



EXTENSION LINE

Newsletter for the members of the Kenosha County Association for Home and Community Education

January 2022

How to find us:

- ❖ On Facebook: [Home and Community Education in Kenosha County](#) Find county info, little snippets from our members, local happenings, and any changes to our calendar.
- ❖ On the state website: <https://wahceinc.org/> . Find information and forms for all WI counties.
- ❖ On the county website: <https://wahceinc.org/kenosha-county-hce/>

Upcoming HCE Dates and Events

What is Happening? Where Is it Happening?

Saturday, January 22, 1 pm, Association Annual Meeting, via zoom, information on connecting on page 11

Thursday, February 10, 1 pm, KCC or zoom, Mary Metten, "Healthy Aging – Improving Health through Self—Advocacy"

Tuesday, March 8, 1 pm, KCC, Officer Raymond Rowe, Question and answer hour about your home, your safety, or whatever questions you bring

Full Calendar for 2022 on page 11

Words of Wisdom from Your President, Jerin Moore

HAPPY, happy 70TH HCE A.N.N.I.V.E.R.S.A.R.Y Year! It's a time to look forward, reflect, and to celebrate with all the Rah, Rah, Sis, Boom, Bah spirit we can muster!

This past year we've had many successful and well attended events. We've mixed things up, adding tried and true with the new. We've supported our own through member scholarships, and helped the 'little ones', and those 'we salute.' We've widened our scope by adding an International Committee, and we've honored some and welcomed others.

Volunteers have always been at the core of HCE, but now more than before, they drive us! And as we move forward, there are always opportunities for your involvement; in small and big ways. Please, say yes, if asked. Or just inquire what you can do, or where you can help!

For being a member is much more than just paying dues. It involves each of us bringing ideas and sharing our talents. Committees can always be joined; and the newly formed International

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Committee welcomes your help, (as we intend some collaborative initiatives); that we hope will keep all productive, and b-i-Z-z-Y here, there, everywhere in our community and world. So friends,

A-s we start 2022, it's a
N-ew Year & time to mix
N-ew ways with the old. To
I-nvite/ask people to join and
V-olunteer in some way
E-mpowering all with a
R-ekindled commitment of
S-ervice to our community
A-dapting as we g.r.o.w
R-e-energize & thrive in
Y-ear 70 and beyond!

I thank you for your adaptability, cooperation and support this past year. And look forward to our 70th Association meeting ~ where we hope to kick off our year in celebratory fashion!

Committee Reports

Budget Committee and Treasurer's Report, Margaret McCabe

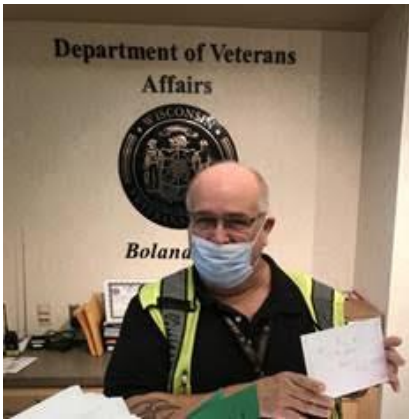
The annual finance audit will take place shortly so that the completion can be reported on during the 2022 Association Meeting. The Budget committee for 2022 will meet shortly as well. To date, dues have been received from all clubs for 2022 (for 56 members) as well as, donations for the scholarship fund. Should anyone need a tax receipt for 2021 donations to KCAHCE, please feel free to contact me.

Community Service, Margaret McCabe from Good Neighbors

Our 2021 Community Service Diaper Drive was a great success, filling a timely need in our community. Once again, the Good Neighbors club will be chairing the Community Service Committee for 2022. If anyone has a suggestion for a "need" in the community or a project, please feel free to contact Margaret McCabe of Good Neighbors at 262-857-9115 or email at mm00004@aol.com with your suggestions.

Community Service, Heidi Nevoso from Crosstown Neighbors

Crosstown Neighbors during their October meeting worked on the Community Service Project by making 160 handmade patriotic cards to be distributed to the Southeastern Wisconsin Veteran's Home in Union Grove in honor of Veteran's Day. (photo, right)



The cards were placed on the tables at the Fall Focus lunch for attendees to sign and show their appreciation for the veteran's service. During the lunch there was also a collection of snacks, personal items, gift cards and goodies to donate for the activity center at the Veteran's Home. The Veteran's Home was elated with our thoughtfulness and gifts and sent a very nice thank you. (photo, left)



A huge thank you to all of you for supporting the project with your donations and kind words!

