone knew.

Please remember to return you membership form so we can set up a distribution list for the next Connection.

We had our Fall Kick-Off at the Nekoosa Library. We had a couple of great speakers. Dr. Carl answered questions on exercise and Barb & Mike Hittner speaking on a trip to Russia.

(Continued on Page 6)

Some things to look for in this edition:

Message From Jackie Carattini (Strong Bodies)	Page 2
Book Review.....	Page 3
Cultural Arts Corner	Page 3
Message From Jackie Carattini.....	Page 4
Program Chair's Update Activities with Grandchildren.....	Page 5
Bookworms and Wisconsin/Nicaragua.....	Page 7
Bookworms Donation Form	Page 8
Dr. Carl's Corner	Page 9
Board of Directors Meeting Minutes	Page 10
Wood County HCE Officers Directory.....	Page 12
Membership	Page 13
Club News	Page 14
Email Scams.....	Page 15
Fall Calendar, Membership Information.....	Page 16

Flyers enclosed:

Wood County HCE Christmas Invitation Flyer

Wood County HCE Arts and Craft Day Flyer



LIFTING PEOPLE TO BETTER HEALTH



STRONGBODIES



JOIN OUR STRONGBODIES PROGRAM TODAY!

FOODWISE AND THE AGING & DISABILITY RECOURSE CENTER HAVE TEAMED UP TO OFFER THE STRONGBODIES PROGRAM. IT WILL HELP YOU INCREASE YOUR STRENGTH, BONE DENSITY, BALANCE, AND ENERGY!

THIS FREE PROGRAM ALSO INCLUDES NUTRITION INFORMATION AND DISCUSSION.

MONDAY & WEDNESDAYS
OCTOBER 11 - DECEMBER 15, 2021
11AM - 12:15 AM

AGING & DISABILITY RECOURSE CENTER/LINCOLN CENTER
(VIRTUAL OPTION ALSO AVAILABLE)
1519 WATER STREET
STEVENS POINT, WI 54481

PRE-REGISTRATION IS REQUIRED
MASKS WILL BE REQUIRED

----- Three ways to register! -----

1. Call or Email Penny
715-343-6254
penny.schmitt@wisc.edu

2. Register Online
here

3. Contact
Aging & Disability Recourse Center
715-346-1401



From eating the right food to the perfect exercise routine, find the best path to a healthier and happier you.



AN AA/EEO EMPLOYER, UNIVERSITY OF WISCONSIN-MADISON PROVIDES EQUAL OPPORTUNITIES IN EMPLOYMENT AND PROGRAMMING, INCLUDING TITLE VI, TITLE IX AND ADA REQUIREMENTS. REQUESTS FOR REASONABLE ACCOMMODATIONS FOR DISABILITIES OR LIMITATIONS SHOULD BE MADE PRIOR TO THE DATE OF THE PROGRAM OR ACTIVITY FOR WHICH IT IS NEEDED BY CALLING 715-845-6254. FOODWISE IS FUNDED BY THE USDA SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM - SNAP AND THE EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM - EFNEP.

{BOOK REVIEW}

Name _____
Book Title _____

SUMMARY

CRITIQUE & RECOMMENDATION

If interested in joining a book club, call 715-424-1819.

Respectfully Submitted: Sandra Deering, Historian



Cultural Arts Corner by Marilyn Counoyer



**HCE Arts and Crafts Day
Wed. Nov. 9th, 2021**

HCE Arts and Crafts Day will be held on Wednesday Nov. 9th beginning at 9a.m. It will be held in the lower-level Conference Room of Prevail Bank – 1601 Lincoln St. WR (Corner of Lincoln St. and the Riverview Expressway). Everyone is welcome to attend. If you find that you are unable to finish your project(s) before noon, you are welcome to bring a sack lunch and we will finish up your project(s) afterwards. Drinks will be provided.

See the attached flyer for complete details.

Message From Jackie Carattini:

Check Your Free Credit Report Today!

As of October 5th, 2021 the Federal Trade Commission (FTC) had logged nearly 615,000 consumer complaints related to COVID-19, 71.4 percent of them involving fraud or identity theft.

