

# WISCONSIN BOOKWORMS

## Activity Sheet



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### “The Caring Me I Want to Be”

By Mary DiPalermo

In “The Caring Me I Want to Be” a little girl romps through a busy day with family and friends, always remembering to be kind. She shares smiles, hugs, loving words, and warm greetings. This is a simple story with simple suggestions—that make a big difference!

#### **Before you read this book:**

Ask and discuss the following questions: “What does it mean to be caring?” “How is the girl being kind on the cover of the book?” “How do you show your family that you care about them?”

#### **While you read this book:**

Say “hello” in a variety of ways: “Bonjour,” “Hola,” “Hi,” etc. As you read the book, pause and count the objects (buildings, trees, children, etc.) out loud. Each time the little girl helps someone have the children describe how she is being helpful. Also, have the children identify when she is not being kind (not sharing, raising her voice, etc.). Discuss how this would make others feel and what you can do when you make a mistake—say you’re sorry. Have children name the costumes they see.

#### **After you read this book:**

- Ask children to share a time someone was kind to them and how it made them feel.
- Ask children to share a time they were kind to someone else and how it made them feel.
- Draw a picture of yourself in a costume.
- Notice and name the kind acts you see around you (at home, at school, etc.).

#### **Try this at home:**

- Draw a picture and give it to someone you care about.
- Make a treat for a friend.
- Make a card for your teacher.
- Say “good morning” to your neighbor.
- Do a random act of kindness.

#### **Additional Kindness Resources:**

“The Big Umbrella” by Amy June Bates

“Be Kind” by Pat Zietlow Miller

“The Kindness Quilt” by Nancy Elizabeth Wallace