Cookie Sales, Donna Zarovy

Cookie sales were replaced with cash donations.

Cultural Arts, Country Cousins

Members had eighteen entries at the county level Cultural Arts held in May. Those entries were displayed a second time at the Fall Focus in October. All twelve of our Kenosha County entrants that advanced to the State Conference received ribbons in their categories.

For 2023 the Cultural Arts committee will be headed by the JJ's club.

Extension Line, Priscilla Kopczynski, editor

Articles submitted via mail or email by the deadline dates with "EL" written on the email memo line are always included in the Extension Line. Whether you are sharing a committee report, a community service, an event recap or photos, whatever you share will be included.

Fall Focus Dinner, Crosstown Neighbors



The Fall Focus event met on Sunday, October 17, at Birchwood Grill. Guests were encouraged to sign the Veterans Cards made by the Crosstown Neighbors. A basket auction raised funds for scholarships. Donated items went to local veteran aid. Lifetime members were honored. Members volunteered for the 2022 committees. The highlight was our speaker, Ali Nelson, Director of Kenosha County Veterans Services.

Historian, April Kvitek

I wish all of you a happy, healthy, abundantly blessed year. Thank you to all the members who save and send newspaper articles and pictures for our HCE scrapbook. Our scrapbook serves as a record of the amazing women and men in our organization, documenting the activities, volunteering and amazing good deeds done to help our community. It has been an honor and privilege to keep these books. As always, I gladly accept all articles and pictures that include our members. Send blessings to all.

International Dinner 2021, Dorothy Merten from Merry Makers

The International Luncheon was held at The Women's Club in Kenosha on April 25, 2021. It was our first event since the outbreak of covid. We enjoyed learning more about Germany from our guest speaker. We enjoyed a German based luncheon prepared by the chef. Photos from this event were published in the June 2021 Extension Line.

Two scholarships were presented at the luncheon.

Membership, Donna Deuster

We have added several new members this year, but our numbers will grow exponentially if each of us shares the HCE experience with someone else. When you see someone at a meeting or event, smile, say hello, and make them feel welcome.

Please join in welcoming

MELANIE EINHORN, JJ's

SUE KAMINSKI, Good Neighbors

DIANE WALKINGTON, Crosstown Neighbors

As a challenge, I encourage everyone to invite a friend, neighbor or relative to your next club meeting or county sponsored event.

International Committee, Jerin Moore, SEWi District International Chair

We recently reinstated an International Committee into our Kenosha County programs; which for some reason had gone dormant since the 1990's.

There are many aspects to International besides the WI-NP, or Wisconsin Nicaragua Partnership programs, but for this year this will be our main focus along with 'BeeCause~ Pollinators feed the world' initiative thru NVON, National Volunteer Outreach Network.



As I learn new initiatives at the State level, I will convey and share through Donna Deuster and Gail Gillmore, your KC International Committee. And by working together, our hive will thrive! Bee well friends!

International Committee, Donna Deuster and Gail Gillmore

Do not buy items, but if you have serviceable items you no longer need or use, think of HCE and WI-NP. At 2022 county-wide meetings we will have a collection tote into which you can place items for WI-NP, Wisconsin Nicaragua Partnership at Stevens Point; and eventual transport to the Nicaraguan Learning Centers.

There are many themes of needed items but we will focus on three categories.

1. Serviceable items you own, no longer need or use and are proud to pass on.
2. Items organized with like items together (like a baggie of buttons)
3. Small items placed in clear zip lock bags.

CATEGORIES, the lists are suggestions. You may have more ideas.

SEWING- needles, thread, embroidery, buttons, snaps, scissors, trims/rickrack

CRAFTS- beads, sequins, stickers, rubber stamps, decorative edged scissors, knitting needles, yarn

UTENSILS- wood or metal spoons, spatulas, whisks, masher, graters, cookie cutters, peelers

Because we will be storing these items until we arrange a trip to Stevens Point, please NO LARGE ITEMS at this time. For although WI-NP welcomes pots, pans, sewing machines etc., please consider storing at your home until later in the year when we travel to Stevens Point.

