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Homemaker Reflections

IOWA COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION

March-April-May 2025

Happy Spring!

Has anyone seen a robin yet? Tulips? Daffodils? Let's hope these signs of spring erupt soon!

HCE is zooming into spring with fundraisers, lessons, and programs for everyone. Read about all the things going on in this newsletter. Want to learn about CBD and how it can ease pain? That is the March lesson on March 10th.



Mark your calendars on March 4th for the Culver's Share Day to support the HCE Bookworms Project. HCE will receive a portion of the sales between 5pm and 8pm that day. So, plan now to eat at Culver's on March 4th.

Iowa County HCE will host the Southwest District meeting on April 10th. The morning session is about Online Safety. I bet we have all experienced scams of some kind. I hope many of you can attend. I enjoy meetings like these where I meet HCE members from other counties and learn about their programs. It will be a fun day for all!

HCE is a special organization!! Read more in this newsletter about Cultural Arts, the Iowa County HCE Scholarships, and HCE International Projects. Our educational programs and fundraising are an important part of Iowa County HCE.

Happy Spring!

Deb Ivey, President



Upcoming Dates for Iowa County HCE

March 4: HCE Share Night at Culver's, 5-8pm, Dodgeville

March 10: Project Lesson - CBD from Plant to Product and Uses, 1:30pm at HHS Building

April 1: HCE Scholarship applications due

April 10: Southwest District Meeting and Iowa County Spring Council at Hollandale Village Hall



UPCOMING PROGRAMS

MARCH PROJECT LESSON-- *CBD Pain Relief* will be held on Monday, March 10th at 1:30pm in the HHS Building. Have you heard that some people use CBD products to relieve pain? Jim Tibbets and Dori Zimmerman will conduct a presentation, "CBD from Plant to Product and Uses".

The Southwest District Meeting and Iowa County Cultural Arts Show will be held at the Hollandale Village Hall in Hollandale on Thursday, April 10th. Jeff Kersten, from the Department of Ag, Trade and Consumer Protection, will present a program on "Online Safety" in the morning, followed by the District Meeting and viewing of the Cultural Arts show. Following a delicious lunch served by Birch Lake HCE, folks will attend a session on Paper Card Making and view a Vintage Clothing Show.

2025 HCE SCHOLARSHIP APPLICATION



The Iowa County HCE will award two \$300 scholarships to students planning to enroll or presently enrolled full-time in two or more years of post-secondary education in a program that benefits families or communities. Current post-secondary students are eligible to apply!

Programs or related fields may include, but are not limited to education, health care, childcare, food service, communications, agriculture, etc. Scholarships will be awarded upon the recipients' successful completion of the Fall 2025 semester (GPA of 2.5 or higher) and proof of full-time registration for the Spring 2026 semester.

Applicants must be:

- a resident of Iowa County, WI or attend an Iowa County, WI school
- a child or grandchild of an Iowa County HCE member OR a current Iowa County 4-H member or an Iowa County 4-H graduate

The application is due no later than **April 1st**.

This application is available electronically by email from tom.harman@iowacounty.org and requesting it as a Word attachment. It is also available at <https://iowa.extension.wisc.edu/scholarships/>.

CLUB DUES

2025 HCE dues are \$10.00 and will need to be paid by March 15, 2025. The dues include \$5.00 for the WAHCE State and \$5.00 for Iowa County. IACHE dues are used for postage and operation costs. Dues, Member Lists, and Pennies for Friendship may be mailed by the club contact to Jeanne Lisser at 300 5th Ave., Hollandale, WI 53544; please include your name, address, and club name.

HCE AND INTERNATIONAL EFFORTS - WE MAKE A DIFFERENCE!

Does your club collect Pennies for Friendship at meetings? Do you wonder where those donations go? These funds are sent to Wisconsin HCE and are used to support three of the international efforts of HCE:

****Nicaragua Support** and promote W/NP and honey production, Learning Centers and/or shipping

****Ventures in People Scholarship** Project

****ACWW** agricultural and learning projects for food production, safe water and women's health.

This website has more information about International HCE efforts: [WAHCE International Info – Wisconsin Association for Home and Community Education, Inc.](#)

2025 WAHCE ANNUAL BUSINESS MEETING AND CONFERENCE INFORMATION

Let's get **"Going Wild with HCE!!"** at the 2025 Wisconsin Association for Home and Community Education Annual Business Meeting and Conference in Green Bay, Wisconsin.

