

Changing With Today

COLUMBIA COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION



PRESIDENT'S MESSAGE

Hello Dog Days of Summer!

We have had them ever since June! Boy, it was hot and humid—thank goodness for air conditioning.

HCE had a good summer. The Columbia County Fair had good sales of our cream puffs. As I worked my shift during the evening, it was heartwarming to see people lined up because of our reputation for the best cream puffs around. We also did well in sales at our other venues this summer. Major thank you's to Bobbie Goodman and all those who volunteered to help with the sales.

I also gave out the youth encouragement awards at the fair, and the 4-H kids were sure appreciative. We must continue to promote our youth—our nation's greatest assets.

With the WAHCE State Conference in September during the time we usually have our executive board meeting, we will meet the 4th Tuesday, September 27, at 10:30 in the ADRC rooms 2 and 3. Note: different day, different time, different place.

September 2022

The County Board will be using a lot of the meeting rooms to hold their budget meetings which is why we have to make the changes.

If you have a particular program or department in the county that you value, like the libraries or ADRC, call your District County Supervisor to tell them not to cut the budget for whatever service you believe is necessary. The County is cutting an already-slashed budget from the last three years.

Now that fall is coming, perhaps we can wind down a little from our summer activities. Time to think of *gratitude*, a positive emotion that helps us appreciate things, both big and small, in our lives. The benefits of practicing gratitude: it improves mental health, improves physical health, increases empathy and understanding for others, improves sleep, enhances self-esteem, reduces aggression and improves mental strength. I know I am grateful for our many HCE members who continue to step up for local organizations, charitable and faith-based, educational, and family.

Continue to be kind.

Liz Miller, President

SAVE THE DATE/ UPCOMING EVENTS

Labor Day, Randolph Corn Days

Sept. 8, Leader Training

Sept. 16, drop off cultural arts projects for state convention at the Columbia Co. Admin. Bldg.

Sept. 23, pick up cultural arts projects at the Columbia Co. Admin. Bldg.

Sept. 27, CCAHCE Executive Board Meeting, 10:30 a.m., ADRC

Oct. 4, Leader Training

Nov. 3, Fall Council

Nov. 15, membership payment due

View forms, newsletters, and WAHCE information at: <https://wahceinc.org/wahce-counties/>

CCAHCE Cultural Arts

Projects going to the state cultural arts competition should be taken to the lobby of the Columbia County Administration Bldg. on Thursday, September 15, between 1-3 p.m.

Pick up of projects will also be the lobby of the Columbia County Administration Bldg. on Friday, September 23, between 1-3 p.m.

Leader Training September 8

ADRC, Rooms 2 and 3
1:30-2:30 p.m.

Presenter: Jennifer Blau
"Real Estate Market 2022"

1. Steps in buying a home.
 2. Things NOT to do when listing your home.
 3. Downsizing, decluttering, type of housing moving to, aging in place, taking that first step.
 4. Trends in the market.
- Contact: Kris Young, (608)695-0651, kridav1@charter.net or Donna Kohnke, (920)210-5037, kohnke@centurytel.net

October 4

ADRC, Rooms 2 and 3
1:30-2:30 p.m.
Topic to be determined

November 3 is our fall business meeting at Dino's in Portage, and the topic will be: "History of Beads." More information will be coming in the October newsletter.

Reports from Donna Kohnke Service Photos

If anyone has any recent pictures of projects your clubs are doing for others in our communities, we could use some for a tri-fold display for the

conference in September. We could also use photos of Bookworms, scholarships, or other awards. If you have some we can use let me know.
Donna Kohnke
kohnke@centurytel.net

HCE gave nine **Youth Encouragement Awards** at the Columbia County Fair.

The **Southwest District fall meeting** will be held in Iowa County at the Barneveld Lutheran Church on October 27. The cost is \$15. Registration is due by October 17. If you would like to attend, contact Carol Beck. We will be working on the 2023 conference to be held at Wisconsin Dells.

WAHCE State Conference "Rollin' On the River With HCE"

The state conference is September 19-21, 2022, at the Stoney Creek Conference Center in Onalaska.

Silent auction: Items will be accepted Sunday afternoon and Monday until 4 p.m. No items will be accepted after bidding begins. You will need to register for a bidding number the first time you enter to bid. All donated items are new or in like-new condition. Handcrafted items such as

quilts or afghans should have a note attached with the size. Plants will be accepted, but no dried flowers. Also accepted are books in groups of four or more, and baskets with a list of the items that are in the basket. No clothing and no items that need refrigeration will be accepted.

HCE Dues

Membership dues for 2023 are due by November 15, 2022. Dues remain at \$12.00 per member. Please include the following information with the payment: address and phone for each member, club or individual designation, and email address if available. Send dues to Carol Beck, 5700 Prairie Stone Dr, McFarland WI 53558.

CCAHCE Scholarship Winners—Thank You Notes

Dear Columbia County HCE,

Thank you for the \$500 scholarship. I will be using the money towards my education at UW-Platteville where I will be majoring in Soil and Crop Science. I look forward to continuing to be an active member of the community and thank you for your support.

Thank You,
Owen Jones

Dear Dorothy Neitzel:

I am writing to express my sincere gratitude to you for making the Columbia County Association for Home and Community Education Scholarship possible. I was thrilled to learn of my selection of this honor, and I am deeply appreciative of your support.

This scholarship will aid me in my finances at the University of Wisconsin River Falls. I plan to study Animal Science in hopes of one day becoming a veterinarian.

Thank you again for your time and consideration.

Sincerely,



Morgan Stadler