

MAY 2023 GOLDNOTES

University of Wisconsin-Madison Division of Extension Sheboygan County
Sheboygan County Office, 5 University Drive, Sheboygan, WI 53081 - 459-5900



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Sheboygan County Association for Home & Community Education - March Goldnotes - "New Way of Living with HCE"

Hello HCE Members,

HCE had a whirlwind of HCE activity these past months with a very good representation of HCE members in attendance. I saw in action the good teamwork HCE members do when it was essential to get the work done on a timeline. **Kudos!**

The Southeast District conference and Rally Day were huge successes thanks to all who participated and/or helped in their own way. HCE is taking beautiful Cultural and Textile Arts to the HCE State Conference thanks to all the hard work done by the Cultural Arts committee. A very nice show!

We have upcoming fun summer events! Looking to see all of you along with your prospective HCE friends for our trip to Manitowoc's Rahr West Museum and West of the Lake Gardens. Vice President for Programming, Joyce Smies, put an awesome trip together. The traditional Sheboygan County Fair is right around the corner and we are still in need to fill spots at our HCE Fair Booth. We need more members; what a fun way to get them!

Make sure you indulge yourself at the HCE State Conference in WI Dells. Do something nice for yourself and we will have a good time!

The Jeanie Hlinak first full timer scholarship for \$250.00 is still available. It will be selected at the HCE conference. For your information, the Betty Hilbert & Ardith McDowells scholarship are no longer available as they had run out of monies.

These last paragraphs are taken from the last Goldnotes and they are repeated because of how important they are!

- ◆ Individual members and clubs, utilize this newsletter for your HCE communications. Put your activities in it so we can all see the neat things members are doing.
- ◆ For our HCE organization to have a fulfilling & positive experience this year for all, your in-kind contributions are crucial! Please keep track of your volunteer hours at Camo Quilt, our community outreach project.
- ◆ We are also looking for new county officers and Cultural Arts committee people in 2024. We need a Secretary and Treasurer.
- ◆ As your President, I am requesting your help. Give some serious thought about it; you will not walk alone.

I look forward to working and hearing from each of you.

Yours in HCE,

Kathi Bonde - 920-946-7503, phone, text or email
kathibonde@gmail.com
HCE County President



Upcoming EVENTS

MARK YOUR CALENDAR

Monday - July 10 - 1:00 PM

Executive Board Meeting
Extension Room 5024

Wednesday - July 12- 10:00 AM

Rahr West Art Museum Tour

Thursday, August 31 - Friday,

September 4

Sheboygan County Fair Booth

Thursday - September 7- 11:30 AM

HCE Book Club
Pizza Ranch, Sheboygan

Monday - September 11- 3:00 PM

Executive Board Meeting
Extension Room 5024

Monday - September 11- 6:00 PM

Island of Philippines and its Culture
Extension Room 5020/5022

**Monday - September 18 - Wednesday,
September 20**

State Conference, Wisconsin Dells

2023 Sheboygan County Association for Home & Community Education Officers

Kathi Bonde
President

Joyce Smies
Vice President (Program)

Myra Eischen
Secretary

Julie Boedecker
Treasurer

*Newsletter Edited By:
Kathi Bonde*

Thank you for all of your help.

Extension e-mail addresses:

tammy.zorn@wisc.edu

Scholarship

Lori Hlinak, WAHCE Marketing Chair, has created a scholarship for first timers attending the WAHCE Conference. It is the Jeanie Hlinak first timer \$250 scholarship. She said a drawing will be held at conference to select the winner from all the first timers who are attending the entire conference. No need to apply. The names of all fully-paid first timers will be put in a hat and the winner drawn.



Find us on
Facebook

Follow the **Extension Sheboygan County Facebook page.**

<https://www.facebook.com/ExtensionSheboyganCounty>

Lots of great information is being shared.

