

HCE CONNECTION

Wood County

Home and Community Education

August 2023



Dear fellow HCE Members,

Here we are almost to the end of the “Dog Days” of summer. I always thought the expression “dog days” meant that the weather was so hot that it wasn’t fit for a dog. Well, I looked up “dog days of summer” and I found out that I was wrong! According to the Farmer’s Almanac, this expression came from the stars! The phrase is a reference to Sirius, the Dog Star. On July 23, Sirius is so bright that the ancient Romans believed that it actually gave off heat and added to the Sun’s warmth, accounting for the long stretch of hot weather. Thus, the term “dog days” referred to the 20 days before and 20 days after the July 23rd alignment of Sirius with the sun! How interesting is that? Of course, we now know that our hot days of summer are due to the tilt of the earth and the sun’s direct rays hitting us for longer periods of time during the day in our hemisphere.

It is because of these “dog days” that we reap the bountiful goodness of our gardens – even if we do need to help Mother Nature a bit more than usual with the watering of our vegetables, fruits, and flowers this year! So, let’s enjoy the last of our “dog days” of summer; and then look forward to our many HCE events that we have planned for fall that are right around the corner. Please take note of our fall events in this month’s edition of Connections:

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Flyers Enclosed:

- October Craft Day
- HCE Wood County Fall Kick-Off Registration Form
- Financial Exploitation
- Planning Ahead
- 2024 Membership Registration Form

Wisconsin Bookworms Donation Request

Fundraising efforts for Wisconsin Bookworms is under way for the current school year. Once again, Wood County HCE members who are able, are asked to support this worthy cause by purchasing a set of books for the 2023—2024 school year. Each set contains eight books at a cost of \$25.00.

- W** is for **Wisconsin Bookworms**
- I** is for **Interest**. I'm interested in all kinds of books.
- G** is for **Good**. Be a good listener when someone reads to you.
- G** is for **Great**. Books can be great friends.
- L** is for **Love**. I love to read.
- Y** is for **You**. I love all of you!

Submitted by: Faith Kettner Wausau, Wisconsin

To make a donation, make check payable to **Wood County HCE** and mail to:

Wood County HCE
c/o Christine Goodness
1194 Kimball Avenue
Nekoosa WI 54457-1556

You can purchase a set of books in honor of someone. We will send them a notice of your donation. Include your name and the name and address of the person you are honoring.

A notice of your donation will be sent to them.



YES! I would love to support the Wisconsin Bookworms project by purchasing a set of books for the 2023—2024 school year. I have enclosed payment of \$25.00.

Name: _____

In Honor Of: _____

Address: _____

Phone Number: _____



**Wood County
Association For Home & Community Education
Officers & Coordinators**

Name	E-Mail	Position	Telephone
Carol Grorich	grorichf@tds.net	Marketing	(715)884-6598
Connie Eisch	ceisch@boku.net	Treasurer	(715)325-3255
Pat Klein	klein145071@gmail.com	Club 51 President	(715)886-3665
		Scholarship	(715)886-3665
Agnes Langeberg	langberg@wctc.net	Rudolph Pines President	(715)424-1517
Jackie Carattini	jackie.carattini@wisc.edu	Family Living Educator	(715)421-8437
Jim & Diane Nickel	denickel@solarus.biz	International	(715)886-4230
Sandra Oleson	roleson@wctc.net	Family & Community Outreach	(715)886-3219
Christine Goodness	acgoodness@yahoo.com	Wisconsin Bookworms	(715)886-5294
Denise Mancl	deedeemancl@gmail.com	Membership	(715)886-5727
		Cultural Arts	(715)886-5727
Peggy Wettstein	dpwettstein@wctc.net	Scholarship	(715)886-5518
		Wood County President	(715)886-5518
Linda Hobbs	clhobb@wctc.net	Secretary	(715)435-3267
Linda Reber	preber7593@solarus.net	Historian	(715)421-9668
		Scholarship	(715)421-9668

No E-mail:

Judy Steinert 402 North Section Street Nekoosa WI 54457-1556	Family & Community Outreach	(715)886-4165
Linda O'Donnell 5096 Creamery Road Nekoosa WI 54457-1556	Program	(715)886-3351
Nicole Mancl 2503 County Road G Nekoosa WI 54457-1556	Cultural Arts	(715)451-8151

Club News

Rudolph Pines HCE Meeting Minutes

March 26, 2023

President Agnes Langeberg called the meeting to order at 12:10 with the Homemakers Creed. The meeting was held at Agnes's home. Present were Agnes Langeberg, Linda Reber, Marilyn Cournoyer, Clara Grosskruetz and Linda Hobbs. Nicki Jarosinski attended by phone.

Secretary Report: Linda Hobbs read the minutes from the 2/13/2023 meeting. The minutes were approved.

No Treasurer's report was given. Pennies for Friendship were collected.

Old Business:

Rudolph Pines will be hosting County Day May 2, 2023. We will start at 7:30 AM at the American Legion Hall. All previous notes on food, decorating, and who was doing what, was read and verified. It was decided that we would order extra plates, silverware and etc. for future events, since the food cost would be less this time. All bills are to be turned into Connie Eisch for the day.

New Business:

Be sure to complete your cultural arts application and send to Denise Mancl by the deadline, for County Day.

Agnes and Clara reported on attending Craft Day at the Library.

April 17th is the deadline for the next HCE Connection articles.

Volunteer hours are to be completed and sent to Mary Thomas.

Our yearly county dues will be collected at Fall Kick-off by Ardell Mueller and turned into the County Treasurer.

The meeting was adjourned at 1:50 with the Homemakers Prayer.

Respectfully submitted, Linda Hobbs Secretary

WOOD COUNTY HCE BOARD OF DIRECTORS MEETING MINUTES

May 12, 2023

The meeting was called to order at 9:10 AM, at the Lester Nekoosa Library by President Peggy Wettstein, with the Pledge of Allegiance and the Homemakers Creed. Attending the meeting were Peggy Wettstein, Linda Hobbs, Sandra Oleson, Linda O'Donnell, Pat Klein, Denise Mancl, Linda Gentry, Darlene Schumacher and Agnes Langeberg.

Secretary Report: Linda Hobbs read the meeting minutes from County Day May 2, 2023. The minutes were approved by Darlene Schumacher and seconded by Denise Mancl .

Treasurer's Report: A written report was submitted by Treasurer Connie Eisch. The report was put on file.

Old Business:

HCE Connection articles are due today to Jim and Diane Nichols for the June issue.

President Peggy asked for feedback on the previous three lessons in regard to attendance. It was decided that Craft and Cooking Lessons had more people attending.

Jackie is looking into the legality of sharing recipes for the December Lesson on No Bake Holiday Recipes.

County Day was discussed, everyone enjoyed the lunch, Basket Raffle, Book Sale and the Cultural Arts entries.

The lesson on Plants to Support Pollinators was interesting.

Committee Reports:

Book Worms: Christine Goodness has ordered the books for this year.

Membership: Denise Mancl is submitting articles to the City Times and Pittsville Record about our activities, including the Brat Fry for scholarship funds, at the Nekoosa Piggly Wiggly on May 24, 2023.

Cultural Arts: Denise reported on planning for a Craft Lesson in the fall and possible projects.

State Conference: Darlene Schumacher is in charge of Cultural Arts. She would like help making fabric flowers for the quilt display. She wants flat white sheets to cover folding banquet tables to display pictures and etc. at the Conference.

New Business:

Use the updated Registration form for State Conference that was passed out at County Day, with the corrections. Wood County needs a new display board, the old one disappeared. We need 2 bulletin boards about 3' long and hinged together. Possibly Jim might put them together.

Bring small items to fill a shoe box for Nicaragua, at Fall Kick Off.

We need an international basket with items from Wood County for the Conference.