Throughout the year, 'bee' prepared to see and hear the 'buzz of bees' and varying bee themes at our upcoming meetings with simple things we all can do to further the 'feed the world cause with pollinators'.

Clubs will continue to collect pennies for our international partners as well, and pollinators is one of the areas where your pennies can be sent.

If you would like more information on HCE and our international partners or a brief presentation at your club, feel free to contact Donna Deuster or Gail Gillmore.

Marketing, Jerin Moore

As programs warranted, press releases were sent to the Kenosha News, and West of the I.com. Varying events were also shared with Kenosha County employees, through the help of the Chief of Staff for Kenosha County, Jennie Tunkieicz (who happens to be the daughter of our own Mary Tunkieicz).

Additionally, Jennie was recently chosen as the recipient of the Business/Government/Nonprofit Woman of Influence Award; to be presented at the Susan B. Anthony dinner. HCE is grateful to Jennie for being a 'friend of HCE', and for her caring commitment to our community!

Program Planning Committee, Priscilla Kopczynski

The 2022 KAHCE calendar is published in the 2022 Membership Directory and also listed on page 11 of this Extension Line.

As Vice-President for five years, I have organized, planned and worked with some amazing people and organizations as we scheduled our HCE programs to balance the social aspects, educational evenings, crafting times, and HCE protocol.

Beginning in 2023, I cannot wait to see all our next Program Planner brings to us.

Scholarship Committee, Pat Perks

The members of the 2022 Scholarship Committee are Ruth Dehne, Individual Member; Rita Larson, Merry Makers; Joyce Myers, Pat Perks, and Rosella Wilson, all JJ's.

It's not too soon to let your family members know about our KCAHCE Scholarship we offer to our family members (spouses, child, grandchild, niece or nephew of a Kenosha County HCE member). Information for 2022 along with applications should be available approximately February/March. Completed applications will be due by March 31, 2022.

The dollar amount of the Scholarship(s) varies depending on the amount of money we have raised with our fundraising efforts. The members of this year's committee will decide the amount to give, as well as giving one or two or more scholarships.

We will follow the KCAHCE Scholarship Guidelines according to our By-Laws and Rules & Regulations for 2022.

Wisconsin Bookworms, Heidi Nevoso

Bookworm readers are finally able to share the beautiful books while reading face -to- face to most of the 198 students in the program this year! The wonderful opportunity that "Zoom" offers is a benefit one location has to see our reader as the teacher distributes the books. We are making it work during these times to get the books into the hands of children. Thank you to our wonderful team of readers!

There has been a loss of a wonderful community member who was a reading specialist prior to retirement, Sheila Stohr. Her family selected Bookworms as the memorial in honor of Sheila's service to students and literacy. We are grateful for the \$680 donation made in her memory.



Putting the bookplates and activity sheets in the books.

SEWI District Meeting



October 20, 2021. KAHCE hosted the Southeastern Wisconsin District meeting with representatives from several counties around the southeastern part of WI. After the business portion at the KCC, all were invited to hear Mary Norton speak of Mary D. Bradford and to tour the Bristol Historical Society with our own Margaret McCabe as tour guide.



December - Kemper Trees

Six women (plus two toddler girls and one baby boy) enjoyed the Kemper Center Holiday trees on Thursday, December 2. The creativity of the decorators and the festive atmosphere made for an enjoyable afternoon together.



Behind the Scenes Caring & Sharing, Jerin Moore

Exchanging Ideas and learning how others 'do' HCE was what Donna Zarovy and Jeri Moore did twice this fall. Traveling to Walworth they attended an International Event in Elkhorn; where they enjoyed a pizza lunch, and learned about a member's recent trip to Italy. In early December, Jeri arranged a 'Meet-Up Idea Share', with nearby Lake County IL HCE Association. The intent



was to foster friendships, 'bridge' state line divides, share ideas and discuss challenges. With both the WI State WAHCE President and the IL State IAHCE President present, it was an HCE power house for sure! The Twin Lakes, Cup O'Joe "friends" themed Coffee House was the chosen location. Next time, the IL group will choose the half way spot.