Sheboygan County HCE Webpage:

<https://sheboygan.extension.wisc.edu/home-community-education/>

WI Association HCE Webpage: www.wahceinc.org

County International Report

by Alice Walter

The next 3 years Wisconsin HCE members are encouraged to promote planting flowers to attract bees and butterflies. Plant flowers that attract bees. We need bees so we have food supplies.

At the State Conference, each county is asked to provide a shoe box filled with items for Wisconsin/Nicaragua Partners, because of space in vehicles a shoebox is suggested. I have a shoebox and will be filling it with sewing items. Joann Fabrics has coupons for 50% off. Items like stickpins, tape measure, bias tape, elastic, scissors, sewing needles are needed. I would need the items the beginning of September. Either call me 920-467-0493 or drop off at my house in Sheboygan Falls.

Family and Community Life

by Joyce Kuhlow

A BIG THANK YOU to all who submitted their forms by June 2023. I will be tallying the hours and amounts up soon.

Family and Community Life,
Joyce Kuhlow

Stiches of Love Update

by Ann Meyer

Keep it coming! Members have stepped up to donate fabric and offered their services to make hats. So far, we have upwards of 30 hats made/donated. If you are at a garage sale or estate sale, please keep us in mind. One person has volunteered to sew and several people are willing to cut out the fabric.

Thank you to all who have donated their time, talent or treasure.

Ann

HCE Book Club News - Nancy Wagner & JoAnn Gadick

Our next book we will be reading is *The Spirit Catches You and You Fall Down; a Hmong child, her American doctors and the collision of two cultures* by Anne Fadiman.

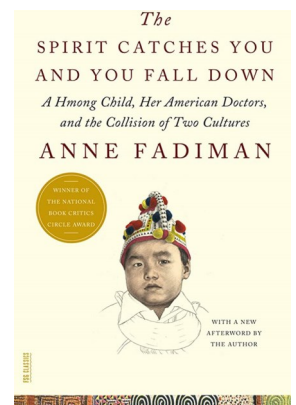
The story explores the clash between a small country hospital in California and a refugee family from Laos over the care of Lia Lee, a Hmong child diagnosed with severe epilepsy. Lia's parents and her doctors both wanted what was best for Lia, but lack of understanding between them led to tragedy. The book explores issues of culture, immigration, medicine, and the war in Laos.

If you would like to join us and don't have access to a book please call or email Nancy Wagner at (920) 565-3668 or nwagner7290@yahoo.com by the end of July so she can order a book for you.

We will be meeting at *Pizza Ranch*, located 3518 Kohler Memorial Drive on Thursday, September 7 at 11:30 a.m. Please pay for your lunch as you come in. We ask that each of you think of a couple of questions for the discussion of the book.

If anyone wishes to join the discussions we are always happy to have additional participants. We always welcome suggestions for future book when we meet.

Hope to see you there!





Membership certificate given out at Rally Day from left to right: Alice Walter, Sharon Even, Joyce Smies, Kay Keyes, Peggy Watson, Ann, Meyer, Audrey Voskuil

My Perspective on State Conference

by Joyce Smies

Last year I attended the state conference in Onalaska. This was the first time I attended the full conference. My first impression at the opening dinner with 250 in attendance was "What a bunch of old ladies!" (Now I am acknowledging I include myself in the demographic "old lady".) Each day I attended sectionals that were of interest to me and enjoyed getting acquainted with women from other counties in Wisconsin. I was impressed with the professionalism of each of the presenters. They were experts in their field. Each evening meal was followed by entertainment. By the last day of the conference my impression changed to "All these old ladies are still involved in learning and have a desire to serve others." What a blessing to be part of this great demographic! And how wonderful it is to belong to Sheboygan County Association of Home and Community Education.

I am looking forward to the Conference in Wisconsin Dells in September. If you have never attended, I would encourage you to give it a try.

