



NOVEMBER 2023 GOLDNOTES



University of Wisconsin-Madison Division of Extension Sheboygan County
Sheboygan County Office, 5 University Drive, Sheboygan, WI 53081 - 459-5900

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Sheboygan County Association for Home & Community Education - November Goldnotes - "New Way of Living with HCE"



Hello HCE Members,

With heartfelt sadness, I am writing to say an HCE Executive Board member passed away. Joyce Kuhlow had a stroke on Saturday and died Sunday October 15, 2023. She had served in the HCE leadership for many years, including a stint as County President, and has been a mentor to me in which I am totally grateful. We are here on this earth to "make a difference" well Joyce certainly did make a DIFFERENCE. As she was on the HCE Executive Board, we are giving a memorial to her family of \$25.00. Please remember the joy Joyce gave you. She will be missed.

Congratulations to Nancy Wagner to work with the treasurer's position with Julie Boedecker for the 2024 year. Thank you all other executive board members for stepping up to retain their club representation on the Executive Board.

The Jeanie Hlinak first timer scholarship for \$250.00 at the State HCE conference went to our own Joyce Hameister from the Franklin HCE Club. Congratulations Joyce!

At 2023 State HCE Conference, the SE district had fun with the skit to invite everyone to the 2024 State Conference in Appleton. I hope to see many of you there. It was most gracious to everyone who signed up for a hostess position at M2M for next year's conference. It was forwarded to our SE district director, Donna Zarovy. Southeast District is really excited as to how the 2024 State HCE Conference is coming along!

As of today, the Southeast District is looking for a Southeast District Director -Elect. She will work with Donna for a year and then become the next District Director.

Sheboygan County HCE is looking for the next Family & Community Life Outreach position. If you need a more in-depth description, let me know. As for now, it will remain open.

- ◆ The Southeast District is highlighted in the November Update. Anyone interested in signing up for a subscription of "Update" let me know. It is a good communication tool.

I look forward to working and hearing from each of you.

Yours in HCE,

Kathi Bonde - 920-946-7503, phone, text or email
kathibonde@gmail.com



**2023 Sheboygan County
Association for Home & Community
Education Officers**

**Kathi Bonde
President**

**Joyce Smies
Vice President (Program)**

**Myra Eischen
Secretary**

**Julie Boedecker
Treasurer**

*Newsletter Edited By:
Kathi Bonde*

Thank you for all of your help.

Extension e-mail addresses:

tammy.zorn@wisc.edu

Monday - November 13 - 1:30 PM
Group Art Work—Make & Take
Extension Rooms 5020 & 5022

Monday - January 8 - 1:00 PM
Executive Board Meeting
Extension Room 5024

Monday - February 12 - 10:00 AM
Living on a Fixed Budget
Extension Rooms 5020 & 5022

Monday - March 11 - 10:00 AM
Dementia Innovation
Extension Rooms 5020 & 5022

Monday - March 11 - 1:00 PM
Executive Board Meeting
Extension Room 5024



Sheboygan County HCE Webpage:
<https://sheboygan.extension.wisc.edu/home-community-education/>

WI Association HCE Webpage: www.wahceinc.org



**Find us on
Facebook**

Follow the **Extension Sheboygan County Facebook page.**

<https://www.facebook.com/ExtensionSheboyganCounty>

Lots of great information is being shared.

Education Program - Group Painting Experience

November 13, 2023
1:30 pm
UW-Extension
Room 5020-5022
Registration due by November 6, 2023



Join us for a Group Painting Experience!

Enjoy a cup of hot chocolate while you pickup your brush and create a Christmas scene as directed by Sue Baumgart. Sue is a Sheboygan Visual Artist at EBCO Artworks.

Feel free to invite a friend.

Fee: \$5.00

January Education Program - Distance Learning Packet Gratitude - Finding Joy

Are you a grump? Do you occasionally find yourself down or in a rut? Being happy all the time is NOT something that anyone can achieve, although research shows that our health and wellbeing is much better when we practice gratitude or find joy in our lives. This lesson was presented at the State HCE Conference and will be sent to each club to discuss at your club meeting.

Stiches of Love by Ann Meyer

A red tote bag containing "Stiches of Love" hats is being stored at the U.W. Extension storage room. Any HCE member can take the tote bag of hats and use it for display purposes (i.e.. Sheboygan County Fair or Christmas tree at museum) and RETURN it to be ready for another to use.

Several clubs took patterns to cut out and sew "bucket hats". It's a great way to pass time indoors when the weather turns cooler. Please consider sewing some hats.



Stiches of Love Makes a Difference

The importance of "Stiches of Love" was renown at the 2023 fair booth this year.