How cool is this?

A photo from one of our first HCE meetings here in Kenosha County from **1951 demonstrating a new sewing machine.**





Aging Well and Caring for the Whole You, Mary Metten,
Extension Kenosha County Health & Well-Being Educator

We all want to help when we're able to lend a hand, information, or a shoulder to lean on. Different ways to assist someone can depend on how situations present themselves and how we process the need. Emotional support presents itself in many different ways, one size definitely does not fit all.

Almost two years into the pandemic, there has been lots of talk about a wave of emotional distress and the impact on people at all ages and stages of life. Thoughts and attempts of suicide have been all too common issues. According to the CDC, suicide is the 10th leading cause of death in the United States, the fifth among people ages 45-54, the fourth among people ages 35-44, and the second for people ages 10-34. Data also reflects that people who have seriously thought about or attempted suicide to be much higher rates.

Consider saving the following in your cell phone contacts or keeping them in a handy place, so you can easily locate them and/or share the information with someone else:

- National Suicide Prevention Lifeline: Assistance is available 24/7 by calling 1-800-273-TALK (8255) for anyone in emotional distress, thinking about suicide, or worried about a friend or loved one.
- Crisis Text Line: Assistance is available 24/7 by texting HOME to 741741 to connect with a crisis counselor via text messaging.
- Kenosha Human Development Services: Local juvenile and adult crisis services are available by calling 262-657-7188.

The desire to help is such a common theme to HCE and its members, presenting itself all over the place. As we're entering 2022, our common humanity can help us get through tough times. Feel free to contact Mary Metten, Health & Well-Being Educator at 262-857-1946 or mary.metten@wisc.edu for additional information and resources.

Shopping at AMAZON SMILE! is a way to help HCE all year round. You receive the same Amazon products, prices and Prime benefits but HCE gets 0.5% of your purchase.

To sign up~

1. Visit smile.amazon.com

2. Sign in with your current Amazon credentials. If you don't have an Amazon account, you can create a new one. Add the Charity -

Select "AmazonSmile"-found under the "Account & Lists" drop-down in the upper right-hand corner of the screen and enter and select your charity; Kenosha County Hce (Bristol).

3. Start shopping! After you've chosen to support Kenosha County Hce (Bristol), your shopping experience will be the same with no extra cost for you.

Purchases on the main Amazon site do not support our group.

It may help to bookmark smile.amazon.com.

<https://smile.amazon.com/gp/chpf/homepage?orig=%2F>

HCE 101: Associated Country Women of the World **Report, Chris Werner**



Last month I mentioned that our affiliate ACWW is currently funding 34 projects.

Project 1059 is Improving Access to Safe Water for Rural Women in Kisiwa (in the west of Kenya). Access to clean and safe water for over 800 low-income rural women, providing relief from long walks to collect water from contaminated water sources (local rivers) is being done through the installation of three 8,000 liter rainwater harvesting systems. So far, two of the three systems have been installed in this area where rainfall occurs for 11 months of the year. Prior to the installation, Sarah spent at least 6 hours a day collecting water from a river 4 kilometers from her house. She is now able to put more energy into her farm and vegetable business and the income from this has tripled and farm production doubled. Gentry Kalama used heavily polluted water from a seasonal river 5 kilometers from her house. The children in her household had recurring diarrhea and she spent a significant portion of her income to purchase medicine for them. She now has more time to invest on her brick making business and spends much less on treatment of illness for her household.

Project 1028, India. Strengthening English Language Teaching Skills of Pre-School Teachers. 300 pre-school English language teachers in the rural areas of six districts of Sri Lanka underwent training in new teaching methods. They reported that they are more confident in class, and feel supported in their progress by the instructional manuals which were created during the workshops.

All of ACWW's projects fall into one of six categories: Education; Nutrition and Health; Sustainable Agriculture Training and Development; Income Generation and Livelihood; Sustainable Water, Sanitation and Energy; Maternal and Reproductive Health.

For more information, or to become an individual member, go to www.acww.org.uk.

Rejoice in these four members who have given and continue to give to HCE!