Summer Tour - July 12, 2023

Mark your calendars for a tour of the Rahr-West Museum and Mansion in Manitowoc. We will have a docent-led tour of the galleries that features some of the finest art in the state of Wisconsin and be guided through the historic Victorian-style mansion that was built for Joseph and Mary Vilas between 1891 and 1893. After lunch at Brix restaurant, we will enjoy a leisurely walk through the West of the Lake Gardens featuring 10 different gardens. The gardens were first planted by Ruth West, who had a passion for gardening and are now open for the public to enjoy.

There is no fee for the museum or gardens. Lunch will be ordered off the menu and will be paid for individually. Please text or email names of those planning to attend to Joyce Smies, 920-207-1878 or jsmies3@wi.rr.com by June 30.



Sheboygan County HCE

I am so grateful to Sheboygan County for all the assistance they gave to make our Spring SE District Conference a success. We did great. Please read the article that Myra has submitted. I could not say it better except....**THANK YOU TO ALL !!!!!**

Carolyn Dreier
SE Conference Coordinator



Thank You

Dear HCE Members,

It is with incredible gratitude that I thank all of you for your support and kindness over the last twenty plus years. It has been an honor and a privilege to learn from you and work with you as you planned important educational opportunities and community outreach that made such a difference for your members and the community.

Thank you for the wonderful gift card from Caan's! It is the perfect gift as the yard needs additional beautification. The plants/shrubs will be special reminders of the wonderful people that are HCE members!

Please remember the importance of practicing self-care and continuing to find ways to give back to your community that feed your soul.

With gratitude,
Jane

Member to Member Theme - Soup and Stews

Monday, October 9, 2023

Time: 6:00 pm

UW-Extension office

Franklin and Howards Grove Domestics are asking each club member and each individual member to submit at least one recipe but two would be even better. Recipes are due October 2nd to Tammy - Tammy.zorn@wisc.edu or mail to UW-Extension Sheboygan County, 5 University Drive, Sheboygan, WI 53081.

We would like each club to bring at least one of the soups or stews for Member to Member. It would be great if the larger clubs would bring two. Last year all individual members were asked to bring something for member to member. We have decided to divide the individual members into groups so that you are only asked to contribute a food item once every few years. This year we are only asking individual members with last names beginning with A thru E to bring a food for Member to Member.

Each person bringing a food item should provide small cups for serving your soup or stew. One thought is to use 8oz, Styrofoam cups since they are inexpensive and will help keep the soup hot, but feel free to use something else if you wish. You would only put a small amount in the cup, but by having a larger cup the soup won't splash out when you are carrying the tray to the table.

2023 Rally Day Cultural Arts Winners

1. Ann Meyer—Baby Lap Blanket
2. Ann Meyer—Sewing
3. Nancy Wagner—Crocheting
4. Althea Smith—Heritage Skills
5. Ann Meyer—Bed Quilt
6. Peggy Berchem—Painted Object
7. Myra Eischen—Poem
8. JoAnn Gadicke—Jewelry
9. Phyllis Nyhof—Knitting
10. Althea Smith—Constructed Original Item
11. Ann Meyer—Hand Stitching
12. Althea Smith—Photography
13. Nancy Wagner—Bonus Category

Peggy and I would like to thank all participants who had entries. Please continue to enter your crafts. This helps make our Rally Day fun and we all enjoy seeing what is made.

Thank you!

Pam Fiedler and Peggy Berchem

Help Wanted!

Did you enjoy Rally Day? Did you enjoy the Cultural Arts and Textiles show? Well, I need 3 ladies to step up and be on the committee to help me with Rally Day. Please call me at 920-207-0009 or email me at pamfiedler1960@gmail.com. If I don't get some help next year we will not have a Cultural Arts and Textile show. I can't do it all alone anymore. Please help!!!!

Sincerely,
Pam Fiedler
920-207-0009 or pamfiedler1960@gmail.com
Chairperson of Cultural Arts & Textiles

Spring SE District Meeting Summary April 19, 2023 Gold Notes Version

A HUGE thanks to everyone that helped at the SE district meeting. It was a great success, due to everyone stepping up. We can be PROUD.

I think the museum docent presentation and the tours were appreciated by the SE members.