Criminals are using the full suite of scam tools- Phishing emails and texts, bogus social media posts, robocalls, impostor schemes and more.

So, what can YOU do about it? Check your credit report frequently to look for errors and signs of fraud. Due to this increase in scams, you are now able to obtain free credit reports weekly now through next April.

Obtaining a Credit Report

You can obtain your credit report 3 different ways.

1. By calling the 1-877-322-8228
2. By going on line to www.annualcreditreport.com (only safe site recommended for all 3 boroughs)
3. Print out request form and mail it to: Annual Credit Report Request Services, P.O. Box 105281, Atlanta, GA 30348-5281

Your credit report will contain four types of information:

- Identifying information- For example, your name, address, and social security number
- Account (or credit) history- Information and payment history for active and closed accounts from the past seven years
- Public Records- List public records related your finances including bankruptcies
- Inquiries- Lists anyone who has requested to see your report.

Identifying Potential Errors

- Go through each account and check for these potential errors:
- Addresses that you have not lived at
- Accounts that are not yours
- Incorrect labeling of payments as “late”
- Incorrect balance for an item
- Incorrect account number
- Incorrect credit or credit company
- Incorrect dates of last activity or charge-offs
- Incorrect credit limit or high credit amount
- Missing account information

Dealing with Errors

Both the credit bureau and the business that supplied the information to a credit bureau have to correct information that’s wrong or incomplete in your report. And they have to do it for free. To correct mistakes in your report, contact the credit bureau and the business that reported the inaccurate information. Tell them you want to dispute that information on your report. Here’s how.

We have had a few requests for information on the Strong Bodies program. Please see article on page 2 of the Connection newsletter).

The FoodWise Wood/Portage county program is offering a hybrid class that started on the 11. Folks can still join either in person at the ADRC in Portage County or from their own home on Zoom.

To register, call or email Sandy Tarter at sandy.tarter@wisc.edu 715-231-6695. She is the program coordinator.

Program Chair's Update

7 Things You Can Do for Pollinators

7 Things You Can Do for Pollinators

1. PLANT FOR POLLINATORS

- Habitat opportunities abound on every landscape – from window boxes to acres of farms to corporate campuses to utility and roadside corridors – every site can be habitat.
- Utilize plants native to your area (or at the least, non-invasive for your area).
- Utilize the [Ecoregional Planting Guides](#) and the [Garden Recipe Cards](#) to create or enhance your pollinator garden. Decide among the plant material options - seeds, plugs, plants or a combination.
- Know your soil type and select appropriate plant material.
- Plant in clusters to create a "target" for pollinators to find.
- Plant for continuous bloom throughout the growing season from spring to fall.
- Select a site that is removed from wind, has at least partial sun, and can provide water.
- Allow material from dead branches and logs remain as nesting sites; reduce mulch to allow patches of bare ground for ground-nesting bees to utilize; consider installing wood nesting blocks for wood-nesting natives.



2. REDUCE OR ELIMINATE THE IMPACT OF PESTICIDES.

- Check out the [Pesticides Learning Center](#) on the Pollinator Partnership website to learn more about the interactions between pollinators and pesticides!
- Where possible, avoid pest problems in the first place by burying infested plant residues, removing pest habitat, and planting native plants that encourage natural enemies of pests.
- Practice Integrated Pest Management (IPM).
- If you are a farmer or pesticide applicator, check out our [Pesticide Education Module](#).
- If you must use pesticides, read and follow ALL label directions carefully.



3. REGISTER AS A BEE FRIENDLY FARMING GARDEN

- Register your home or community garden with [Bee Friendly Farming Garden](#) to showcase your commitment to pollinator health!
- Along with your registration, you can opt to receive your very own BFF Garden sign, to encourage others to do the same.
- Your registered garden will appear on the [Bee Friendly Farming map](#), along with any photos you choose to submit.
- Apply [here](#)!
- If you are a farmer, rancher, or apiarist there are other options for you. Check out the [Bee Friendly Farming page](#) to learn more.



