Warm-Up Activity:

Ranking Personal Characteristics & Values



- Review the list of characteristics and values on the handout
- Rank your top five values and qualities in order of their importance to you, from 1-5 (1 = most important).
- Think about why this top value is important to you.
- How does this value affect your current spending or connect to your finances?
- Write down your thoughts.

Ranking of Personal Characteristics & Values

Please rank these characteristics and values listed below in order of their importance **to you**, selecting your top 5. (1 = *most important item*, 5 = *least important item*.)

- Artistic skills/aesthetic appreciation
- Sense of humor
- Relations with friends/family
- Spontaneity/living life in the moment
- Social skills

- Athletics
- Musical ability/ appreciation
- Physical attractiveness
- Creativity
- Business/managerial skills
- Romantic values