Thanks to Carolyn Dreier who stepped up and led our team to a victory.

We had a total of 55 people show up, 15 from Sheboygan Co. We charged \$20 per person.

Food committee report: We served O.J, cranberry juice, coffee, bottled water all day. We had a variety of donated sweet breads, muffins, cream puffs, and fruit cups for breakfast as people came. We served sliced ham, German potato salad, green beans, dinner rolls, orange creamsicle salad, and assorted cookies along with the leftover breakfast sweets for lunch. We sold the leftover food. Thanks to everyone for contributing. Also, a huge thank-you to Culvers of Plymouth for donating plastic utensils for eating.

The decorations were beautiful flowering plants and fun size candy bars.

I would be remiss if I tried to thank everyone who helped because I'd miss someone. But I do want to thank Tammy Zorn who has had so many extra duties this year, but is always kind and accommodating for our group, we couldn't do it without her!

We learned at the meeting that State Conference will be in Appleton in 2024. Sheboygan Co. and Washington Co. are in charge of decorations. This will be discussed further at our meetings.

Myra Eischen, Sheboygan Co. HCE Board Secretary 4-24-23



Sheboygan County HCE Delegation to the HCE Southeast District Conference




Planning AHEAD Information

Planning AHEAD: Advance directives, Handling financial changes, Estate Planning, and Arriving at Decisions for the end of this life

Follow this link for further information and to download the participant workbook:

<https://aging.extension.wisc.edu/programs/planning-ahead/>

	<p><u>Planning AHEAD</u></p> <p>What is Planning AHEAD? Planning AHEAD is an end-of-life planning curriculum for all ages developed by UW-Madison Division of Extension faculty and staff.</p> <p>aging.extension.wisc.edu</p>
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Follow this link to access the State Bar of Wisconsin in order to get referrals to attorneys who specialize in particular areas including estate planning:

<https://www.wisbar.org/Pages/default.aspx>

	<p><u>Home</u></p> <p>The State Bar of Wisconsin is a professional association dedicated to improving the administration of justice and the delivery of legal services, and to promoting the interests of Wisconsin lawyers.</p> <p>www.wisbar.org</p>
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Click on "For the Public" tab and "I Need a Lawyer". You can also call the free toll-free number at 1-800-362-9082. There is also a wide variety of other information on legal issues.

Fair Booth Sign Up

Thursday August 31 - September 4, 2023!
Many hands make light work.

2023 Fair Booth Schedule August 31 - September 4
Call Kathi to sign up 920-946-7503

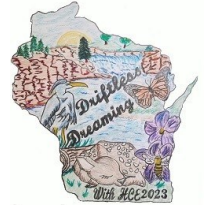
Thursday 12 -2	Julie Boedecker	Saturday 4-6	Joyce Kuhlow
Thursday 2-4	Ruth Hering	Saturday 6-8	
Thursday 4-6	Althea Smith	Saturday 8-close	
Thursday 6-8	Joyce Smies	Sunday 10-12	Alice Walter—NO PASS
Thursday 8-close	Carolyn Dreier	Sunday 12-2	
Friday 10-12	Sharon Claerbout	Sunday 2-4	JoAnn Gadicke & Janet Graf
Friday 12-2	Myra Eischen	Sunday 4-6	Joyce Hameister
Friday 2-4	Audrey & Marilyn Voskuil	Sunday 6-8	
Friday 4-6	Carolyn Dreier	Sunday 8-close	
Friday 6-8	Judy Diener	Monday 10-12	Nancy Wagner & Peggy Watson
Friday 8-close		Monday 12-2	Alice Walter—NO PASS
Saturday 10-12	Judy Diener	Monday 2-4	
Saturday 12-2	Phyllis Nyhof	Monday 4-6	Joyce Smies
Saturday 2-4	Ellen McNeese		

PLEASE NOTE ONLY ONE COMPLIMENTARY PASS PER TIME SLOT!

