Changing With Today

COLUMBIA COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION



PRESIDENT'S MESSAGE

Warm greetings in this chilly time of year! This month's book for Wisconsin Bookworms is "My Heart Fills with Happiness" and includes many examples of things that bring happiness to the little girl in the story: favorite foods, people she loves, sunshine, and singing, to name a few. The final page reads "What fills YOUR heart with happiness?" I am looking forward to hearing what the children have to say.

Some things that fill my heart with happiness are spending time with kids, baking, sewing and gardening! I'll be at the Garden Expo in Madison this month, presenting a few topics and enjoying shopping for some new garden seeds. I recently listened to a program on growing epic tomatoes, and am planning to try some different varieties.

I would like to invite you to attend the Columbia County Master Gardeners' "Let's Get Green and Growing" event on Saturday, March 25, at the Rio High School. We're very excited to finally be back in person, and we have some great topics, from growing food every-

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where, to hands-on sessions making seed tapes and propagating houseplants. There are over 20 breakout sessions, so I think there is something for every gardener. See <u>https://</u> <u>columbia.extension.wisc.edu/</u> <u>master-gardener</u> for more information on registering.

At our January Executive Board meeting we brainstormed ways to publicize our organization. LuAnn is working on creating a new Facebook presence, as the previous one is no longer accessible. Look for more info on that. I would love for all of you who are Facebook users to "Like" the page, and submit photos of your activities so people can see what we are doing in the community.

Be sure to sign up for the February and March leader trainings. Both are important to our lives here in Columbia County. Thanks for inviting others to these meetings, and to join HCE!

Becky Gutzman CCAHCE President



SAVE THE DATE/ UPCOMING EVENTS

<u>Feb. 7</u>, Leader Training, ADRC Rms. 2 & 3, 1:30-3:30

<u>Mar. 7</u>, Leader Training, ADRC Rms. 2 & 3, 1:00-3:00

Mar. 21, Executive Board meeting, 9:30 a.m., ADRC Rms. 2 & 3

Mar. 25, Let's Get Green & Growing

View forms, newsletters, and WAHCE information at: https://wahceinc.org/ wahce-counties/

March Leader Training

"Technology and its Impact on the Health of Families" Dr. Kevin Blau and Cheryl Hoksch will address the effects of technology on health, including emotional and social health.

March 7, 1:00-3:00 p.m. (note that there is an earlier start to this leader training) ADRC Rooms 2 & 3 RSVP to: Donna Kohnke (920) 210-5037 kohnke@centurytel.net OR Kim Sweney (513) 869-1814 kimsweney@gmail.com

Scholarships

This year we have increased our scholarships to \$1,000. Scholarships will be awarded to two graduating high school seniors. Applicants must be a relative of a CCAHCE member <u>or</u> a major in family living education, culinary arts, horticulture, agriculture, interior design, or fashion design. Application materials may be downloaded and printed from: <u>https://wahceinc.org/</u> <u>columbia-county-hce/</u>. The application deadline is April 1, 2023.

—Dorothy Neitzel

Cultural Arts

Enclosed with this newsletter is the list of cultural arts categories to enter into the cultural arts contest at Rendezvous on April 25. A registration form will be in the March newsletter. As well as Rendezvous information.

2023 State Conference

The Southwest District will be

hosting the 2023 State Conference at the Wintergreen Conference Center in Wisconsin Dells September 18-20. Come and renew your friendships at the 2023 WAHCE Conference.

CCAHCE Facebook Group

When I worked in the Extension office, I started a Facebook page for CCAHCE. But, it is now defunct, and I can't figure out how to get rid of it! So... I started a new group called "Columbia County Home & Community Education." This is the link: https:// www.facebook.com/ groups/730706045019792

Try posting to this group and see what happens! With some trial and error, I hope we can make this a useful site to share pictures and activities.

-LuAnn Olson