Several people commented that they had received hats through Matthews Oncology and really appreciated them. Keep up the great work!

Another cancer Survivor stopped at the booth to say "thank you" for stiches of love project - **It does make a difference!**



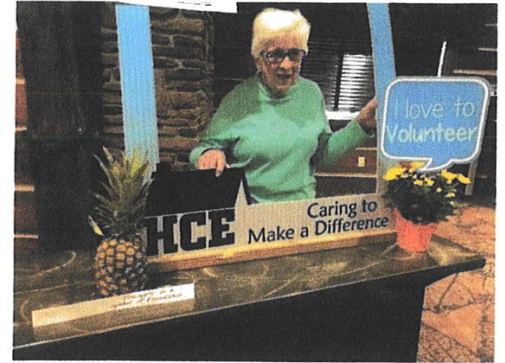
International Report



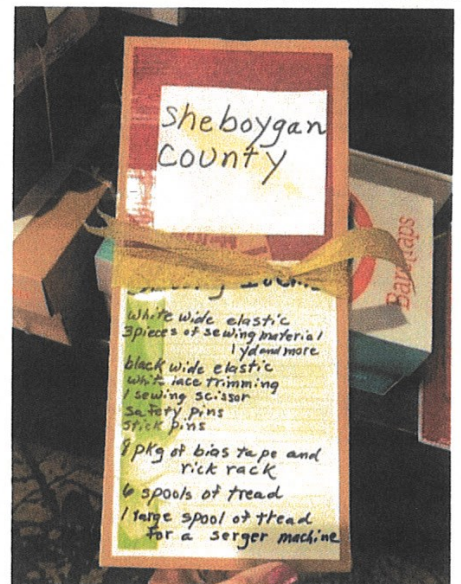
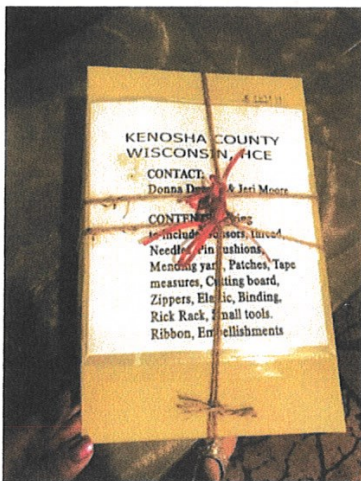
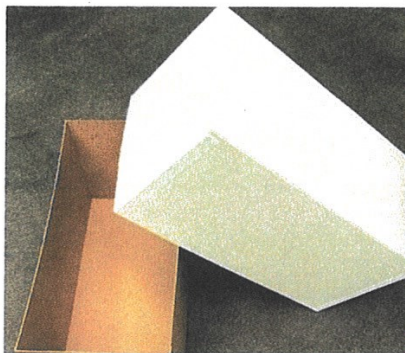
WISCONSIN/NICARAGUA
Partners of the Americas, Inc.

BOLDT.
BUILD BOLDLY

WAHCE (WI Home and Community Education) has been packing boxes of sewing, gardening, baking or beauty supplies for many years as one of the "International" projects that help women in other parts of the world. This year, thanks to a generous donation of custom boxes from Special Service Partners, facilitated by Boldt Construction, we have 100's of these beautiful empty boxes to fill – what a great opportunity for students, children, adults, groups to join in and make someone's day a little brighter.



Special Service Partners, Neenah, WI donated 2 pallets of these beautiful empty custom made boxes that will work great for the HCE project!



THANK YOU ❤️



Christmas Tree Decorating at Sheboygan County Historial Museum

We will again be decorating a Christmas tree for the Holiday Memories at the Sheboygan County Historical Museum. I will be notified when we can decorate. It will need to be done by the day after Thanksgiving but will not be able to be done until they get the trees set up in November. In the past we have shown our scheduling for the coming year and highlighted the projects that we do.

Anyone who would like to help is welcome. Please contact JoAnn Gadicke (920-912-6954 or jgadicke@tds.net) if you are interested in helping. It is not a large time commitment and lots of fun. We meet to decorate the tree and then again to take it down sometime during the first week of the new year.

JoAnn Gadicke



Remembering Joyce Kuhlow



Heaven gained another angel. Joyce Kuhlow joined many other former HCE members on Oct. 15, 2023. Joyce was on the HCE board for many years and held the president title for part of that time. She was currently an individual member but had been a long-time member of the Merry Matrons group until it disbanded. She was a kind and gentle mentor to many and always tried to see the best in people. She started her morning with an uplifting quote or photo on Facebook and sent many cards and notes to people around her. She was an avid crocheter and belonged to her church quilting group. She took great care of her husband who has health issues. She is also survived by a loving son and daughter-in-law and 2 special grandchildren. She was a true friend and she will be missed.