Hotel Specifics: The Tundra Lodge Resort – Waterpark and Conference Center is located at 865 Lombardi Avenue, Green Bay, WI 54304. Guests can start making their reservations now by calling the hotel directly at 1-877-886-3725 and mentioning the WAHCE Conference. All rooms are suites and are at the rate of \$99.95 per night. In addition, each room will receive 4 waterpark passes!



Any questions, please contact us by phone or email:

Terra Malama, Conference Chair mtbo1214918@yahoo.com 920-255-0308 or

Louise Dahlke Conference Co-Chair lddahlke50@gmail.com 920-362-4756.

Cultural Arts

The cultural arts show will be held on Thursday, April 10th at our Spring District meeting. The category page, guidelines, and entry forms are included in this newsletter. Please read through it carefully, as some changes have been made from last year. All categories with an * have instructions on the explanation page.

Guidelines:

1. All work must be done by entrant and completed after last year's county show.
2. Kits and patterns may be used as long as the entrant does all the work.
3. All items must be clean or will be disqualified by the judge.
4. A photo of the quilts is not required at our county show.
5. The size limit under crafts is for the diamond dot pictures, due to limited display space. You may enter larger pictures at our county show; however, they cannot go on to the state show.
6. You may enter as many items as you wish, however, only 1 item per lettered category can be chosen to be entered in the state cultural arts show. Use 1 entry form for each entry. More forms are available at the UW-Extension office.
7. ICAHCE is not responsible for any loss or damage of items on display. Each county may enter a total of 12 items in the state cultural arts show.
8. Entries may be brought to the HHS Building from Monday, March 31-Friday, April 4. They may be dropped off at the new Information Center located in the building lobby.

*Please note other guidelines printed on the explanation page.



1. **Painting/Drawing:**

Artwork Must be framed or canvas wrapped.
Please spray charcoal or pencil drawings with fixative to avoid rubbing off onto another artwork.

2. **Photography:**

Size Requirement: Must be an 8" x 10" print. (Unmatted and Unframed and placed in an 8 ½" x 11" sheet protector.)

3. **Craft: Cards:** Up to 6 cards without envelopes must be mounted as a group on a flat, sturdy display board.

*Size Requirement: (Diamond Art) No larger than 24" x 24".

5. **Poem:**

The writer must have Two Copies typed (12 pt font) which must accompany the registration form.

Entries must NOT be framed or in book form.

Staple a cover sheet with the category/title which is to be centered on the page.

The name and county should appear on the back side of the entry.

6. **Prose:**

(6A Non-Fiction): This Must be an original **Non-Fiction** piece of writing written or published in the current year. (Apr. 2024 to Aug. 2025)

Written piece must be 3000 words or less.

The writer must have Two Copies typed (12-point font) which must accompany the registration form.

Entries must NOT be framed or in book form.

Staple a cover sheet with the category/title which is to be centered on the page.

The name and county should appear on the back side of the entry.

(6B Fiction): This must be an original **Fiction** Short Story which has a beginning, middle, and end.

Piece will need to be written or published in the current year. (Aug 2023 to Aug 2024)

Written piece must be 3000 words or less.

The writer must have two copies typed (12-point font) which must accompany the registration form.

Entries must NOT be framed or in book form.

Staple a cover sheet with the category/title which is to be centered on the page.

The name and county should appear on the back side of the entry.

(6C Other): This must be original piece of writing written and/or published in the current year (Apr. 2024 to Aug. 2025)

Written piece must be 3000 words or less.

The writer must have two copies typed (12 pt font) which must accompany the registration form.

Entries must NOT be framed or in book form.

Staple a cover sheet with the category/title which is to be centered on the page. The name and county should appear on the back side of the entry.

7. **Original Published Book:**

Copy of Book must Accompany the Entry

Book must have been published in the current year. (Apr. 2024 to Aug. 2025)

15. **Bed Quilt:**

Size Requirement: Must be Larger than 60" x 80" (4800 Square Inches) Measurement must be written on entry form and be confirmed by County Cultural Arts Chair.

A 4x6 picture is required for this category. (The picture must be placed inside of a plastic bag along with the entry form and then attached to the right, bottom corner of quilt with a safety pin)

16. **Small Quilt:**

Size Requirement: Smaller than 60" x 80" (4800 Square Inches) Measurement must be written on entry form and be confirmed by County Cultural Arts Chair.