Darlene needs donated items for the Cultural Arts Raffle for funds, at the Conference.

Fall Kick-Off will be September 12, at the Lester Nekoosa Library, hosted by Club 51.

Let Peggy know if you have any suggestions for future Lessons.

The next Board of Directors Meeting will be August 8, 2023 at the Nekoosa Library.

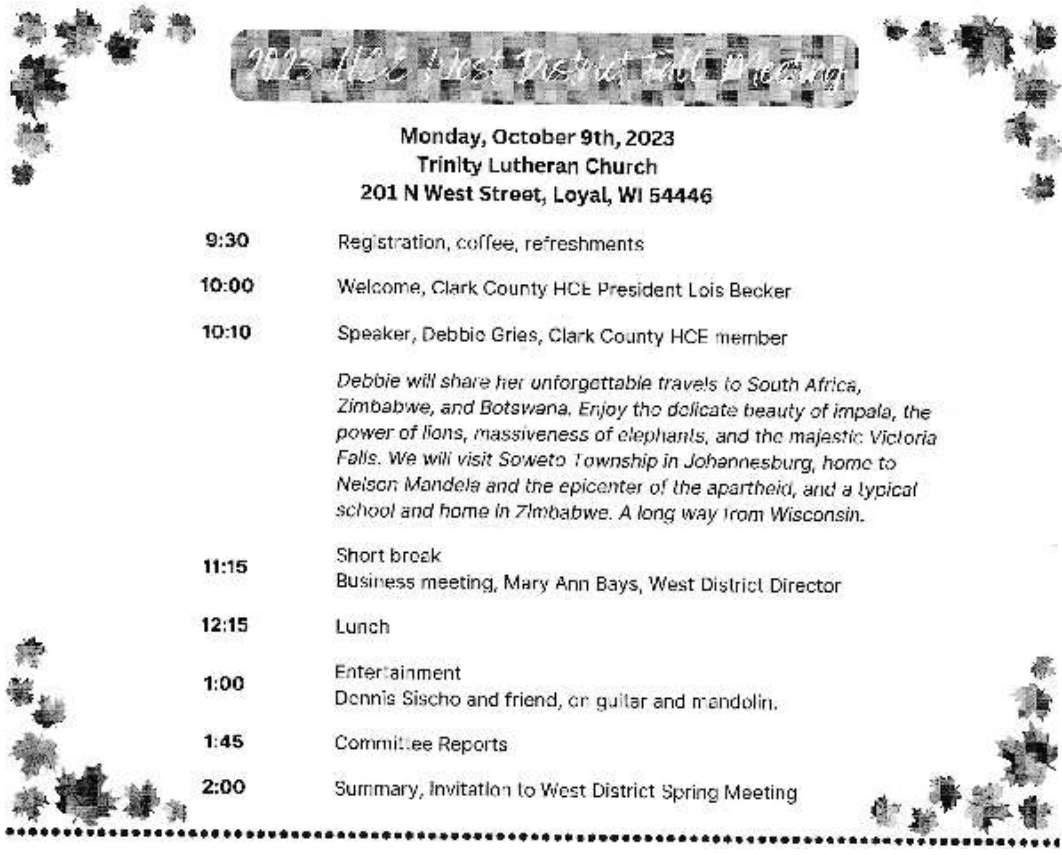
The Christmas Party will be December 5, 2023, hosted by Rudolph Pines.

President Peggy Wettstein closed the meeting with the Homemakers Prayer at 10:25.