Dorothy Jansen joined Merrymakers HCE at the persuasion of Dorothy Merten after retiring from KUSD in 1995. She enjoys meeting with her club members, being treasurer for several years, being on the Scholarship Committee and taking part in various HCE happenings years ago including the state meetings in Madison known then as COLLEGE DAYS.

I joined Merry Makers in 1971. In those 50 years I baked, packed and sold dozens of Christmas cookies. With Merry Makers I helped plan the 60th Anniversary of KCAHCE plus International Dinners and Style Shows. I enjoy the programs and the camaraderie of HCE.

Edna Krueger joined the Bristol Club 50 years ago because her friend who lived out in Bristol was in the club. She actually joined with her mom, Marie!

She was President for about 10 years, and she is still technically the Vice President of her club!

She said she has a hard time remembering everything she has done with the club because it's been such a long time! She is 96 so that means she joined when she was 46!

When she first joined the meetings would be at club members' houses because it was a small group, but then they grew and started having their meetings at restaurants!

She has really enjoyed her time in the club.

(Obviously or she would not have been a member for 50 years!)

Rita Larson was invited by a friend to an HCE meeting. The group was called "Merry Misses", now the Merry Makers.

At that time, we had "projects" to choose from to present at our monthly meetings. I remember doing one on How to Decorate with Houseplants. I made arrangements in small and different containers to use in our home décor. I also remember the Christmas Fairs at Central High school and then at Tremper High school. It was a challenge to decorate that large space, but we had great times doing it.

Over the years, I held several county offices and was Southeast District Director. Those were great experiences. I met and worked with amazing women who really were community leaders and volunteers. At that time I was mentored and tremendously encouraged by the wonderful Phyllis Northway and Charlotte Jaeger. Such role models!

I also worked on planning a state conference we hosted and planned the tours for the national conference we hosted.

Then there were all the Style Shows! The first one with Sue Saves and Harriet Unger and fashions from Barden's. Such fun loving, hard-working, willing volunteers. We still have such good memories and laughs.

My years with HCE have been rewarding. I learned so much about community and the

many volunteers, and, of course, all the educational opportunities.

Dorothy Merten decided to start a group after attending the Christmas Fair, and Phyllis Northway attended our first meeting. For years I was known as Mrs. Joseph Merten, not by my first name. At some point we changed our club name to Merry Makers.

I have been Vice President, Treasurer, and Center Chair at the county level and president and secretary at our club.

I have attended Southeast District Meetings and state conferences over the years. They have all been educational, great experiences, and, most of all, I have made many friends. Besides April I invited Kathy, Ruth, and Dorothy as fellow teachers. I started the club and we must have had 75 to 100 members in and out over time. I am no Julie Pringle who invited neighbors with an annual picnic, but I have always been an advocate for this wonderful organization. I have always been full on - going to district meetings and conferences until recently when I have pulled back a little. I have held office 4 times and was Center Chair more times than I even remember.

When I joined we had over 300 members. It has become like so many other organizations as mothers devote more time to children's activities and even traveling for sports events, which we did not do much raising our children.

Extra, Extra Sharing Corner - New with this edition of the Extension Line –

Our president, Jerin Moore, has requested an addition to our Extension Line, sharing information from one organization in Kenosha County to another. If you are a member of a non-profit within our county and wish to share your news here, please submit your article to the EL editor by the deadline date for inclusion in future Extension Lines.

For a limited time, the **Paddock Lake LIONS Club** is collecting plastic bags/plastic overwrap for the installation of a bench on the Westosha Senior Center grounds.

Ongoing need from the Lions club includes hearing aids, glasses and sunglasses. Call HCE members Donna Deuster, Gail Gilmore, Sherri Dabbs, or Joyce Myers for more info

Wise Wisconsin

A LIFE SPAN PROGRAM VIRTUAL LEARNING SERIES

One-hour sessions on Wednesdays at 9am

February 2nd - March 9th, 2022 via zoom

Registration here: <https://go.wisc.edu/5u4ez3>

February

2nd - Old at Heart:
Reframing the way we
think and talk about
growing older

9th - Compassion
Resilience

16th - Advanced Directives?
What are those?

23rd - Jump Start your
Energy!