A 4x6 Picture is required for this category. (The picture must be placed inside of a plastic bag along with the entry form and then attached to the right, bottom corner of the quilt with a safety pin)

17. **Quilted Wall Hanging:**

Size Requirement: No larger than 50" square. One Item only allowed. Must be submitted WITHOUT frames

Wisconsin Association for Home & Community Education, Inc. Cultural Arts and Textiles Contest & Show – 2025 Categories				State Registration Deadline: August 1, 2025	
1* - PAINTING/DRAWING		8 – HERITAGE SKILL		14 - SEWING	
1A*	Oil	8A	Hardanger	14A	Children's Wear
1B*	Acrylic	8B	Tatting	14B	Adult Wear
1C*	Watercolor	8C	Woodworking	14C	Useful Item
1D*	Alcohol Ink	8D	Basketry	14D	Purse or Tote
1E*	Pencil	8E	Spinning/Weaving/Dreideling	14E	Pillow
1F*	Charcoal	8F	Felting	14F	Item made from Recycled Matls
1G*	Other	8G	Wood Applique	14G	Wearable Access (apron, hat, etc)
2* - PHOTOGRAPHY		8H	Rug Making	14H	Other
2A*	Color – Landscape	8I	Rug Hooking	15* - BED QUILT	
2B*	Color – Waterscapes	8J	Quilling	15A*	Tied Quilt
2C*	Color – Plants	8K	Other	15B*	Hand Quilted
2D*	Color – Animals/Creatures	9 – CONSTRUCTED ORIGINAL ITEM		15C*	Pieced-Machine/Computer Patter Design
2E*	Color – People	9A	Clay/Pottery	15D*	Other-Machine/Computer Pattern Design
2F*	Color – Skyscapes	9B	Wood	15E*	Pieced-Machine/Freehand Design
2G*	Other	9C	Textiles	15F*	Other-Machine/Freehand Design
3* - CRAFT		9D	Other	16* - SMALL QUILT	
3A	Cards – Paper Only – 6	10 – PAINTED OBJECT		16A*	Tied Quilt
3B	Cards – Mixed Media – 6	10A	China	16B*	Hand Quilted
3C	Scrapbooking	10B	Glass	16C*	Pieced-Machine/Computer Patter Design
3D	Craft Made from Recycled Matl	10C	Fabric	16D*	Other-Machine/Computer Pattern Design
3E	Handcrafted Doll/Toy	10D	Wood	16E*	Pieced-Machine/Freehand Design
3F	Glass Craft	10E	Ceramic/Kiln Fired	16F*	Other-Machine/Freehand Design
3G*	Diamond Art (Full)	10F	Other	16G*	Not Quilted
3H*	Diamond Art (Part)	11 - KNITTING		17* - QUILTED WALL HANGING	
3I	Other	11A	Wearable Item	17A*	Hand Quilted Fabric
4 - JEWELRY		11B	Wearable Access (hat,scarf, etc.)	17B*	Machine Quilted Fabric
4A	Bracelet	11C	Afghan	17C*	Other (ie. Embellishments)
4B	Necklace	11D	Other	18 – QUILTED TABLE TOPPER/RUNNER	
4C	Set	12 - CROCHETING		18A	Hand Quilted
4D	Earrings	12A	Wearable Item	18B	Machine Quilted
4E	Other	12B	Wearable Access (hat,scarf, etc.)	18C	Not Quilted
5* - POEM		12C	Doily/Dresser Scarf	Please see Entry Requirement Criteria Sheet (next page) for any category marked with an (*). All entries that do not meet the entry requirement criteria will be disqualified!	
6* - PROSE		12D	Afghan		
6A*	Non-Fiction	12E	Other		
6B*	Fiction (Short Story)	13 - HAND STITCHING			
6C*	Other	13A	Needle Point		
7* - ORIGINAL PUBLISHED BOOK		13B	Embroidery		
		13C	Cross Stitch		
		13d	Other		

NEIGHBORS SUPPORTING NEIGHBORS

March 4th 2025, 5:00-8:00pm

Join us in supporting Iowa County HCE (Association for Home and Community Education), as a percentage of sales will be donated from 5-8pm!

We are committed to supporting local causes and helping to keep our communities strong.

THANK YOU FOR YOUR SUPPORT!