2023 WAHCE Conference Info

"Driftless Dreaming with HCE"

The Southwest District will be hosting the 2023 State Conference at the Wintergreen Conference Center in Wisconsin Dells September 18th -20th . We have a nice array of sessions lined up. There is an assortment of tours to choose from. Come and renew your friendships at the 2023 WAHCE Conference.



Hotel Information:

Clarion Hotel & Suites and Wintergreen Conference Center is located in Wisconsin Dells, Wisconsin, just off Interstate 90-94 in Lake Delton next to the Outlets at the Dells. Please make your own room reservations. There are rooms reserved for Sunday September 17, if you wish to arrive that day. There are more rooms reserved for Monday and Tuesday, September 18th and September 19th .

Room rates will vary from \$75 per night for a single, \$85 per night for a double, \$90 for a triple, and \$95 for a quad. A tax of 12.25%(subject to change) will be added until a tax exemption is provided. A credit card will hold your room and a 24 hour cancellation applies. Room types are double queens, double queens with a sofa, king with a pullout couch, king whirlpool with a pullout couch, and single kings. Room check-in time is 4:00 PM and check-out time is 11:00 AM. Deadline for room reservations is August 27th, 2023.

Contact:

Clarion Hotel & Suites and Wintergreen Conference Center, 60 Gasser Rd, Wisconsin Dells, Wisconsin 53965. Call 1-800-648-4765, press 1 to reserve and ask for the WAHCE Annual Conference Block. Details and Registration for our 2023 WAHCE Conference will be in the May Issue of UPDATE or on the website www.wahceinc.org after May 1, 2023.

Questions, please call or email:

Shirley Steinhorst, Chair at 1-608-477-0875 or shirleysteinhorst@yahoo.com.
Donna Kohnke, Co-chair at 1-920-210-5037 or kohnke@centurytel.net

HCE AWARD BOOKS

Here is your time to get monetary awards for our club and/or county!

You can document your project as the year goes along.

Awards are:

1. County Club Community Services

2. Stitches of Love

3. Services of Love

4. Education

Go to the WAHCE website at: www.wahceinc.org/awards-other-forms to get the specified format and directions for your submissions. Award Books are required to be postmarked August, 1, 2023 to be eligible for consideration for the HCE State Conference. It is very good recognition for your club and county at the State Conference. Sheboygan HCE - Show your stuff!

If I can be of support, please let me know! kathibonde@gmail.com 920-946-7503.

2024 WAHCE State Conference

As you may know the HCE Southeast District oversees hosting the 2024 State Conference.

It will be held September 8 - 11 ,2024 at the Hilton Garden Inn in Appleton. (Formerly Paper Valley Hotel on College Avenue.)

We will have a Southeast District together at the 2023 HCE Conference to confer more about the conference.

Southeast District will also do a skit presentation at the 2023 HCE Conference to invite them to our 2024 HCE State conference.

The theme for the 2024 HCE Conference is "Experience the Magic of HCE". It is the birthplace of Harry Houdini.

If you are aware of any good programs/sessions which are 90 minutes in length that would be of interest, please let me know.

Sheboygan County manages Hostess's for Workshops. Let me hear from you!

We really need your experience, ideas, and volunteerism to make this a Gracious & Hospitable Conference.

More information will be coming in future Goldnotes.

Kathi Bonde

Marketing & Membership

It's good for your Health and Happiness

You meet new friends and contacts

You learn new skills. It opens your eyes to the world.

It is good for the community

You can follow your interests

You can build up your experiences

You learn how to win encounters

You can contribute through volunteering and being a service to others.

It is good for your country and world.

Kathi Bonde - Taken partly from the May 2023 "Update"

**Sheboygan Co. HCE
April 10, 2023 Board Mtg.**

DRAFT

President Kathi Bonde started the meeting at 3:35 pm with Association creed led by Marilyn Voskuil.

