

Changing With Today

COLUMBIA COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION



January 2023

PRESIDENT'S MESSAGE

Greetings from your new president for Columbia County Home and Community Education. I'm looking forward to a great year of learning, volunteering and community impact.

For those of you who don't know me, I have been a member of the Pleasure Hill Club since 1974, when I married my husband Marvin, and started farming with him. My sister-in-law Shirley Fischer invited me, and HCE has been a great source of friendships and community connections. Over the years, I have worked for MATC, UW-Extension as the nutrition program coordinator and food preservation state specialist. Since my retirement, I have been the clerk for the Town of Springvale and a grant reviewer for the United States Department of Agriculture. I have also been a 4-H leader for many years and am involved in many activities at my church. I spend many days each summer judging at Wisconsin county fairs and the State Fair. I am on a quest to judge at every fair in the state, and I am getting close: only seven left to go!

I appreciate so much the long-time members who continue to share their insights and leadership, and newer members who have stepped up with program suggestions and volunteerism. I want to particularly thank Kim Sweney, who offered to serve as our vice-president!

The Program Committee has been hard at work finding topics and speakers for 2023. I think they have an interesting and diverse line-up that will interest both members and the public. One of my goals for this year is to increase our visibility to the public. Today's media world makes that more challenging than ever. We are surrounded by news and information (newspapers, radio, television, the internet, email, blogs, etc.) and how do we insert ourselves into that mix? We'll be brainstorming ways to do a better job of increasing our public presence in 2023.

It's not too late to invite others to join HCE. A personal invitation is still the best way to do that, just like Shirley did for me years ago. Before you ask, think about what your friend/relative/neighbor might ask you in return:

What do you DO in HCE?
(monthly meetings, educational lessons, chances to volunteer...)

Why should I join HCE?
(friendships, community connections, personal growth...)

I think your personal story of what you have gained by belonging to HCE will be your best-selling point. Thank you for inviting others.

Becky Gutzman
CCAHCE President

SAVE THE DATE/ UPCOMING EVENTS

Jan. 17, Executive Board meeting, 9:30 a.m., Columbia Co. Admin. Bldg., Rms. 113/114

Feb. 7, Leader Training, ADRC Rms. 2 & 3

View forms, newsletters, and WAHCE information at:
<https://wahceinc.org/wahce-counties/>

Feb. Leader Training

"The Future of Power Generation in Columbia County"

Erik Sanvig

Feb. 7, 1:30-3:00 p.m.

ADRC Rooms 2 & 3

RSVP to:

Donna Kohnke

(920) 210-5037

kohnke@centurytel.net

Future Leader Training

March 7—"Technology and its Impact on the Health of Families," Dr. Kevin Blau and Cheryl Hoksch

April 25—Rendezvous & Cultural Arts Contest—"Castles of the World," Pete Price

May 2—"Medicinal Herbs to Grow in Your Garden," Julie Saalsaa

September 7—"Climate Change and Your Health," Dr. Bruce Krawisz

October 3—"Homemade Bread—Tips, Tricks and Easy Recipes," Becky Gutzman

November 2—Fall Council and Southwest District Meeting—"Wisconsin—Beautiful by Nature," Michael and Annette Knapstein

EGG BAKE

1# pork sausage

1.5 to 5.5 oz. pkg seasoned croutons

2 cups shredded cheese such as pepper jack, cheddar and/or Swiss

8 eggs

2 1/2 cups milk

1 cup half and half

1 TBSP minced or grated onion

1 tsp dry mustard

optional pinch salt & pepper

halved grape tomatoes

chopped parsley as desired & later I

add more just to brighten (fresh most vibrant)

1. Cook sausage, no clumps, evenly browned. Drain.
2. Arrange croutons in greased 9x13 pan. Spread with cheese.
3. Whisk eggs, milk, half and half, onion, mustard, salt, and pepper.
4. Add parsley and halved grape tomatoes decoratively. Chill 1-12 or more hrs. Covered.
5. Preheat oven to 350°, bake uncovered 45-60 min. Let stand 20 min.

Fall Council Thank You

Thanks to the women that brought breakfast treats to the Fall Council at the Owl's Nest on November 3: Donna MacLeish, Beth Hahn (see her recipe for egg bake), Margo Holzman, LuAnn Olson, Carol Beck, and Donna Kohnke.

International Report October 2022

ACWW (Associated Country Women of the World) has member organizations in 82 countries.

CHANGES

ACWW will no longer use the terms "Pennies For Friendship" or PFF or "Women Empowered" or WE fund. The new name will be "Rural Women in Action" fund. In Wisconsin we will still use "Pennies for Friendship" or just Pennies when making our international donations.

We no longer can specify an ACWW project or type of project when sending donations to

them. All ACWW money will go to one fund. They will choose one project to focus on and educate more women of different age groups to improve the sustainability in their areas.

From Amy Wiza, executive director of Wisconsin/Nicaragua Partners: HCE members are women of action and we at Wisconsin/Nicaragua Partners are so grateful to be able to connect you with projects and women in other countries who also have a desire to improve their lives and the lives of their families and communities. In the coming weeks I will be able to provide you with updates on the water filters and zinc sheets that are being distributed to families affected by Hurricane Julia. Thanks to the donations from HCE.

—Donna Kohnke

WAHCE Pennies for Friendship Distribution—2022

	<u>Designated Funds</u>	<u>Undesignated</u>	<u>Total 2022</u>
ACWW	\$175.00	+ \$1,139.21	\$1,314.21
Ventures in People	\$336.47	+ \$ 713.53	\$1,050.00
6 scholarships for students in Haiti \$175.00 per student			
Wisconsin/Nicaragua Partners			
Water Filters	\$809.48	+ \$ 190.52	\$1,000.00
Bee Keeping	\$490.96	+ \$ 509.04	\$1,000.00
Learning Centers	\$412.78	+\$2,587.22	\$3,000.00
General	\$949.12	+ \$ 50.88	\$1,000.00
Shipping		\$ 500.00	\$ 500.00
Total for Wisconsin/Nicaragua Partners			\$6,500.00
Days for Girls	\$431.52	+\$468.48	\$900.00
Heifer International	\$100.00		\$100.00
CWC Project (Doctors without Borders)		\$300.00	\$300.00
Total Received			\$10,164.21