

JUNE 2024 GOLDNOTES



University of Wisconsin-Madison Division of Extension Sheboygan County Sheboygan County Office, 5 University Drive, Sheboygan, WI 53081 - 459-5900

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Sheboygan County Association for Home & Community Education - June Goldnotes -"New Way of Living with HCE"



Hello HCE Members,

Through a Southeast Zoom Meeting, I am pleased to announce that Carolyn Dreier from our Sheboygan County AHCE, Franklin Club, won the vote for Southeast Director-elect and will be the <u>new Southeast Director starting</u> January 2025. We wish her well and we know that she will do a fantastic job in her new role. Her expertise will take HCE to the next level. Let us support her in this endeavor.

I also received a nominee, Marie Kalies, for Sheboygan County AHCE Vice President for Programming. She is a member of the Pretty Good Eggs and her experience while in Kewaunee County AHCE will be an asset to Sheboygan County AHCE. We are excited to see what she brings to the table.

Secretaries are hard to FIND, for I am still looking for a District and County Secretary. With Joyce Smies, Nancy Wagner, and hopefully Marie Kalies at our helm in 2025, you will be in good company. I can see the strength of our association blossoming.

Alicia and I had a very enjoyable time at the Spirit of Sheboygan County United Way volunteer awards. We did not receive the top award but it is nice for our association to be recognized.

Keep up the good volunteer opportunities at FMOW. FMOW would like HCE to participate in June-a-Palossa, Saturday, June 22, 2024. Althea Smith is working on a project with FMOWs and needs your creative help. Please call Althea asap. I know it is 2 weeks away but sometimes it is nice to do something on the spur of the moment.

Please consider to register for the HCE State conference and to sign up for the Fair Booth. Many hands make light work.

Continue to enjoy your summer in HCE! Please contact me anytime.

Yours in HCE.

Kathi Bonde - 920-946-7503, phone, text or email kathibonde@gmail.com HCE County President



Monday - July 8 - 1:00 PM Executive Board Meeting Extension Room 5024

Thursday, August 29 - Monday, September 2 Sheboygan County Fair Booth

Thursday - September 5 - 11:30 AMHCE Book Club
Pizza Ranch, Sheboygan

Monday - September 9 - 10:00 AM Executive Board Meeting Extension Room 5024

Monday - September 9 - 1:30 PM Cooking with Modern Appliances Extension Room 5020/5022

Monday - September 16 - Wednesday, September 18 State Conference, Appleton

2024 Sheboygan County Association for Home & Community Education Officers

Kathi Bonde **President**

Joyce Smies Vice President (Program)

Myra Eischen **Secretary**

Julie Boedecker **Treasurer**

> Newsletter Edited By: Kathi Bonde, Joyce Smies, Myra Eischen, Carolyn Dreier Thank you for all of your help. Extension e-mail addresses:

> > tammy.zorn@wisc.edu

Sheboygan County HCE Webpage:

https://sheboygan.extension.wisc.edu/home-communityeducation/

WI Association HCE Webpage: www.wahceinc.org

Attention: Executive Board Members By-Laws Revision Guidelines

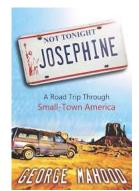
By-Laws review and changes for Executive Board Members.

- 1. Please read the revised By-Laws.
- 2. On a separate piece of paper make a list of changes that you feel are needed.
- 3. Include your name, page number of change, article number, section number, and letter, if applicable.
- 4. Should these changes by deleted, added or modified? If modified, please include how the modification should be/read.
- 5. Send the changes to Julie Boedecker, 807 Glen Ave, Howards Grove, WI 53083 by June 21st.
- 6. These changes will then be sent to the Board members before the July meeting.
- 7. The changes will be discussed at the July meeting and finalized.
- 8. The updated By-Laws will then be sent to all HCE members and voted on at the Member to Member meeting in October.

HCE Book Club News - Nancy Wagner & JoAnn Gadicke

Our next book we will be reading is Not Tonight Josephine: A Road Trip Through Small Town America ^by George Mahood. This is a story of two Brits, George and Mark, who set off from New York City to explore the back roads of America. In this calamity-ridden travel tale, George sets out in true clichéd fashion to discover the real America.

