



# Horizon

September, October, November 2025

[www.wahceinc.org](http://www.wahceinc.org)



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**Cheryl Gabrielson —  
 Editor/Publisher**

**Rita Meyers—  
 Proof reader**

## Message from your President

By Cheryl Gabrielson

**Fall, Fall, Fall my favorite time of year. I love the colors of the trees and the cooler weather. Fall starts the beginning of school and Fall meetings for JCHCE members.**

**The 90th Anniversary Cookbook committee has sent all the required cookbook information to the Morris Press Cookbooks company. They are awaiting the proof to approve before the cookbooks will be printed. 500 cookbooks were ordered, so we have our work cut out for us to sell. The goal is to have the cookbook in your hands at the unveiling on December 6th. Just in time for Christmas.**

**The United Methodist Church and JCHCE have completed 50 hygiene kits for the Toallas Amigas Project. They will be delivered by Marcia Hagen to the Ceiba Vida school in Guatemala in October. This group has also been making Pillow Case dresses. They will be meeting once per month throughout the Fall. The first meeting in September 11 from 10-3 at the United Methodist Church.**

**The Wisconsin Bookworm Committee is reading and giving books seven times this year. We have had a profound effect on 238 children. Another goal, is to create a banner that will represent all the West District Bookworm Counties. Each county will be responsible for creating their own square to be added to the banner.**

**Busy times in JCHCE!**

## September

- 5th. Nominations for Fall Awards and Educational Scholarship Applications due
- 6th Farmers Market 10-12
- 8th. **Pre-ordered Cookbooks Money is due**
- 8th. Executive Board Meeting  
1 PM at Extension Office
- 11th. Sewing Day 10-3 BRF  
Methodist Church
- 15th-17th. WAHCE State  
Convention-Green Bay



- 6th. West District Fall Meeting-  
Warrens Community Building
- 11th. Jackson County HCE Fall  
Business Meeting  
Alma Center
- 13th. Executive Board Meeting  
1 PM at Executive Office
- 23rd. Sewing Day 10-3 BRF  
Methodist Church



- 2nd.-8th. HCE Week
- 10th Club list of Officers and  
count due to County Treasurer
- 10th. Executive Board Meeting  
1 PM at Extension Office
- 10th. Horizon Articles for  
Dec/Jan/Feb due.  
Cranberry and North Branch
- 18th Sewing Day 10-3 BRF  
Methodist Church

## Save-the-date

**Saturday, December 6th.**  
**10:00 AM at**  
**Evangelical Lutheran Church**

Unveiling of the 90th Anniversary Cookbook  
Pick-up Pre-ordered cookbooks  
JCHCE White Elephant Auction  
Pat Carlson will be leading us in a festive sing-a-long  
Finger foods and beverage

**Lets Kick off our 90th Anniversary off with a Bang.**

# Jackson Country Clubs Corner

## Good Time HCE Club

“Good Time Keeps Rollin” that’s our motto and we certainly do! We are fortunate to have eleven members, three of whom are on the Executive Board. But Thank Heavens for all our wonderful members, each one is talented in so many ways! My heart fill with pride to be associated with these marvelous ladies!

During 2025, Good Time has done wooden snowmen for our January craft. Valentines in February for the Pine View and Meadowbrook Homes and the Tomah Veteran’s Hospital. February was also the month that we each brought 2 or more jars of peanut butter to donate to the Food Shelf. March found us planning things to bring for the Toallas Amigas Project and the Farmer’s Market Supplies. We also had a program on Irish History and St. Patrick then completed a trivia on all things Irish, games, and songs. We donated 17 pillows to the Sleep in Heavenly Peace Project. April time for fun! An un-birthday Party based on the Mad Hatter’s Tea Party from Alice in Wonderland where we all dressed in appropriate costumes and brought wrapped gifts to share with each other. We had also collected a box full of all the necessities for the farmer’s Market project and planned to take boxes of sewing materials again for the international project. The West District Meeting, the end of April in West Salem gave us an inside look at mussels from the Mississippi and their connection to the pearl button fashion in the late 1890s and early 1900s. May was JCHCE Spring meeting at Interfaith Caregivers. Donations of panties and much enjoyment at the “Bees and their Habitat” meeting. Especially enjoyable was the food! New recipes made with honey - How Appropriate! It seems at every meeting there was a mention of the new “90th Anniversary cookbook and the recipes.

