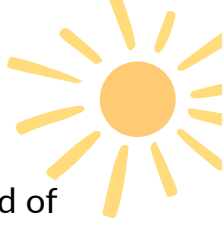


JULY 2023

# CROSSE COUNTY NEWS



# PRESIDENTS MESSAGE



On May 17th, Sheryl Smith, Linda Gillmeister and I drove to Stevens Point, WI with a load of material, sewing items, two wedding dresses and a woman's formal suit to deliver them to the Wisconsin/Nicaragua Partners of the Americas warehouse. We got a tour of the facility, helped other volunteers load boxes of donated items into Gaylords for shipment, attended their quarterly meeting and listened to a speaker who had spent the last 30 years serving the people of Nicaragua, Honduras and Ecuador as a teacher and advocate. Then we all shared lunch with other volunteers and got to better know one another.

Partners of the Americas was founded in 1964 and is the 'people to people component of President John F. Kennedy's Alliance for Progress, a program of governmental cooperation in the Western Hemisphere. It plays a vital role in making humanitarian efforts possible.'\*

WAHCE has had a close working relationship with W/NP for many years, providing material and sewing machines to Sewing Centers so women in the villages can support themselves and their families by making doll clothing and other beautifully sewn articles which are then sold. It is called the Chica Nica Project.

WAHCE also provides educational materials for the Learning Centers. 'Each Learning Center is autonomous with organization and management by the women of the communities. Class subjects are in response to requests from community members. Classes are designed to include skill-building, personal dignity and self-sufficiency, with a focus on employment for rural women.'\* W/NP recently expanded its reach to Ghana in Africa by collecting used bicycles and bicycle parts. Pallets of bicycles were at the Stevens Point warehouse ready for shipment when we were there. It was an amazing day!

Laura Ira, our LAHCE Cultural Arts Chair, and her sister, Bev, are planning a move to Arizona. Laura sold her home as soon as she put a sign in her yard, so it has been a busy, busy time for them packing up and looking for a new home in Arizona. We will miss you so much! That also means that there will be an opening for Cultural Arts Chair on the LAHCE Board. If you are interested, please contact me or Sheryl Smith.

I hope you have placed our Fun Day on your calendar! July 17th, noon at the Holland Town Hall. I have my flowers planted and my windows washed, so I am ready for summer! Looking forward to a visit from my brother, George, and sister-in-law, Sheri, who have hosted me in their winter home near Phoenix twice; a family vacation at a VRBO in Phillips, WI; and a new great-grandson due in June, so he will have been born by the time you get this newsletter! So excited!

Wishing you all the best...

Cathy Onsager LAHCE County President

\*Excerpt from the Wisconsin/Nicaragua Partners of the Americas booklet





## MEMBERSHIP REPORT

Summer is half over and it has truly been hot! The beautiful green grass we had is now a lot of dead grass and healthy weeds. But, I am not worried, it's amazing what you can do with black dirt, fertilizer, and grass seed.

As of yet, we have not had any new people join us and lost 2 with Laura Ira and Beverly Berg moving to Arizona. Sheryl and I are going to be putting ideas together to find new ways to get the word out about HCE. We will be finding business establishments where we can put our flyers and information with the hopes of finding people who are looking for a way to care for their homes, help out in their communities, and share the educational experiences. If anyone has any suggestions, we would welcome them.

I hope you all enjoy the rest of your summer.

Linda Gillmeister

## CULTURAL ARTS REPORT

Since Laura is busy getting ready to move to Arizona to start her new life, I am writing a short report. Cultural Arts competition was held at our spring meeting, items were judged by Deb Herrmann and Angie Vondrashek. All items will be taken to the state conference for judging. Entries are as follows: Fictional short story, "Missing Man Flyover" by Patricia McKnight, Photography, Sydney, Australia Opera House, Sydney Night Skyline, and Person Playing Didgeridoo submitted by Sylvia Finch, "Couch Potatoes plastic canvas remote holder, Linda Gillmeister, Crocheted dog, Dusty Rose by Linda Gillmeister, Batik table runner and tote bag submitted by Sheryl Smith, and Bonus category, Beehive by Sheryl Smith. The best of show award went to Linda Gillmeister for her crocheted dog.

We all wish Laura good luck in her endeavor, and will miss her greatly as a member. If anyone is interested in being cultural arts chair, please let Cathy know.

Sheryl Smith



## EDITOR'S REPORT

As the summer sails by, I am recalling last year when I was busy with all the final preparations for the state conference. It will be nice to just attend this year and enjoy the workshops and friendships made. I hope some of our county members can attend, it is well worth it.

I have just returned from a cruise to Alaska, something I have had on my bucket list for years. I decided I should have emptied this out of the bucket when I was younger and could get around better. This trip required a lot of walking, even while on the ship. Fortunately, my husband and I had both gotten canes to use which helped somewhat. The sights we saw were amazing and I have lots of pictures to document it. Now back to realty!

We have some great activities coming up in the next couple months, with fun day, a trip, conference, West District Meeting and our fall meeting so watch for the upcoming announcements in this newsletter and in future emails and newsletters.

Sheryl Smith



## INTERNATIONAL REPORT

Two other organizations under International are CWC and NVON. CWC-Country Women Council. This organization gives the \$500 Ruth Buxton Sayre scholarship each year to a woman resident of the USA in need of help to further their education. Ruth Sayre was known as the "First Lady of the Farm" and inspired millions of rural women around the world to improve themselves by organizing them for college extension classes. She served as ACWW President from 1947 - 1953. The UN Zero Hunger Project was sponsored by CWC. A project to teach women on organic farming and gave them the seeds that was adaptable to their area.