4. REACH OUT TO OTHERS – INFORM AND INSPIRE

- Utilize all the materials available to help you tell the story of pollinators.
- Especially during [National Pollinator Week](#) (June 21-27, 2021).
- Tell local and state government officials that you care about pollinator health.



5. SUPPORT LOCAL BEES AND BEEKEEPERS.

- Buying local honey supports the beekeepers in your area.
- If you're concerned about the number of chemicals use in agriculture, buy organic.
- If you're concerned about contributions to global carbon emissions, buy local.



6. CONSERVE ALL OF OUR RESOURCES; USE LESS AND REDUCE YOUR IMPACT.

- Pollinators are dramatically affected by extremes in weather.
- Climate change puts pressure on native ranges and overwintering sites.



1. SUPPORT THE WORK OF GROUPS PROMOTING SCIENCE BASED, PRACTICAL EFFORTS FOR POLLINATORS.

Linda O'Donnell
Program Chairperson
Phone: 715-886-3351

(President's Message Continued from Page 1)

The Christmas Party is coming soon. A flyer is enclosed. At the Christmas Party we will be having election of officers. We are looking for the following positions: Secretary, Historian, Scholarship, Cultural Arts, and International. If you are interested or know someone that might be interested in one of these positions, please give us a call at: (715)886-4230. We will also be taking nominations form the floor.

We also had the opportunity to go to the West District Fall Meeting in Sparta in early October. We did pick up some new information that was received from the WAHCE State Conference.



Wisconsin Bookworms



reading program.

Wood County Bookworms has received the books for Head Start this year. I've counted and organized the books for each month. So far, we should be able to read in the classroom. That may change as the year progresses, but I'm looking forward to starting the

I have a list from Julie Carlson, of readers that I will be calling. If you want to be added to the list, please let me know.

I would like to thank members that have been making "Bookworm Donations". It all helps in purchasing books for Early Childhood children in Wood County. Please use the form in the "CONNECTION". It helps me get the notice for the donation to the person you are honoring.

Again, thank you for promoting the love of reading!

Keep reading!

Christine Goodness
Bookworms Chairperson
(715)886-5294



WISCONSIN/NICARAGUA
PARTNERS of the AMERICAS

History of the partnership between WAHCE and Wisconsin/Nicaragua Partners

Much like the "Homemakers" in Wisconsin, now called "HCE" (Home and Community Education) the W/NP Learning Centers in Nicaragua also have monthly meetings and offer enrichment classes. There are currently about 60 Learning Center's in Nicaragua, one Learning Center is named after June Lemke.

Sherin's husband Bob, thought it would be nice if the students knew who June was, so a photo of June, taken during her trip to Nicaragua with Sherin, hangs in the classroom of the June Lemke Learning Center.

Both Sherin and June have since passed, but their legacy lives on thanks to the many HCE members in Wisconsin who continue to support the W/NP Learning Centers in various ways.

Students from the June Lemke Learning Center, located at the Wisconsin/Nicaragua Partners office in Managua, Nicaragua shared the following comments about their experiences.

Basic Sewing Class: "We want to thank the supporters for this learning opportunity, it was a new experience, very good and satisfying, we feel we will have more opportunities to get a job in the future. We feel motivated, it filled our expectations. Teacher Petronila is an excellent person, thanks to her patience, will and love we developed skills and abilities that we did not have, she managed to transmit her knowledge with much patience."

NOTE: We had students who did not know how to use a sewing machine, or to use scissors to cut and take simple measures, at the end they managed to learn all the basics, it was an excellent course, a very dynamic and practical class.

Advanced Sewing Class: "We are very grateful, happy and satisfied. We had a very creative and technical course. It was very useful allowing personal development and we learned new techniques. The teacher was a blessing sharing her valuable knowledge, it was a very nice experience to spend time learning with our classmates."

NOTE: There are women who took this class who now feel inspired to get ahead, able to make their own garment dress and share the new knowledge acquired. There were other women who were able to strengthen what they already knew.