In between meetings, our members have helped with sewing pillowcase dressed for Cieba Vieda. One member is a volunteer at the Food Pantry, two volunteer at Interfaith, and several help bake for the Magic Table. In May we delivered our box of supplies to the Farmer’s Market. In June while one member helped at the Farmer’s Market, others were building beds for Sleep in Heavenly Peace at the Fire Station. Our Christmas in July meeting brought in many gifts for Footprints in Time.

Our annual picnic in August will be at Rustic Mill Park. We have two members going to the State Conference in Green Bay in September. September is also out International Project where we all make food from another country. Then we learn a little about that country and its culture. All these events and other events for the county are announced on WWIS Radio once per month. In October, we’ll have the West District Fall Meeting in Warrens and our JC Fall Round-Up Meeting. November has HCE Week and Thanksgiving. December is our 90th Anniversary Cookbook unveiling. There is always so much to do in HCE!

Submitted by Rita Meyers, Secretary

## Fairview HCE Club

We usually meet the 3rd Wednesday of each month at each other's homes. We attend the Spring and Fall Business meetings as our monthly meeting. In June we had an outing to the Cranberry Museum in Warrens. We found it very interesting and learned a lot about cranberry growing and harvesting. We also had lunch at the café there. It was very good. On our way home we stopped at the library and checked out the JCHCE Cultural Arts display. We encourage our members to participate in Cultural Arts.

We had one member Betty Stasny help with fundraiser held at the Brat Barn. Our member Debbie Sutton has been very busy in the planning for the 90 Anniversary and the JCHCE cookbook. Debbie also attended the West District Spring meeting at West Salem.

We are a very small club of only 7 members but we enjoy our time together and being involved in HCE.

Submitted by: Judy Staves-Hanson

## International Committee Report

We were able to wrap up the Toallas Amigas project in June by assembling all the kits and packing them into travel bags for shipment to Guatemala in October. I hope you had an opportunity to see the photo and news article that was in the Banner Journal. The plan is to wait and see what the response to the kits is before we decide to move forward and make more or revise them.

A sewing day has been scheduled for September 11 at 10:00 at the United Methodist Church to sew pillow case dresses again. I now have a couple more extra machines, so if it is troublesome for you to bring your own, know that you can borrow one of mine. The plan is to once again sew until about 3 PM. Come for all or part of the day. Bring your own lunch if you plan to stay all day. Please contact me if you have questions or need more information. **Other sewing dates are; October 23 from 10-3 and November 18 10-3 all at the United Methodist Church**

As a committee of one, it becomes a challenge sometimes to share information or a project with you that has an international focus. Please let me know if you have ideas or connections for a speaker that would be appropriate.

Charlene Galston  
International Committee Chair  
715-896-9055

## International News

As JCHCE prepares to launch a new cookbook in celebration of our anniversary, I thought it would be nice to know a little about the history of cookbooks. Did you know that cookbooks have a rich and flavorful history dating back thousands of years. The earliest known cookbook, Apicius, was compiled in ancient Rome around the 4th or 5th century CE, featuring lavish recipes for the elite. In medieval Europe, cookbooks were handwritten manuscripts, often used by aristocratic households to preserve culinary traditions. The invention of the printing press in the 15th century revolutionized cookbook production, making them more accessible.

By the 18th and 19th centuries, cookbooks began catering to middle-class families, emphasizing practicality and domestic management. Authors like Eliza Acton and Isabella Beeton shaped modern recipe formats with clear instructions and measurements. In the 20th century, cookbooks diversified, reflecting global cuisines, dietary trends, and celebrity chefs.

Today, cookbooks are both functional guides and cultural artifacts, blending storytelling, photography, and personal narrative to celebrate food as an art form and a shared human experience.