Throw in plenty of run-ins with the police, rapidly dwindling finances and Josephine – the worst car in the world – and you have all the ingredients for a classic American road trip. It keeps you wondering if George and Mark will make it all the way to California.



And then there is Rachel, George's girlfriend, left back in England. Would travelling to the United States without her turn out to be the stupidest decision he had ever made? Lots of adventures and low finances make for an interesting read.

We will be meeting at *Pizza Ranch*, located 3518 Kohler Memorial Drive on Thursday, September 5th at 11:30 a.m. Please pay for your lunch as you come in. We ask that each of you think of a couple of questions for the discussion of the book.

If anyone wishes to join the discussions we are always happy to have additional participants. We always welcome suggestions for future book when we meet.

Hope to see you there!

Group Volunteer of the Year Award

by Kathi Bonde

Sheboygan County AHCE was nominated by Alicia Utke-Becher for the Group Volunteer of the Year Award through the United Way. It was a very rewarding feeling that we were in a hall at the American Club in Kohler with a sold out room of all volunteers just like HCE. Our gift of our talent, time and treasures make Sheboygan County a better place and improve the lives of our friends, family, neighbors and communities. HCE is a positive force for good! Thank you all for your endless commitment.



Summer Tour by Individual Clubs

The plan to tour Lakeside Aquaponics did not work out as the facility is looking to sell and may be in the process of changing ownership.

Each club is encouraged to plan their own summer outing. If you have not toured Fresh Meals on Wheels yet, the summer months could be a great time to schedule that. Lakeview HCE has plans to volunteer, enjoy lunch and have a tour in July.

Be sure to share a picture of your club's outing in the fall Goldnotes.

Cooking with Modern Appliances— September 9, 1:30pm

Learn a few facts about Air fryers and Instant Pots in September. We will learn how to shop for one and then learn what you can do with it.

If you have one of these appliances and would like to share a tip or two, please let Joyce Smies know. Sharing our expertise with others is what HCE is about.

HCE Book Club Marks 10th Anniversary

On May 16 Sheboygan County HCE Book Club celebrated 10 years of gathering together to enjoy lunch and to discuss the latest book the group has read! Ten years ago Marie Schwinn and Jane Jensen launched an idea for HCE members to meet 4 times a year to discuss an educational book that was chosen by the group to read. For the first few years we met at Glas, The Green Coffee House which was a great place for lunch and we had a private room which was ideal for our book discussions. Unfortunately, after Covid, the coffee house closed. After a trying a few other locations we have been meeting at the Sheboygan Pizza Ranch since February, 2022, which is also a great location as they have a private room for us to use.

Ten years and 41 books/meetings later we have all broadened our mind by discussions lead by JoAnn Gadicke. The first book the group read was Susanna's Christmas Wish, an Amish fiction story. That meeting was on February 25, 2014 with 15 people present. Over the years, average attendance is around 10 people.

The group has read many Amish based books, both fictional and true stories including three books about the Nickel Mine School shootings where several young Amish children were murdered. We have read many books about WW II, some fictional accounts based on fact and also true stories, a few books about dogs and the difference they make as support dogs or pets, autobiographies of famous people, and human interest stories

As you can see by the photo, Marie brought in a delicious cake for us to enjoy after the group photo was taken.



Books read over the 10 years:

- ♦ Susanna's Christmas Wish—Jerry S Eicher
- ♦ Emily's Story, The Orphan Train—Clark Kidder
- ♦ The Happening, Nickel Mine School Shooting—Harvey Yoder
- ♦ I Stand, The Story of Pam Morgan—Pam Morgan/Brenda Black
- Thunder Dog—Michael Hingson/Susy Flory
- Limping Through Life—Jerry Apps
- ♦ Ghost Boy—Martin Pistorius
- ♦ Through Frankie's Eyes—Barbara Tachel
- ♦ Forgiven—Terri Roberts
- One Light Still Shines—Marie Roberts
- ♦ The Waiting—Cathy LaGrow
- ♦ See Me—Nicholas Sparks
- Visions, Trips, and Crowded Rooms—David Kessler
- ♦ Because I Am—Jackie Miller/Judith Gwinn Adrian
- ♦ Second Sister—Marie Bostwick
- ♦ Hidden Figures—Margot Lee Shetterly
- ♦ Orphan #8—Kim van Alkemade
- ♦ While My Sister Sleeps—Barbara Delinsky
- ♦ We Never Left You—Beth & Rick Olsen
- Mrs. Lincoln's Dressmaker—Jennifer Chiaverini
- ♦ The Art of Racing in the Rain—Garth Stein