Wisconsin Bookworms Donation Request

Fundraising efforts for Wisconsin Bookworms is under way for the current school year. Once again, Wood County HCE members who are able, are asked to support this worthy cause by purchasing a set of books for the 2021—2022 school year. Each set contains eight books at a cost of \$25.00.

- W** is for **Wisconsin Bookworms**
- I** is for **Interest**. I'm interested in all kinds of books.
- G** is for **Good**. Be a good listener when someone reads to you.
- G** is for **Great**. Books can be great friends.
- L** is for **Love**. I love to read.
- Y** is for **You**. I love all of you!

Submitted by: Faith Kettner Wausau, Wisconsin

To make a donation, make check payable to **Wood County HCE** and mail to:

Wood County HCE
c/o Christine Goodness
1194 Kimball Avenue
Nekoosa WI 54457-1556

You can purchase a set of books in honor of someone. We will send them a notice of your donation. Include your name and the name and address of the person you are honoring.

A notice of your donation will be sent to them.



YES! I would love to support the Wisconsin Bookworms project by purchasing a set of books for the 2021—2022 school year. I have enclosed payment of \$25.00.

Name: _____

In Honor Of: _____

Address: _____

Phone Number: _____



Posture Exercises for Standing Up Straight

All these exercises are meant to keep up good foot clearance to avoid tripping and more importantly, avoid stepping on a Lego.

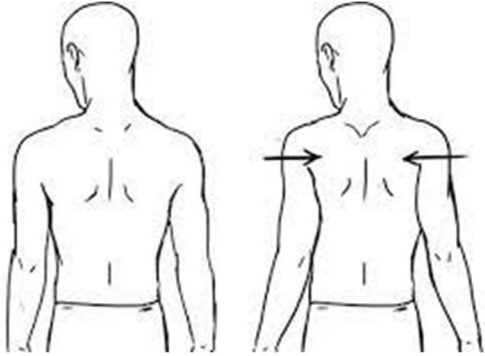
- 1. **Lying flat on your back for 5 minutes** - Easiest exercise ever. Just lie down on your back. Flat on the floor is ideal.

If you can always lie flat, you can always stand up straight!
And look taller for your upcoming date.



- 2. **Shoulder Squeeze 2 x 15 reps** - Squeeze the shoulder blades together.

Sculpt the back for your nice dress during the date.



- 3. **Cervical extension 2 x 15 reps** - Looking slowly up to the ceiling.
Need to be able to look up if your date is tall, dark and handsome.

- 4. **Back rotation 2 x 15 reps** - Cross your arms and rotate side to side

Keep the back nice and mobile for in-date dancing.



Carl is a physical therapist from Roberts Physical Therapy in Wisconsin Rapids. He is also a high school wrestling coach, competitive obstacle course runner, and dad of a fluffy Pomeranian.



Board of Directors

August 17, 2021

Opening: President Jim Nickel opened with Pledge of Allegiance. Jim Nickel led the Homemakers Creed.

Present: Presidents - Diane Nickel and Jim Nickel, Past President - Pat Klein, Secretary - Nicki Jarosinski, Family and Community Outreach - Judy Steinert, Wisconsin Bookworms - Christine Goodness, WAHCE Conference Registrar - Darlene Schumacher, FLE - Jackie Carattini – vacation, Marilyn Cournoyer – Marshfield, Connie Eisch - excused.

Connection: Diane thanked Wendy Young in Jackie's office for getting our Connection newsletter out to the members.

Minutes: Diane asked for approval of minutes from May 18th. Judy Steinert made motion to approve as read. Jim seconded. Motion carried.

Nicki made motion to print latest minutes in the Connection and then corrections in next issue, if any, so the minutes can be in the Connection sooner. Seconded by Darlene Schumacher.

Treasurer's Report: Connie gave her report to Darlene Schumacher and placed on file for audit.

Family and Community Outreach: Judy Steinert had no report.

Programing: Diane announced that Linda O'Donnell has personal programs approved by the state for our county. Let her know of any ideas for future programs.