I love cookbooks and have collected many over the years, some very old and others new. It will be nice to add this one to my collection.

Charlene Galston  
International Committee Chair

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Banner Journal

## JCHCE and BRFUMC work together send hygiene kits

June 12, members of the Jackson County Home and Community Education (JCHCE) and the Black River Falls United Methodist Church (BRFUMC) met to assemble hygiene kits to send to the Ceiba Vida school in Pamoca Guatemala.

Beginning in January of this year, JCHCE and BRFUMC members gathered twice monthly to sew reusable sanitary pads and totes in which to carry them in. We named our project Toallas Amigas (Pad Pals). We had committed to make 300 pads and 50 totes. Ultimately, we created hygiene kits patterned after those developed by the Days for Girls program and Methodist Midwest mission. The hygiene kits consisted of the tote bag which held six reusable sanitary pads, three pairs of panties, a bar of soap, hand towel and washcloth, plastic zip bag for soiled items and a small cosmetic bag to hold extra clean pads.

This collaborative project began in November of last year when Charlene Galston, chair of the international committee of JCHCE and member of the BRFUMC approached the board about a sewing project that would have an international application. For some time, her church did sewing for the Patricia Project that makes cloth, reusable maxi pads and



Contributed photo

The photo shows the assembled kits placed in large vacuum sealed travel bags ready for transport to Guatemala. People in the picture (r-l): Charlene Galston (JCHCE International Chair), Cheri Zahasky, Esther Shon, Cheryl Gabrielson (JCHCE president), Susan Grotjahn, and Linda Nandory.

sends them with Missionaries to be distributed to women and girls of menstruating age in third world countries.

In some countries or regions young girls do not attend school when they have their period as they have no feminine hygiene supplies available to them. As Ms. Galston's local contacts were

no longer available to her, she reached out to the JCHCE board to assess their interest in this program. They were in agreement and excited about this project.

With the help of Marcia Hagen these hygiene kits will be distributed at the Ceiba Vida school in October. The women and girls will be

instructed on how to use the kit. Marcia had developed contacts at this school through her medical mission work with Refuge International and Lions International.

The photo shows the assembled kits placed in large vacuum sealed travel bags ready for transport to Guatemala.

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## Little Britches contest moving to

## Jackson County HCE Fall Business Meeting/Round-Up

### “Project Christmas”

When: Saturday, October 11, 2025

Where: Grace Lutheran Church in Alma Center



8:30 AM. Registration

View Silent Auction Items and Bid

9:00 Welcome with Homemaker’s Creed, Prayer and Serve Breakfast

9:30 Speaker: Deb Horan-President of Project Christmas in Jackson County

10:15 Short Break

10:30 Fall Business Meeting:

Minutes from Spring Business Meeting and Treasurers Report

Committee Reports are printed for your convenience

Award and Scholarship Recipients

Election of President and Treasurer

Announce Silent Auction Winners

Adjourn with Homemaker’s Prayer

Meal will be Breakfast Bake, Fruit, Muffins & Drink

Name \_\_\_\_\_

Phone # \_\_\_\_\_

Number Attending \_\_\_\_\_ X \$15.00 = \_\_\_\_\_ Enclosed

Make Checks payable to: Jackson County HCE

Mail payment to: Linda Nandory, 615 N. 10<sup>th</sup> Place, Black River Falls, WI 54615 linda.nandory@gmail.com

Registration transferable but not refundable.

**Registration deadline: October 3, 2025**

West District HCE Fall Meeting  
*"Back to Nature"*

**Monday, October 6, 2025**  
**Village of Warrens Community Building**  
**720 Pine St., Warrens, Wisconsin**

9:00 am Registration & Refreshments

9:30 am Welcome & Introductions

9:45 am Business Meeting & Committee Reports

10:15 am Short Break

10:30 am Speaker: Larry Scheckel on the "Amish in Wisconsin"

Larry, and his wife, Ann, have traveled extensively. He has written many books and does speaking engagements throughout the state.