2023 WAHCE CULTURAL ARTS RESULTS

Congratulation to all of those who had entries in the State Cultural Arts and Textiles.

Blue Ribbons or 1st. Place

1. Ann Meyer - Baby Lap Blanket - Dinosaur Cuddle
2. Myra Eischen - Poem - I am Blessed
3. JoAnne Gadicke - Jewelry - Christmas Tree
4. Phyllis Nyhof - Knitting - Knitted rug
5. Althea Smith - Constructed Original - Carrot Jar
6. Althea Smith - Heritage Skills - Quilling
7. Althea Smith - Photography - The Train

Red Ribbon or 2nd. Place

8. Ann Meyer - Sewing - Nautical Tote

White Ribbon or 3rd. Place

9. Nancy Wagner - Crocheting - Baby Blanket

Yellow Ribbon or 4th. Place

10. Nancy Wagner - Bonus Category

Thank you again for all who participated in this years Cultural Arts and Textiles.

Pam Fiedler Chairperson

Note from Alicia Utke-Becher

Hello HCE Members,

On October 19th members gathered to create beautiful cards for the Camo Quilt Project. This was a gathering of laughter, fellowship, and honoring recipients. A special thank you to Cultural Arts Leader, Pam Fiedler, for creating a card pattern and providing materials for this important project. A reminder to all members, the Sheboygan County HCE is looking to fill the vacant Community & Life Outreach position. Please contact Kathi Bonde if you are interested. I have built a relationship with the Executive Director of Fresh Meals on Wheels and am happy to connect you with them for the 2024 service collaboration.



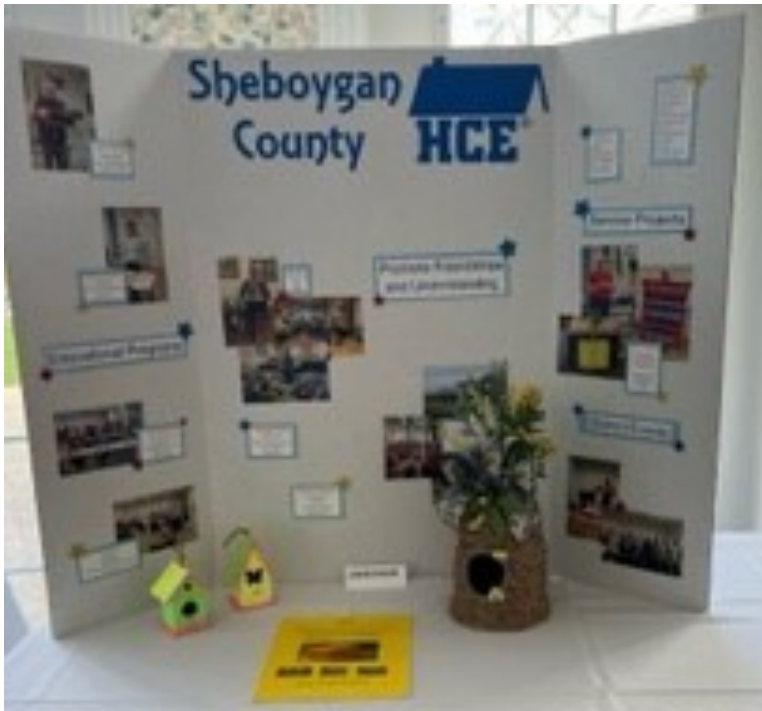
Camo Quilt Project Card Making

2023 State HCE Conference Pictures



2023 State Conference attendees: (left to right) Carolyn Dreier, Joyce Smies, Althea Smith, Joyce Hameister, Kathi Bonde, Alice Walter

2023 State HCE Conference Pictures



Sheboygan County Booth at State Conference



Joyce Hameister presented with first timers award



Boxes for Nicaragua

Group Art Work - Make & Take
Monday, November 13, 2023 - 1:30 PM

Club/Individual Name: _____

Names of Members Attending: _____

Names of Prospective/Family Members Attending: _____

Total number of packets required _____

\$5.00 Fee collected at program

Return to: UW-Extension Sheboygan County, 5 University Drive, Sheboygan, WI 53081

Email Or Call: tammy.zorn@wisc.edu or 920-459-5904

Deadline: November 6, 2023



At 10am we had a meet and greet with new HDR Alicia Utke-Becher. 14 people attended and Joyce Smies had wonderful snacks available.

The meeting was called to order by president Kathi Bonde at 1pm.