- ♦ The Tattooist of Auschwitz—Heather Morris
- Educate—Tara Westover
- ♦ Lessons from Lucy—Dave Barry
- The Good Neighbor, The Life and Work of Fred Rogers—Maxwell King
- Finding Chika—Mitch Albom
- Appointment with Heaven—Dr. Reggie Anderson/Jennifer Schuchmann
- ♦ Soaring to Glory—Philip Handleman/Lt. Col. Harry T. Stewart Jr.
- ♦ Before We Were Yours—Lisa Wingate
- ◆ Our 351 Sons—John & Jan Gillespie
- Red Notice A True Story of High Finance, Murder, and One Man's Fight for Justice—Bill Browder
- ♦ A Dog's Way Home—W. Bruce Cameron
- The Personal Librarian—Marie Benedict/Victoria Christopher Murray
- ♦ The Answer Is...: Reflections on My Life—Alex Trebek
- ♦ The Spirit Catches You and You Fall Down—Anne Fadiman
- ♦ Trevor's Song—T A Beam
- ♦ The Invention of Wings—Sue Monk Kidd
- ♦ The Admirals Daughter—Victoria Fyodorova/Haskel Frankel

County International Report

by Alice Walter

The next 3 years Wisconsin HCE members are encouraged to promote planting flowers to attract bees and butterflies. Plant flowers that attract bees. We need bees so we have food supplies.

At the State Conference, each county is asked to provide a shoe box filled with items for Wisconsin/Nicaragua Partners, because of space in vehicles a shoebox is suggested. I have a shoebox and will be filling it with sewing items. Joann Fabrics has coupons for 50% off. Items like stickpins, tape measure, bias tape, elastic, scissors, sewing needles are needed. I would need the items the beginning of September. Either call me 920-467-0493 or drop off at my house in Sheboygan Falls.

Member to Member Theme - Foods Prepared in a Crock Pot

Monday, October 14, 2024

Time: 6:00 pm

Lakeview Club has chosen "Foods Prepared in a Crock Pot" theme this year. Be creative and think of recipes that could be served as a main dish, side dish, dessert or even a breakfast item. Each member should submit a recipe to Tammy Zorn, tammy.zorn@wisc.edu or mailed to UW-Extension Sheboygan County, 5 University Drive, Sheboygan, WI 53081 by October 1, 2024.

Each club should bring 2 dishes to sample. This year, individual members with last names beginning with F thru W are asked to bring a sample. (2023 members A thru E brought samples)

2024 Cultural Arts and Textiles Show

The winners and ones that will go to State in September are:

- 1. Photography **** JoAnn Gadicke
- 2. Crafts**** Althea Smith
- 3. Poem*** Myra Eischen
- 4. Heritage Skills **** Althea Smith
- 5. Painted Objects*** Althea Smith
- 6. Knitting **** Phyllis Nyhof
- 7. Crocheting **** Nancy Wagner
- 8. Hand Stitching **** Éllen McNeese
- 9. Sewing **** Joyce Smies
- 10. Bed Quilt **** Myra Eischen & choosing not to send to State
- 11. Small Bed Quilt **** Marie Kalies
- 12. Bonus item **** Althea Smith
- 13. As an alternate In Photography **** Sharon Zimmermann

A BIG THANK YOU TO MY COMMITTEE MEMBERS:

Ellen McNeese, Peggy Watson and Nancy Wagner for all your help. Also, to Susan Crane for Judging our crafts. She made us all feel so wonderful and special.

Winning entries please either have your entry at the Extension Office by September 11^{th} for me to pick them up or call me, Pam Fiedler 920-207-0009 and set up a time for you to drop them off at my home. 40 Selma Street Plymouth.

Please drop off your entries for state by September 11^{th} . at either the Extension Office or call me at 920-207-0009 and set up time to drop them off at my home, 40 Selma Street Plymouth. You can Pick your entries back up on September 20^{th} at the Extension Office. Thank you!