11:45 am Lunch

(chicken stuffing casserole, broccoli salad, fresh fruit, pumpkin bars and apple pie bars)

12:30 pm Speaker: Jim Suchanek on "Growing Large Pumpkins"

Jim hails from Black River Falls. He will take us into the underground world of growing the pumpkins, the various contests around and the secrets of this fun endeavor.

1:30 pm Invitation to the 2026 Spring West District Meeting & Door Prizes

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**Name** \_\_\_\_\_

**Phone #** \_\_\_\_\_

**Number Attending** \_\_\_\_\_ **x \$16=** \_\_\_\_\_ (enclosed)

Registration deadline is September 25, 2025.

Make checks payable to Monroe County HCE.

Mail to: Bernie Arena, 4261 Basswood Road, Sparta, WI 54656.

Email: bernadine.arena@gmail.com Phone: 608-272-3371

## ***Can't wait to see if JCHCE wins a Community Outreach Award at State Conference***

For the first time, Jackson County HCE entered the Stitches of Love Community Outreach Award to compete at the State level with our hygiene kits. This award's purpose is to encourage counties and clubs to partner with other organizations by providing items made by machine. The project should benefit or involve local, state, or international communities. The 10 page report included a short paragraph summarizing our project and answering the 10 questions. Including supporting materials which illustrate and enhance the report. The report was due August 1st and the award will be presented at the WAHCE State Conference. The award is \$100.00 to each of the three top reports.

The project Toallas Amigas (pad friends) started in January with a goal of completing 50 hygiene kits. JCHCE and the Black River Falls United Methodist Church (BRFUMC) worked collaboratively on the project. The hygiene kits will be delivered to the Ceiba Vida school in Pamoca, Guatemala in October.

Thanks to Charlene Galston for writing the report, Cheri Zahasky for the computer technical assistance, and Cheryl Gabrielson for putting the entire report together.

I'm so proud of what Jackson County is doing and State recognition would be nice.

Written by: Cheryl Gabrielson JCHCE President

***“JCHCE is proud to say that this truly  
was a Stitches of Love project that was done  
with love.”     Charlene Galston***



## ***Jackson County Home and Community Education Memorials:***

Rita (Nelson) Schnick- (1949-2025)

She was a 1968 JCHCE Scholarship Recipient. Rita attended Stout State College and lived in the Northfield area all her life. She was a member of North Branch club. In between working on the farm and raising her son Rita ran a bakery out of her home. She made many wedding, birthday, and confirmation cakes over the years. She also cooked for many of the area schools.

Lillian (Bahhub) Hart-  
(1927-2025)

Lillian is the current longest serving JCHCE member with 75 years of continuous membership member of JCHCE. Over the years she was a Club member of Trout Run, Irving-In-Betweens, Country Girls and Currently Town and Country. : served in all of-ficer positions; attended Leader Training sessions and taught programs; gave time and talent to club projects/activities (helped club prepare meeting room for 2024 West District HCE meeting); hosted many meetings in her home; during COVID provided timely/educational information for a monthly club newsletter; helped make cards for Community Friends; participates in the club "Bake a Check for Charity" and the "Red Elephant Fund-raiser" to support club programs and donations. 'Lil' had an active part in the clubs Countywide program ("Growing Up Amish"-500 attended-"A



Place at the Table"-50 attended-"A Stone Soup Day", with educational programming, and with organization contributions, (the two major club fundraiser gifts were to the Black River Memorial Hospital Capitol Campaign, and to the Jackson County Arena). At the club level 'Lil' is remembered for her pickles, black olives, and chocolate chip cookies, along with a cup of coffee!

Jackson County HCE  
c/o Cheryl Gabrielson, President  
200 Lower Falls Drive  
Black River Falls, WI 54615

Return Requested

## Jackson County HCE Horizon

Issue: September, October, November 2025



**Mission Statement: HCE offers opportunities for:**  
**Learning in a social setting.**  
**Sharing what we learn.**  
**Caring to make a difference in our homes,**  
**communities and world.**