Respectfully submitted,

Linda Hobbs Secretary

2023 West District Fall Meeting



2023 West District Fall Meeting

Monday, October 9th, 2023
Trinity Lutheran Church
201 N West Street, Loyal, WI 54446

9:30	Registration, coffee, refreshments
10:00	Welcome, Clark County HCE President Lois Becker
10:10	Speaker, Debbie Gries, Clark County HCE member
	<i>Debbie will share her unforgettable travels to South Africa, Zimbabwe, and Botswana. Enjoy the delicate beauty of impala, the power of lions, massiveness of elephants, and the majestic Victoria Falls. We will visit Soweto Township in Johannesburg, home to Nelson Mandela and the epicenter of the apartheid, and a typical school and home in Zimbabwe. A long way from Wisconsin.</i>
11:15	Short break Business meeting, Mary Ann Bays, West District Director
12:15	Lunch
1:00	Entertainment Dennis Sisco and friend, on guitar and mandolin.
1:45	Committee Reports
2:00	Summary, Invitation to West District Spring Meeting



Craft Day

Date: October 5, 2023.

Time: 1:00pm to 3:00pm

Location: McMillan
Library

All-Purpose Room

490 East Grand Avenue
Wisconsin Rapids, WI 54494



Denise Mancl



Nicole Mancl

There will be three craft classes offered.



Diamond Dot Gnome Key Chain
The cost is: \$3.00



Greeting Card
The cost is: \$4.00



Waterless Holiday Snow Globe
The cost is: \$5.00

If you are doing the Waterless Holiday Snow Globe, you will need to bring your own glass container. Wine glass, jelly jar, canning jar, etc..

See the attached flyer for the registration flyer.

Pre-registration is required. The deadline for registration is September 15, 2023.

Send to:

Denise Mancl
4860 Lynn Hill Road
Nekoosa WI 54457
(715)8865727

Wisconsin Bookworms will celebrate 25 years! Counties will be getting recognized at the State Conference this year. What a great way to celebrate an incredible reading program.

Wood County Bookworms has received the sets of books for Head Start this year. I've counted and organized the books for each month. I'm looking forward to starting the reading program. We will also be giving each child a book bag that was made by members of HCE. I'm looking volunteers to help out with reading to the children. Please let me know if you can help. We are off to a great start in promoting early childhood literacy.

Keep Reading!

Christine Goodness

(715)886-5294

Wood County Bookworm Coordinator

(Message From The President Continued)

Fall Kick-Off – Sept 12, 9 a.m., Nekoosa Library. Registration is due by Aug 31. Please consider donating a basket for our raffle and gently used books for our book sale. All proceeds support our County HCE programs.

When you attend Fall Kick-Off, please also consider bringing items that could be taken to the **State Convention Sept 18 – 20**: Products that represent Wood County such as local honey, cranberry products, paper, etc., (no raw products, please) are needed for our donation to the Silent Auction. Darlene Schumacher is also asking for any donated items that could be raffled off in the Cultural Arts area (examples of these donations could be handcrafted items). Finally, our County will be filling a shoebox with items to be donated to Nicaragua. Examples of these smaller items could be sewing notions, small baking utensils, gardening items, personal care items, hair supplies, etc. Please be generous when considering donating to these worthy causes!

October Craft Lesson – Look for the information enclosed regarding the projects you can create and get registered for the upcoming craft lesson in October. Denise and Nicole do such a great job in offering these to us!

The **West District Fall Meeting** will be Oct 9 in Loyal. Please see the enclosed itinerary for the meeting. The cost for the day is \$12 (this includes your morning refreshments and lunch). If you are interested in going, please bring \$12 in cash or check made payable to "Clark County HCE" to our Fall Kick-Off. We will send in one registration form from Wood County.

2024 WAHCE Registration Form – The old year is coming to an end and we need to renew our membership. The registration form is attached as a flyer. Please fill out the form and return to Denise Mancl before October 15, 2023.

Looking forward to a great fall of events with HCE!


Peggy Wettstein



Greetings!