Pam Fiedler Cultural Arts and Textile Chairperson

Pictures from Rally Day



Years of Membership certificate recipients. Left to right: Sharon Zimmermann, JoAnn Gadicke, Marie Kalies, Joanne Schroeder, Ruth Hering, Althea Smith, Joan Walvoord, Kathi Bonde



Our Rally Day speaker was Allison Laine Thompson CEO of Fresh Meals on Wheels shared the history and mission of Fresh Meals on Wheels.

HCE Tea Party

Life is brew-tea-ful with a cup of tea! High Tea at Eischen Entertainment Shed on April 8 was, indeed a brew-tea-ful afternoon. Twenty HCE ladies were treated to a lovely experience of learning tea etiquette, sampling tea varieties and enjoying delicacies prepared by Myra.

Thanks, Myra, for sharing your expertise with all our members.















Dear Volunteers.

I wanted to take a moment to say THANK YOU. The reason we can serve 800+ people a year 98,000 meals is because of you. Whether it's by serving on the Board of Directors, packaging cookies and bread, digging and weeding in the gardens, or hand-delivering meals – each role is vital to our community.

Did you know that the nutrition in our meals helps people feel better and want to do more on any given day? For some people that "more" is getting up and dressed, for others it might be feeding the birds in their yard. Regardless of what "more" is - YOU make that possible by donating the fresh produce that you grow, by harvesting and planting in the gardens and so much more. PLUS, the friendly visits by everyone who delivers meals decreases isolation and depression among meal recipients. YOU are the reason for that.

Our team is honored to serve every day. We feel called to help our neighbors, but we know full heartedly that we could not do it without your help. Your role is vital to our organization.

Thank you, for all you do. I am grateful. WE are thankful.

With Deepest Gratitude,



Fair Booth Sign Up

Hi ladies...The Sheboygan County Fair is coming August 29 to September 2. We have the booth in the education building to man again. I want to say thanks to all of you that signed up already at Rally Day. We still have some slots open. Some of you said you had to check your calendar. Please call me if you can fill some of these slots. Thanks again. You always come through for HCE.

Carolyn Dreier

920-627-2739

	2024 Fair Booth Schedule	August 29- Septemb	er 2
Thursday 12 -2	Julie Boedecker	Saturday 4-6	Alice Walter
Thursday 2-4	Althea Smith	Saturday 6-8	
Thursday 4-6	Ruth Hering	Saturday 8-close	
Thursday 6-8	Sharon Zimmermann	Sunday 10-12	Alice Walter No pass
Thursday 8-close		Sunday 12-2	
Friday 10-12	Carolyn Dreier and Joanne Schroeder	Sunday 2-4	Joanne Gadicke
Friday 12-2	Marie Kalies and Carolyn Dreier	Sunday 4-6	Joanne Gadicke
Friday 2-4	Audrey Voskuil and Marilyn Voskuil	Sunday 6-8	
Friday 4-6	Judy Diener	Sunday 8-close	
Friday 6-8	Joyce Smies	Monday 10-12	Alice Walter No Pass
Friday 8-close	Kathy Bonde	Monday 12-2	Pam Fiedler
Saturday 10-12	Myra Eischen	Monday 2-4	Althea Smith
Saturday 12-2	Phyllis Nyhof	Monday 4-6	Nancy Wagner and Peggy Watson
Saturday 2-4	Ellen McNeese		
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Sheboygan Co. HCE April 8, 2024 Board Meeting



President Kathi Bonde called the meeting to order at 2:50pm

Creed led by Marilyn Voskuil

Present: Julie Boedecker, Kathi Bonde, Carolyn Dreier, Myra Eischen Pam Fiedler, Kay Keyes, Ann Meyer, Joanne Schroeder, Joyce Smies, Althea Smith, Marilyn Voskuil, Nancy Wagner.

Guest: Mary Absent: Joan Walvoord, Alice Walter

Minutes were read, motion by Kay, Joann, approved.

Treasurer's report read and filed.

The draft for the new Sheb. Co. HCE by-laws was handed out. Instructions were given to go home and read them over, if you suggest changes, please submit in writing by Rally Day to Julie Boedecker. Include your name, page # and what you think should be changed. The board will be voting at July meeting on approval to submit to membership either by e-mail, or mail in September. Vote to accept will be at October Member- to -Member.