March

2nd - The Retirement
Transition

9th - Preparing for the
Growing Season

****Registration is
required. Links will be
sent the week of each
session to registered
participants.****

Check out <https://go.wisc.edu/i2165a> for more details.



Extension

UNIVERSITY OF WISCONSIN-MADISON

**Email Life Span Program Manager,
Sara Richie at
sara.richie@wisc.edu with any
questions.**

KCHCE Calendar 2022

Post and keep this nearby so it's handy all year long!

Saturday, January 22, Annual Association Meeting, via zoom. Follow the instructions given on page

Thursday, February 10, 1 pm, KCC or zoom, Mary Metten,

"Healthy Aging – Improving Health through Self—Advocacy"

Tuesday, March 8, 1 pm, KCC, Officer Raymond Rowe,

Question and answer hour about your home, your safety, or whatever questions you bring.

March 15-25, Extension Line articles due with memo line "EL."

April, Style Show hosted by Country Cousins, date to be determined

Thursday, May 12, 7 pm, KCC, "Creative Cooking for One or Two in 2022."

Thursday, May 12, 7 pm, KCC, Cultural Arts Show for all HCE members hosted by the JJ's

Wednesday, June 8, 6pm, KCC, "Fun Summer Craft" with Sherri Dabbs

June 15-25, Extension Line articles due with memo line "EL."

Thursday, July 7, 7pm KCC, "Staying Active as We Age," Marie Booher

Thursday, August 11, 6 pm, Indoor "picnic." Location tbd.

Wednesday, September 14, 1 pm, KCC "Adventures in the Peace Corps," Michael LaForge

September 15-25, Extension Line articles due with memo line "EL."

Monday – Wednesday, Sept 19-21, Stony Creek Inn, LaCrosse, State Conference 2022

Sunday, October 16, Fall Focus, Cup O'Joe in Twin Lakes, 'Fall Back to the 50's'

Wednesday, November 9, 1:00, KCC "Gnome Place Like Home for the Holidays," Jerin Moore

Thursday - Friday, December 1-2, cookie organizing and cookie sales. Details will be settled by the Christmas Cookie Committee.

2022 KCAHCE Annual Meeting, January 22, 1:00 via Zoom or telephone, Donna Zarovy

The following is a link to our meeting. Just click on the active link in the email we are sending out on January 17th or type in the link and you will be directed to our meeting. You may even go on-line earlier and check to make sure it works.

To join the Zoom Meeting

**Save these directions for
attending our Zoom meetings.**

<https://us02web.zoom.us/j/88699544794?pwd=UkRkTHIDZjBvU2Zaa2NDUGVDNnZFdz09> Once the Zoom program opens you may be asked to type in your name.

If you do not have Zoom on your device – smartphone, I-phone, I-Pad or computer, go to Zoom.com and download it.

If you do not have a computer and want to participate in the meeting, just use your telephone and dial 1-312-626-6799. If you are asked for a passcode, it is 164614. You will then be directed to the meeting.

Whether you go on-line through the Zoom program or use your telephone, please mute your device when you are not speaking.
I hope many of you can attend, Donna Zarovy.

Photo gallery of the helpful members who contributed to this Extension Line



Marie Booher



Donna Deuster



April Kvitek



Priscilla Kopczynski



Margaret McCabe



Dorothy Merten



Jerin Moore



Heidi Nevoso



Chris Werner



Donna Zarovy

Should an event or program need to be cancelled due to inclement weather or speaker unavailability:

- 1. Check the Home and Community Education in Kenosha County facebook page,**
- 2. Check the website at www.wahceinc.org/kenosha-county-hce**
- 3. Check your email.**
- 4. Call your Club President.**

In the event of further uncertainty, call an Executive Board member at their number as listed in your program book.

2021 Kenosha County HCE Officers, contact us any time.

At the January meeting, the officer roster will change.

*President Jerin Moore, Jerinb1947@gmail.com,
262-697-3459*

*P-E Marie Booher, booher.marie1@gmail.com,
262-210-3193*

*VP Priscilla Kopczynski, pfkopczynski@gmail.com,
262-857-7707*

*Treasurer Margaret McCabe, mm00004@aol.com,
262-857-9115*

*Interim Secretary Donna Zarovy, zarovy@frontier.com,
262-857-7502*