Bookworms: Christine reported donations of extra books to Wood County schools. Marshfield Clinic has donated book bags that double as cushions to sit on. The state HCE did ZOOM during COVID to schools to help keep program going. Diane thanks Christine for keeping her updated. Because we weren't allowed to read in schools after March of 2020, can we still be recognized for 20 years as readers?

Book Club: Sandra Deering is interested in a Book Club as a specialized club. Adams County does that with quilting, etc. How to make that here in Wood County if ladies, members interested?

Scholarship: Scholarship needs to be awarded this year.

WAHCE State Conference: Darlene reported 248 registered for state conference so far. 2022 will be West District's responsibility.

A discussion on the display board for state conference. Do we want to honor Julie and others who have passed away recently?

Our crafts and supplies for Nicaragua, any donations during COVID (masks, etc.)?

Fall Kick-Off: September 7, 2021 at the Nekoosa Library.

Nominations for officers.

Catered by Piggly Wiggly.

Breakfast: Coffee cake, orange juice, tea, coffee.

Lunch: Chicken, mashed potatoes, gravy, buttered corn, brownies, coffee.

\$12 Registration and meal.

Hosted by the Wood County HCE Board of Directors.

Basket Raffle: Judy Steinert.

Center Pieces: Babcock Club.

Set-up at 8:00am by the board members.

International: Barb & Mike Hittner – To Russia

Exercise: Dr Carl DeLuca.

Agenda:

Registration: 9:00 to 9:30am
Break: 10:00 to 10:15am
To Russia: Barb & Mike Hittner 10:15 to 10:45am
Exercise: Dr. Carl De Luca
Business Meeting: 11:00am to 12:00pm
Lunch: 12:00pm
Raffle: 12:45pm
Prayer & Adjourn: 1:00pm

West District Meeting: October 4, 2021 in Sparta. Diane & Jim, Cultural Arts.

2022 West District Meeting: October 10th, 2022, hosted by Wood County. First Congregational Church is the location. Darlene will give idea of amount for donation to the church. Format for the meeting being changed. Need a theme, board will set up.

Printing & Mailing Costs: Diane & Jim were told we will be charged for anything printed by the Extension Office.

Board of Directors Meeting: Next meeting is September 28, 2021 at the Nekoosa Library. Suggested November 16, 2021 at McMillan Library.

Membership Form: All members need to fill out the membership form and return to Connie Eisch with the dues.

New Club: We will do a survey at the Fall Kick-Off to see if interested in club at the library. Need their own officers like present individual clubs.

By-Laws: Nicki made a motion to table By-Laws till the next board meeting in September. Diane seconded. Put first on agenda. Passed.

Booklet: Judy suggested to table idea of book for programs & list of members, etc.

Adjourned: Motion to adjourn made by Christine Goodness and seconded by Jim Nickel. All in favor. Motion carried.

Respectfully submitted,
Nicki Jarosinski
Secretary



**Wood County
Association For Home & Community Education
Officers & Coordinators**

<u>Name</u>	<u>E-Mail</u>	<u>Position</u>	<u>Telephone</u>
Carol Grorich	grorichf@tds.net	Marketing	(715)884-6598
		Scholarship	(715)884-6598
		Babcock President	(715)884-6598
Connie Eisch	ceisch@boku.net	Treasurer	(715)325-3255
Darlene Schumacher	darlenschumacher41@gmail.com	WAHCE State Conference Registrar	(715)424-2851
Pat Klein	kleinnailcare@gmail.com	Club 51 President	(715)886-3665
Agnes Langeberg	langberg@wctc.net	Rudolph Pines President	(715)424-1517
Marilyn Cournoyer	hikville@wctc.net	Cultural Arts	(715)435-3662
Jackie Carattini	jackie.carattini@wisc.edu	Family Living Educator	(715)421-8437
Sandra Oleson	roleson@wctc.net	Family & Community Outreach	(715)886-3219
Christine Goodness	acgoodness@yahoo.com	Wisconsin Bookworms	(715)886-5294
Denise Mancl	deedeemancl@gmail.com	Membership	(715)886-5727
Carol Dorn	gld@tznet.com	Scholarship	(715)886-4448
Diane & Jim Nickel	denickel@solarus.biz	Wood County President	(715)886-4230
No E-mail:			
Judy Steinert		Family & Community Outreach	(715)886-4165
402 North Section Street Nekoosa WI 54457-1556			
Mary Weber		Scholarship	(715)886-4505
8136 Hollywood Road Nekoosa WI 54457			
Nicki Jarosinski		Secretary	(715)424-1572
5580 County Road F Wisconsin Rapids WI 54494			
Linda O'Donnell		Program	(715)886-3351
5096 Creamery Road Nekoosa WI 54457-1556			
Sandra Deering		Historian	(715)424-1819
610 South Biron Drive Wisconsin Rapids WI 54494			
Lorraine Hoffman		Historian	(715)421-0112
1430 23rd Street North Wisconsin Rapids WI 54494			