Roll call- present: Kathi Bonde, Joyce Smies, Joyce Kuhlow, Alice Walter, Myra Eischen, Julie Boedecker Pam Fiedler, Althea Smith, Marilyn Voskuil, Joan Walvoord, Kay Keyes, Joanne Schroeder, Nancy Wagner, Guest; Carolyn Dreier, absent: Peggy Berchem, Ann Meyer, Janette Higley, Sharon Even

Treasures report read and approved.

Committee Reports:

Cultural Arts- only 2 entries turned in for Rally Day so far, several at meeting said they will be sending in.

Stitches of Love- stitches of love will start up again after Easter. More volunteers wanted.

Family and Community Life- remember to send volunteer hours to Joyce Kuhlow by June 1. Encouraged attendance of the County Outreach Project – Camo Quilts.

WI Bookworms- nothing new to report- suggested possibility of trying for a state award because our county has been doing bookworms all 25 years.

International- Alice took gardening, cooking, and sewing supplies to Appleton for Nicaragua

Marketing/Membership- keep trying to invite new people to join or even to come try us out at a meeting

Programing- A tentative list of programs was discussed-will have more a later time.

HCE Executive Board: wrote short synopsis of report to Secretary and also elaborate their report in next Goldnotes.

Rally Day will be May 17 at Chris & Sue's. Bring any monetary or gift certificate donations for Camo Quilts. Remember to send in your form for membership certifications by April 21 to UWEX. Reservations are due by May 3.

Member to Member- theme will be Soups/Stews. Committee will verify that there are enough electrical outlets to have a hot theme. Oct. 9

Fair Booth- sign up sheet went around- will bring to rally day as well for sign up.

Spring SE District- we finalized all the plans and made sure everyone knew what to expect. Set-up will be at the Historical Museum on Tuesday April 18, 2:30p.m. We hope to have most everything ready besides food when we leave that day. We can arrive on Wed. by 8am. It was decided to give the museum \$100 for their hospitality. Carolyn asked us to RESPECT our privilege to be allowed to be there and clean up after ourselves. There will be a booth with marketing items. Donated food products must be labeled with HCE. Tentative 54 HCE members are coming with 15 HCE members coming from Sheboygan!

WAHCE Annual Conference September 18-22. Wisconsin Dells. Kathi has room for 2 people in her car and room. Kathi will also pick up the cultural arts entries at UWEX and bring them to State HCE Conference.

July tour- we will meet at the Rahr West art museum (Docent led) in Manitowoc at 10am on July 12, then go to Brix for gourmet burgers, and on to West of the Lake Gardens. They will likely have donation boxes at both tour sites. Food will be pay your own, please consider bringing a friend. Reservations due to Joyce Smies, VP Programming by June 27.

Gold Notes- Notes in by May 22, proofreading on May 24.

July Board Meeting July 10 1pm at UWEX

Budget- a tentative budget was discussed and will keep improving it/first draft.
The storage room was cleaned and some items were available to anyone who wants them.

Association prayer was led by Joan Walvoord

Meeting adjourned by President Kathi Bonde at 5:27 pm

Myra Eischen, Secretary

HCE MEMBER CONTRIBUTION REPORT FOR JUNE 2023 THRU MAY 2024 (See reverse side for directions)

Club member's Name:

County:

Club:

Event: Time spent in hours	June	July	August	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	March	April	May	Total Hours
County HCE Executive Board Meetings													
County HCE Spring Event													
County HCE Fall Event													
County HCE Educational Sessions													
HCE Club Meetings													
HCE District Meetings													
HCE State Meetings													
Event: Total Hours													
Fundraising Activities: Time spent	June	July	August	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	March	April	May	Total Hours
Fundraising Activities Total Hours													
Community Outreach: Time Spent	June	July	August	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	March	April	May	Total Hours
Wisconsin Bookworms Reading Program													
Community Outreach Total Hours													
Donations: Estimated \$ value	June	July	August	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	March	April	May	Total Value
Donations: Total Estimated \$ Value													

PLEASE KEEP TRACK OF ALL YOUR CONTRIBUTIONS STARTING NOW.