Cultural Arts- We need more entries for May. Pam is still waiting to hear from Donna Zarovy about a judge for cultural arts. Ann called the state person to see about changing the rules on when quilts are made and can be submitted for entry. They will bring it up at state meeting and decide. State conference workshops are ready to go. Nancy Wagner will do diamond dots, Pam Fiedler will do cards, Althea Smith will do paper crafts.

Stitches Of Love total of 194 hats were donated so far this year- Myra has several more- but will keep them till July as all centers are full and not in need at this time. Several hats were bagged and will be available underneath the fair booth in case someone requests one for a cancer patient and we can give one out. They are not to be taken out of bag to protect sanitation. There is a supply of public hats that can be touched and looked at in the store-room at the office. They will be used for display at the fair and Museum, and any other events we feel would benefit.

Book Club 10th anniversary meeting will be held May 16th. Group photo will be taken to be published in newsletter. Marie Schwinn founder, will bring a cake. The Admiral's Daughter is the book this month. Sept. 5th the book will be Not Tonight Josephine. Nov. we will be reading The Elephant Company. Everyone is welcome to come to book club even if you don't read the book.

Family And Community Life bring your data for volunteer hours/donations to rally day for them to tally. Please guess at your hours for all of May. There is much that can be done to volunteer at Fresh Meals on Wheels, from decorating bags, data entry, deliver meals, work in kitchen, work in gardens, etc. just call and see what is needed.

Wi Bookworms books are already picked for 2024/25 school year. Ann asked how she could object to some of the morally questionable books that were offered in the past. Althea said to contact the committee and possibly volunteer to be on it when they pick out future books.

International Alice took items to Appleton to be taken to Steven's Point for Nicaragua.

Marketing There will be a session offered at state about creating a Facebook page. Kathi would like someone to take it and create a page for Sheboygan Co. HCE, as we found out that is very effective in getting results. We had great results when requesting Stitches of Love help.

VP Programming Lakeshore Hydroponics is up for sale, meaning the summer tour may be cancelled. We should know in 2 weeks for sure. The plan is to go to the farm and then to Whistling Straights for lunch. If it is cancelled it is recommended that your club or a group of people tour Fresh Meals on Wheels. Thanks to Myra for hosting the tea today- it was WONDERFUL!

We still need to fill spots for the ballot in October for Secretary, and VP Programming. Please ask someone to step up and fill these spots- they are only for a 2- year term.

Rally day is all set. Pretty Good Eggs will be donating the table decorations. The cost is \$23/ person that includes the cost of the hall and the meal. Reminder that next year we should set up a budget line for costs for rally day and board vote on it.

April 15th at 1:00 they will be working on the table decorations for state at extension. Please bring glue guns and glue will you.

Member to member theme is Food prepared in a crockpot. Use your imagination- it can be a soup, appetizer, meal, dessert, beverage. Let's have a great variety. Each member is asked to submit a recipe. Each club and individual members F-Z are asked to bring 1 or 2 items to sample that night, along with whatever it needs to be served in.

Fair booth sign up- sheet was passed and will be passed again at rally day. Call Carolyn Dreier to sign up.

United Way Spirit of giving nomination discussed-several are going with Alicia and we are honored to be nominated.

Spring SE District mtg. 5 people from Sheb. Co. are going. They are looking for someone to take minutes at the mtg. because the secretary can't be there. Kathi said she'd do it.

State Conference September 16-18. Sessions and sign up should be out in early May. Make sure to sign up as soon as possible in order to get the sessions you want. Cost is \$170 for event plus the cost of you room. Kathi has room for another person in her room if you want to bunk with her let her know.

Gold Notes articles should be in by April 20 proofreading will be April 22.

July 8, 1pm next board mtg. at extension.

Association prayer led by Marilyn Voskuil

Adjourned at 4:26pm

Myra Stokdyk Eischen, Sheboygan Co. HCE board secretary

HCE MEMBER CONTRIBUTION REPORT FOR JANUARY 2024 THRU DECEMBER 2024

Club member's Name:

County:

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	Len.	March	dc	ındy	June	July	August	Sept.	Oct.	Nov.	Dec.	Total Hours
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