Membership

HCE Benefits Members and Community

When I tell people about HCE (formerly known as "Homemakers"), I usually tell them about the community organizations that we support. Today I'm going to tell you how we do that in my club. I have belonged to Club 51 for more than 40 years. In previous articles I've mentioned the great lessons we have had and the crafts that we've learned. We've also tried to be community minded. Some of the ways my club earns money to support our community are the following.

We sell lunch at the Wakely House Fall Festival.

Our members are great at getting together delicious offerings that patrons at Wakely's Farvest Fair just love. We also bake cookies and sell them at our Nekoosa homecoming parade. The prophets from these endeavors allow us to give money to worthy causes. We have supported the Nekoosa Backpacks for Kids, the Salvation Army, Jeremiah's Crossing, the Veterans Honor flight, and Ronald McDonald House to name a few.

Another fun activity that we love, is to make table favors for our Nekoosa senior meal site. Three times a year we make 50 table favors so that each person at the senior meal site has a favor as part of their place setting. It's something different each time and appropriate for the season.

Speaking of crafting, I would like to invite all of you to attend the upcoming Cultural Arts Day on November 9th. It will be held at Prevail Bank at 1601 Lincoln Street, Wisconsin Rapids Wisconsin from 9:00 till noon in the lower-level conference room. You will have the opportunity to make crafts such as a snowman made from cement pavers, a fabric pumpkin, quilted magnets and bookmarks, and beautiful jewelry.

You need to pre-register if you are interested in attending.

To register, please call Marilyn Cournoyer at 715-323-3769.

Deadline for registration is November 1st. We hope you will consider attending.

Respectfully submitted by Denise Mancl, Membership Chairperson HCE

For more information, contact me at 715-886-5727 or deedeemancl@gmail.com

Denise Mancl
Membership Chairperson
Email: deedeemancl@gmail.com
Phone: 715-886-5727

Club News

Club 51

Minutes from May 18, 2021.

Opened with the Homemakers Creed. Roll call was taken. 11 members present.

Judy led the meeting - Congratulations to Jim & Diane for a very well-organized board meeting. Will go over minutes of that meeting at next Club meeting. Also, congratulations to Christine for taking over committee for Bookworms.

Upcoming dates & info:

July 8, 2021 - Cultural Arts, located at a garage on 9th avenue in Wisconsin Rapids.

September 7, 2021 - Fall Kick-Off, location to be decided.

August 17, 2021 - Wood County Board of Directors Meeting

September 18, 2021 - Wakely Festival

We are waiving dues for 80 years old & over.

Carol Grorich is looking for yarn donations.

Discussed new format for Club 51 - different ideas - would like indoor plumbing, meeting held during the day, new location. Meetings to be held on the 3rd Tuesday, 1:00 to 3:00. Denise motioned; Virginia seconded. After some discussion, voted to rescind motion for meetings being held on 3rd Tuesday. Diane motioned; Virginia seconded. New motion, Club 51 meets the 3rd Thursday. Diane motioned; Pat seconded. Set up our meeting dates for 2021 through May 2022.