Marilyn Voskuil led us in the Association Creed.

Roll call- present: Kathi Bonde, Joyce Smies, Alice Walter, Myra Eischen, Pam Fiedler, Althea Smith, Ann Meyer, Marilyn Voskuil, Joan Walvoord, Kay Keyes, Joanne Schroeder, Nancy Wagner, Sharon Even
Absent/Excused: Peggy Berchem, Janette Higley, Joyce Kuhlrow, Julie Boedecker

A discussion was held on how much time should be allotted between educational meeting and board meeting. It was decided that 1 ½ hours was sufficient time.

Minutes were read and minor changes on spelling and the word wings, not wheels changed. Alice made a motion and Pam 2nd to approve with changes.

Treasures report was read, Sept. speaker check will be voided as they did not speak. Note money was returned for cancelled liability insurance policy!

Kathi will check at state conference what we are allowed to do about the pennies for friendship if we do not want the money to go to state project. Do we have to change the name when we collect? Are we allowed to give to a local project?

Cultural Arts: Pam Fiedler will get some questions she has answered about her position on cultural arts at the state conference. She has purchased supplies and will have kits ready to make cards for Camo Quilt project. She hopes to give them 400 cards. Date for making will be Oct. 19 10am- 12pm. Bring a glue stick or glue runner if possible. She has all other supplies.

Stitches of Love: Ann Meyer has made up a tote bag of hats to be used for display purposes only. It will be in closet at UWEX. It can be used for the fair booth and tree display at the museum. This will help prevent excess germs on hats given to cancer patients. Please put them back in the bag and storeroom when you are done displaying them. More cutters and sewers are needed. Please call Ann for patterns and material.

HCE Book Club- great discussion was held on last book. Next book will be "Trevor's Song" and will be discussed on Nov. 2. Everyone is encouraged to come even if you don't read the book. Feb. 8 The book will be "The invention of wings" Feb. 2 the book club will be 10 years old! Congratulations to all who attend.

Family and Community Life Outreach: 2024 projects suggested were: Camo quilts, and Fresh Meals on Wheels. Remember to keep track of volunteer hours.

WI Bookworms: Waiting on go ahead to read in October. Althea will pick up book bags at state and was given a check for \$218.75. This will save us from paying postage for shipping them. We are one of the counties that has been with WI bookworms since inception 25 years ago.

International: Alice put together a box of sewing items, from our county, for the silent auction, at state conference. She also personally donated items and encouraged others to do so. The money goes for an international project. There is also a cultural arts raffle to raise money for prizes for the cultural arts contest.

Marketing: Kathi offered purchase items for us from the marketplace at state, if we ordered and paid ahead. Many cute items available to help us promote HCE wherever we go. Tammy would like to see the recipe book kept to 10, 2-sided pages. We felt that with just the recipes that won't be an issue. It was bigger this year because we included picnic games. It was discussed that more contact information be given on the recipe book. Pam Fiedler will look into pricing on bags for the fair to hand out with the recipe books. There doesn't seem to be anyone giving out bags for promotions and people don't like to just carry papers around. Suggestions were to put stickers on bags instead of printing- or put information on handout so it can be seen through bags.

Programming: July tour was greatly received and enjoyed by those who went. She has filled most of the slots for 2024 and is working on tour possibilities for June/July. If anyone has ideas, please let her know. Lake Orchard Aquaponics is one suggestion.

Fair booth: several new names were collected and given to members to contact that may be interested in joining a club. Other organizations were interested in collaborating with HCE. Kathi will follow-up with them.

Member-to-Member if all set for Oct. 9. Make sure you have your 2 recipes per club/individual member to Tammy by Oct. 2.

Althea will be working with Kenosha Co. at the state meeting to finalize how the decorations for next year's conference will look and what we still need to get to finish them. Myra donated some coffee cans, they are smaller than the ones Althea had, so they will need to see if they will still work for project. We will still need some silk flowers, only colors white, yellow, red, black please.

We need people to volunteer for the board positions: treasurer, family & Community Life. Myra said if no one steps up she will take on secretarial duties one more year- but if someone is willing to do it- please speak up.

Fall SE district meeting in Walworth Co. The speaker will be talking about the 2022 Beijing Olympics. Cost is \$20 and Kathi would appreciate someone going with her to this event. It is Oct. 19 from 10:30-3.

We had a motion by Alice and 2nd by Althea to have a promotional Christmas tree at the Sheboygan Co. Historical museum again this year. Joanne Gadicke and Sharon Even will be in charge, but anyone is invited to help.

Joan Walvoord led us in the Association prayer.

Kathi Bonde president adjourned at 2:50pm.