I hesitate to say Happy Fall but it really is just around the corner. I hope you have been able to enjoy our beautiful summer weather. If you still have a garden or hit up one of our local farmers markets and are looking for up to date information on canning and preserving, please give us a call or check the website at:

<https://learningstore.extension.wisc.edu/collections/food-preservation-and-safety>



The Learning Store
DIVISION OF EXTENSION
UNIVERSITY OF WISCONSIN-MADISON

Food Preservation and Safety

The Learning Store offers educational media developed by UW-Madison Division of Extension researchers and staff to support healthy and financially secure families, food safety, environmental issues, agriculture and farming, and community and economic development.

learningstore.extension.wisc.edu

All the publications are free to print off. If you would like to get a hard copy, please stop by the Extension office in the Wood County Courthouse or call 715-421-8437 to request them. Remember is important to use research-based recipes to get a shelf stable product. If you have a PRESTO dial gauge canner, feel free to contact the office to have it tested for FREE. Presto recommends testing the dial gauges every year for accuracy.

I am also including a flyer this month on resources on elder abuse and fraud. Please take a moment to check out the resources to protect yourself and your loved ones. Call me at 715-421-8437 if you have any questions or you can contact Katie Miloch with Wood County Human Services directly at 715-421-4244.

Jackie

Jackie L. Carattini

Jackie L. Carattini
Associate Professor
Human Development & Relationships Extension Educator
University of Wisconsin-Madison- Division of Extension

400 Market St., P.O. Box 8095
Wisconsin Rapids, WI 54495-8095

jackie.carattini@wisc.edu

715-421-8441

715-421-8476 (FAX)

UW Madison- Division of Extension

Membership

Title: Summer fun with HCE

If you've read my previous articles, you are familiar with HCE, (Home and Community Education) formerly known as the Homemakers. We are a group dedicated to serving our members as well as our communities. Club 51 has a tradition of going on a field trip of sorts every summer. In the past, we have visited Juristic Park and Upham Mansion in Marshfield Wisconsin. Another year we went to Cold Snap Aquaponics a family-owned eco-friendly, organic farming system that grows leafy greens, vegetables, herbs, and fish. Another time we enjoyed a trip to the Rudolph Grotto.

This year we decided to see Agatha Christie's "Murder on the Orient Express" at the Pittsville Area Community Theater. (PACT).

On July 16th, nine of our members went to a matinee. PACT is a non-profit organization formed in 2003. It offers community members the opportunity to express their talents by becoming involved with the theater. In turn, we have the opportunity to see a live play! It was a wonderful experience followed by supper at the lake Dexter Drive-In. What a great way to do "Dinner and a Show"!

Many of you have joined us at the McMillan library for craft day in the past. We are planning another event on October 5th. We will feature three different crafts. The first, will be a diamond dot gnome keychain. The second will feature making your own greeting cards. And we are hoping the third craft will be a waterless holiday snow globe. Watch for more details in future articles.

If you have an interest in joining us, I encourage you to call me at 715-886-5727. Or email me at deedemancl@gmail.com

Denise Mancl
Membership Chairperson
Wood County Home and Community Education

StrongBodies Nutrition Tips

Hello!

Allow me to introduce myself. My name is Hannah Wendels and I am a FoodWise Nutrition Educator with Extension Wood County. I joined the Extension Wood County team in November of 2019 and have been loving it ever since!

In my role as a Nutrition Educator, I get to teach learners of all ages how to help them make the healthy choice the easy choice. I teach nutrition programs that focus on a variety of topics such as how to stretch your food dollars, meal planning, navigating the grocery store for healthier food choices, how to use MyPlate, and so much more! I also have the opportunity to teach a class called StrongBodies. StrongBodies is a class that has been shown to increase strength, muscle mass, and bone density.

In the coming newsletters, I am excited to share information on a variety of nutrition topics with all of you from our StrongBodies Nutrition Tips series!



“From eating the right food to the perfect exercise routine, find the best path to a healthier and happier you! Extension/FoodWise will be offering a StrongBodies class this fall at the Nekoosa Area Community Center! More information and how to register coming soon. Questions? Reach out to Hannah Wendels 715-421-8530.”

Hannah Wendels

FoodWise Nutrition Educator, Wood County
University of Wisconsin-Madison Division of
Extension

[715.421.8530](tel:715.421.8530)

Wisconsin Relay 711

<http://fyi.uwex.edu/foodwise/>



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