Aug 19 - PE Comm 1:00 - 3:00 Nicole/Denise

Sep 16 - PE Comm

Oct 21 - Nek Library

Nov 18 - Nek Library

Dec 3 - Christmas Party - PE Comm 5:00, 6:00 eat

Jan 20 - Nek Library

Feb 17 - Nek Library

Mar 17 - Nek Library

May 19 - PE Comm

Judy & Pat will contact members of Babcock Club if interested attending our meetings.

Denise recommended getting our own checkbook. A motion Club 51 to have a checkbook, the Treasurer and President to be listed. Denise motioned; Nicole seconded. Going through Nekoosa/PE State Bank.

Congratulations to Linda for putting information ideas in the HCE Connection. Also, to Denise for submitting letters in the paper regarding HCE.

We do have business cards, flyers, etc... We can pass out to anyone that may be interested.

Treasurer's Report was read & filed for audit.

Adjourned with prayer. Collected Pennies for Friendship, Backpacks for Kids and Cakewalk.

Minutes from August 19, 2021

Opened with the Homemaker's Creed. Roll call was taken. 10 members present.

Treasurer's Report was read and file for audit.

There was no correspondence. A reminder to send dues individually. Send form that was included in the HCE Connection. Judy motioned to address \$2 fee for our local club. We agreed to pay, Diane seconded. We will collect local dues at our next meeting. Judy motioned for members of Club 51 have the option to pay the local fee after age 80, Denise seconded.

Other reports: Board of Directors Meeting was held August 17, 2021. Judy went over the specifics, will go over more in the future, a lot of changes. We need to look into some changes in the wording of some of our documents we hand out. Going to be brought up with our FLE. The Club 51 summer outing was cancelled for this year.

Unfinished Business: Fall Kick-Off is Tuesday, September 17, 2021 at 9:00am at the Nekoosa Library, reminder to send in registration form. We finished setting up calendar meeting dates, locations. Diane recommended having a fall outing, think of ideas for the next meeting.

New Business: Our next meeting on September 16, 2021 at 10:00am. A reminder to bring cookies for the Homecoming Parade. The Wakely Festival will be on September 11, 2021. Went over the specifics for what is needed from everyone for our booth. Pat motioned if Club 51 wanted to do the Wood County Christmas Party on December 7, 2021, Christine seconded.

Adjourned meeting with prayer.

Collected Pennies for Friendship and Backpack for Kids.

E-Mail Scams

When you get an e-mail that seems questionable, but it appears to be from someone you know, always check the e-mail address. It should match one that you have received from the person in the past. If it does not, it probably is a scam and do not open it.

Fall/Winter Calendar

October

- 1 Articles for HCE Connection newsletter (including Christmas Party flyer) due to Diane & Jim Nickel at:
e-mail: denickel@solarus.biz or mail to:
Diane & Jim Nickel, 365 Peckham Road, Nekoosa WI 54457-1556
- 1 Annual dues, Pennies for Friendship due to County Treasurer
- 1 UPDATE articles due to Editor for November issue
- 4 West District Fall Meeting - "Sparrows Nest at the Abbey".
The address is 17304 Havenwood Road, Sparta.
When you head east from Sparta on Highway 16 it is just a few miles out of Sparta. A right turn on Havenwood
and then a left turn up the hill to the abbey.

November

- 1 County Organizational Sheets due to District Director
- 7-13 HCE Week
- 9 Craft Day. Prevail Bank, Wisconsin Rapids 9:00am
- 15 County Organizational Sheets due to State President
- 16 Wood County Board of Director meeting – Nekoosa Library at 9:00am
- 25 Thanksgiving (Extension Wood County office closed)
- 26 Thanksgiving holiday (Extension Wood County office closed)

December

- 1 Articles for HCE Connection newsletter due to Diane & Jim Nickel at:
e-mail: denickel@solarus.biz or mail to:
Diane & Jim Nickel, 365 Peckham Road, Nekoosa WI 54457-1556
- 7 Christmas Party. Nekoosa Library - 9:00am
- 24 Christmas holiday (Extension Wood County office closed)
- 25 Christmas (Extension Wood County office closed)
- 31 New Year's Eve (Extension Wood County office closed)