Valid only at:

Culver's of Dodgeville
1122 N John's Street, Dodgeville, WI 53533
608-935-9094

CULVERS.COM

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Liquor sold only at participating Culver's restaurants. 2/25

CULVER'S SHARE DAY INFORMATION

The HCE fundraiser at Culver's to support college scholarships and the Bookworms project is set for Tuesday, March 4th, 2025, from 5pm to 8pm. Culver's will donate a percentage of sales to help support Iowa County HCE, but the percentage they donate depends on the sales during that time. It is important that we tell EVERYONE to eat at Culver's that day between 5pm and 8pm!

Watch for more information. Elaine McCann will be coordinating this event. Give her a call if you can help. And be sure to plan to eat at Culver's on Tuesday, March 4th!



Homemaker Reflections

Iowa County Association for Home & Community Education

EXECUTIVE BOARD

Debra Ivey, President
Elaine McCann, Vice President
Jean Slapak, Secretary
Jeanne Lisser, Treasurer

Center Chairs and Education Programs

Nancy Carden, Eastern Center Chair
Lynn Halverson, Western Center Chair
Lois Jean Clifton, Programs Vice President
Lynette Miess, Cultural/Textile Arts Chair
Wilma Dolan, Wisconsin Bookworms Chair
Vacant, Membership/Public Relations/
Marketing Chair

EXTENSION IOWA COUNTY

303 W Chapel St, Ste 1200
Dodgeville, WI 53533
Phone (608) 930-9850 Fax (608) 471-1074

Lynn Perkins, Area Extension Director
Dan Brandt, 4-H Coordinator
Maggie Milcarek, FoodWise Nutrition Coordinator
Julia Harman, FoodWise Nutrition Educator
Barry Hottmann, Community Resource Educator
Jackie McCarville, Kim Kester, and Jordyn Sattler,
Multi-county Agricultural Educators
Tom Harman, Department Assistant

Office Hours: Monday through Friday
8:00am to 4:30pm
(walk-in hours are 1:00pm to 4:30pm daily)
<https://iowa.extension.wisc.edu/>



**Wisconsin Association for Home
and Community Education, Inc.**

2025 Southwest District Spring Meeting

Wisconsin Association for Home and Community Education (WAHCE)

Hosted by: Iowa County Association for Home and Community Education (ICAHCE)

Date: Thursday, April 10, 2025
Location: Hollandale Village Hall, 200 5th Ave, Hollandale, WI
Cost: \$15 per person (registration deadline is March 24, 2025)

Agenda

9:00 Arrival and Morning refreshments; view Iowa County Cultural Arts Show
9:30 – 9:40 Welcome, Pledge, County Roll Call, HCE Creed, Announcements
9:40 – 10:50 Jeff Kirsten, Department of Ag, Trade and Consumer Protection (DATCP), Safe Online Shopping
10:50 – 11:00 Break
11:00 – 12:00 Southwest District business meeting
12:00-1:00 Lunch and County Connection Time
1:00 – 2:15 ROTATIONS: Card Making with Joni Martin, Iowa County Cultural Arts Show viewing, Vintage Clothing Display with Jeanne Massey
2:15-2:30 Closing: Door Prizes, Invitation to Fall meeting, Prayer, Creed, and depart for home

Reservations are due **March 24** and are non-refundable – only transferable. For questions about registration, contact Jeanne Lisser, ICAHCE Treasurer at 608-228-1098

Southwest HCE Spring District Meeting, April 10, 2025

Name(s) _____

Total number attending _____ x \$15 = \$_____ Check payable to ICAHCE

Mail registration form and check to: Jeanne Lisser
Iowa County HCE Treasurer
300 5th Avenue, Hollandale WI 53544

Registration Form
Iowa County HCE
2025 Cultural Arts Show

Category/Class (Example 1C) _____

Category Name (Example: Painting)

Name _____

Address _____

City/Zip _____

Phone # _____

Title _____

Quilt Measurements _____

Registration Form
Iowa County HCE
2025 Cultural Arts Show

Category/Class (Example 1C) _____

Category Name (Example: Painting)

Name _____

Address _____

City/Zip _____

Phone # _____

Title _____

Quilt Measurements _____

Registration Form
Iowa County HCE
2025 Cultural Arts Show

Category/Class (Example 1C) _____

Category Name (Example: Painting)

Name _____

Address _____

City/Zip _____

Phone # _____

Title _____

Quilt Measurements _____

Registration Form
Iowa County HCE
2025 Cultural Arts Show

Category/Class (Example 1C) _____

Category Name (Example: Painting)

Name _____

Address _____

City/Zip _____

Phone # _____

Title _____

Quilt Measurements _____