NVON-This is a USA Organization. Started in 1994, has over 31,000 members in 9 states.

Their impact is education and workshops. They do 3 year projects such as our recent Pollinators Feed the World. Others have been-Water Around the World, raising funds to help supply water filters to those in need. Clothe a Child, sent clothing, school supplies and other necessities to Indian Reservations. Dare to be Healthy-education on women's health in communities, states, and the world.

All these projects to help women help themselves to a better life.

Leah Bork, International Chair



## FUN DAY

Monday, July 17, 2023  
12:00 Noon  
Holland Town Hall

Please bring: Dish to pass  
\$5.00 wrapped bingo prize  
Non-perishable food for local food pantry

Plates, cups, and tableware will be provided

Hope to see you there, and please bring a friend if you would like.

Nancy and Leann

Reminder: McHugh Road is closed from Holmen Drive to the high school. An alternate route would be to take Highway 53 to the McHugh exit.



## LAHCE TRIP 2023

Thursday, August 17, 2023

Destination: Norskedalen Nature and Heritage Center

We will meet at the Park and Ride at Valley View Mall across from WWBIC (Penny's end) at 10:30 AM and carpool. We will travel to Stock Yard Grill and Saloon in Coon Valley for lunch at 11:30.

We will arrive at Norskedalen at 1:00 PM and proceed to the Visitor Center where we will watch the welcome video and explore exhibits. Once done, we will go on a guided tour, there will be a shuttle for those with mobility issues. Once done with the tour, we can return to the Visitor Shop and check out the gift shop or just leave for home.

The cost is \$10 per person plus everyone will pay for their own lunch. Please RSVP to me by July 24th so I can let them know how many are attending. I can collect the money that day or you can pay me in advance.

Sheryl

I do have to sign a contract and provide a credit card in case there are any damages to premises. Payment is non-refundable.



# 2023 HCE West District Fall Meeting

**Monday, October 9th, 2023**  
**Trinity Lutheran Church**  
**201 N West Street, Loyal, WI 54446**

- 9:30** Registration, coffee, refreshments
- 10:00** Welcome, Clark County HCE President Lois Becker
- 10:10** Speaker, Debbie Gries, Clark County HCE member

*Debbie will share her unforgettable travels to South Africa, Zimbabwe, and Botswana. Enjoy the delicate beauty of impala, the power of lions, massiveness of elephants, and the majestic Victoria Falls. We will visit Soweto Township in Johannesburg, home to Nelson Mandela and the epicenter of the apartheid, and a typical school and home in Zimbabwe. A long way from Wisconsin.*

- 11:15** Short break  
Business meeting, Mary Ann Bays, West District Director
- 12:15** Lunch
- 1:00** Entertainment  
Dennis Sischo and friend, on guitar and mandolin.
- 1:45** Committee Reports
- 2:00** Summary, Invitation to West District Spring Meeting

**Registration Form**  
**HCE West District Fall Meeting**  
**Registration Deadline: September 25, 2023**

Name(s) \_\_\_\_\_

County \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Please send registration form and registration fee  
(\$12 per person, checks made payable to Clark County HCE) to:

Lois Becker  
N8094 County Rd K  
Loyal, WI 54456

If you have any questions, please contact Lois at 715-255-8307 (home) or 715-255-2658 (cell)  
or email [beckjl46@gmail.com](mailto:beckjl46@gmail.com)

# Extension Office Support

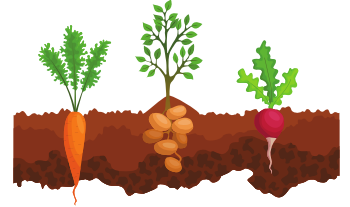
## ADULT WORKSHOP - FOODWISE COOKING IDEAS

Date: Monday, July 24th, 2023

Time: 4-4:30PM

Location: Kane Street Community Garden

Cost: FREE



Karie from FoodWise, Extension La Crosse County, will demonstrate a recipe using ingredients from the garden right where the distribution is held.

[Kane Street Garden - Event Page](#)



## PRESSURE CANNER TESTING

Date: Monday - Friday

Time: 8am - 4:30pm

Location: Extension La Crosse County, 212 6th Street North, Suite 2200

La Crosse, WI 54630

Cost: FREE



Don't forget to have the dial gauge on your pressure canner tested. It is recommended to have this gauge tested every year.

Extension La Crosse County can test your pressure canner on-site or we offer a list of [canning resources](#) where you can learn about where to have your canner tested.

**COOPERATIVE EXTENSION SERVICE**  
**United States Department of Agriculture**  
**University of Wisconsin-Extension**  
**La Crosse County Offices**  
**212 North 6th Street**  
**La Crosse, WI 54601**



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**SUMMER**



**Extension**  
UNIVERSITY OF WISCONSIN-MADISON  
LA CROSSE COUNTY



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UNIVERSITY OF WISCONSIN-EXTENSION, U.S. DEPARTMENT OF AGRICULTURE AND WISCONSIN COUNTIES COOPERATING. UW-EXTENSION PROVIDES EQUAL OPPORTUNITIES IN EMPLOYMENT AND PROGRAMMING, INCLUDING TITLE VI, TITLE VI, TITLE IX, THE AMERICANS WITH DISABILITIES ACT (ADA) AND SECTION 504 OF THE REHABILITATION ACT REQUIREMENTS. FOR COMMUNICATIVE ACCOMMODATIONS IN LANGUAGES OTHER THAN ENGLISH, PLEASE CONTACT [LANGUAGEACCESS@CES.UWEX.EDU](mailto:LANGUAGEACCESS@CES.UWEX.EDU)